

Texas Health Steps



Texas Health Steps

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Overview

- Early Periodic Screening, Diagnosis, and Treatment (EPSDT) is a federal program
- EPSDT is Medicaid's comprehensive preventive child health service for children under the age of 21 yrs



Overview

Texas' EPSDT program is called Texas Health Steps:

- providers must be enrolled in the Texas Health Steps program
- follows American Academy of Pediatrics (AAP) periodicity (see Volume 2 Section 5 of Texas Medicaid Provider Procedures Manual 2011)
- different timeliness expectations for NEW members to STAR, STAR+PLUS and STAR Health

Timely Exam

- Timely exams are based on whether a Texas Health Steps for Medicaid client is a New or Existing member.
- If the Medicaid member is newly enrolled with Superior, use New expectations
- Previously enrolled members follow Existing expectations



Timely Exam – New to Superior

Medicaid members that are new to Superior must receive Texas Health Steps exams at enrollment *unless documentation of a previous Texas Health Steps exam is provided:*

- STAR and STAR+PLUS members must receive the exam **within the first 90 days**
- STAR Health (foster care) members must receive the exam **within the first 30 days.**

**does not apply to moving from one placement to another*



Timely Exam – Existing Member

Existing Members with Superior follow the periodicity schedule (see 5.3.1.9 of Texas Medicaid Provider Procedures Manual 2011)

- Members under 3 yrs have multiple exams within each year; **6 outpatient exams in the 1st year**
- Members over 3 yrs have an annual exam; exam must occur within 364 days following their birth date



Timely Exam – Existing Member

Existing Member 364-day period allows for:

- Flexibility in scheduling annual Texas Health Steps exams
- Families with more than 1 child can schedule at the same time (always set according to latest birth date of the year)
- Avoid scheduling exams during busy flu season



Timely Exam – Exceptions to Periodicity

Exams completed outside of periodicity due to extenuating circumstances:

- Medically necessary- developmental delays, medical concerns, suspected abuse, **modifier code SC**
- Mandated services – state or federal requirements, **modifier code 32**
- Unusual anesthesia – procedures which usually require no anesthesia or local anesthesia, **modifier code 23**



Complete Exam

Texas Health Steps Exam includes:

- Comprehensive health and development history (mental and physical)
- Comprehensive unclothed physical exam
- Appropriate immunizations
- Laboratory tests with documentation
- Health Education



Complete Exam

Age-appropriate screenings may include:

- Nutrition
- Developmental
- Autism
- Mental Health
- Vision
- Hearing
- Tuberculosis
- Lead
- Sexually Transmitted Diseases



Complete Exam

Additional Requirements may include:

- Early Childhood Intervention (ECI)
- Teen Confidentiality Issues
- Texas Vaccines for Children (TVFC)
- Appropriate referrals for covered services: Case Management for Children and Pregnant Women (CPW); Hearing; Dental; Family Planning; ECI; Women, Infants, and Children (WIC)



Complete Exam

Sports Physicals:

- Not the same as a Texas Health Steps exam
- If child is due for a Texas Health Steps exam a provider may complete a Texas Health Steps exam and complete the documentation for a sports physical



How to Bill

- New client codes: 99381, 99382, 99383, 99384 & 99385
- Established client codes: 99391, 99392, 99393, 99394, & 99395
- Must include diagnosis code V202, V2031, or V2032
- Must include benefit code EP1
- Must include 2-digit modifier to indicate practitioner (AM, SA, TD, or U7)



How to Bill

Texas Health Steps in Federally Qualified Health Center (FQHC) and Rural Health Center (RHC) settings require additional codes:

- RHC providers must use national [place of service code, 72](#)
- FQHC providers must use [additional 2-digit modifier, EP](#)



Additional Instructions & Billing Notes

- Laboratory procedures
- Vaccines/toxids
- Developmental and Autism Screenings
- Oral Screenings
- Documentation



Additional Instructions & Billing Notes

Complete checkup includes mandatory laboratory procedures:

- Follow periodicity schedule, including footnotes
- Department of State Health Services (DSHS) laboratory services are free for Texas Health Steps exam requirements to all Texas Health Steps-enrolled providers
- DSHS service includes supplies, mailing, shipping and test results:
<http://www.dshs.state.tx.us/lab/default.shtm>



Additional Instructions & Billing Notes

Immunization requirements:

- Follow Advisory Committee on Immunization Practices (ACIP) Schedule
- Screen for immunization status at each checkup
- Must not refer to local health department for immunizations
- Texas Health Steps Quick Reference Guide (see F.1 in Texas Medicaid Provider Procedures Manual) is a useful tool for the appropriate administration code for billing
- Obtain vaccines/toxoids through Texas Vaccines For Children (TVFC):
www.dshs.state.tx.us/immunize/tvfc/default.shtm
- Report all vaccines to Texas Immunization Registry (IMMTrac):
www.dshs.state.tx.us/immunize/docs/immtrac_reg.pdf



Additional Instructions & Billing Notes

Developmental Screenings:

- Required screening tools AND tools become mandatory September 1, 2011.
- Developmental Screening needs to be completed with either the Ages and Stages Questionnaire (ASQ) or the Parents Evaluation Developmental Status (PEDS).
- ASQ is available at <http://agesandstages.com/order/index.html>
- PEDS is available at www.pedstest.com/Ordering.aspx. The developmental screening uses procedure code 96110 without a modifier.
- Be thoughtful of Early Child Intervention (ECI) for children:
www.dars.state.tx.us/ecis/index.shtml

**referral is mandatory within 2 business days for STAR Health under the age of 3 yrs*



Additional Instructions & Billing Notes

Autism Screenings:

- Required screening tools AND tools become mandatory September 1, 2011.
- Autism Screening needs to be completed with the Modified Checklist for Autism for Toddlers (MCHAT). The MCHAT is available at [www2.gsu.edu/~psydlr/Diana L. Robins, Ph.D..html](http://www2.gsu.edu/~psydlr/Diana_L_Robins_Ph.D..html). The autism screening uses procedure code 96110 with modifier U6.
- Be thoughtful of Early Child Intervention (ECI) for children: www.dars.state.tx.us/ecis/index.shtml
**referral is mandatory within 2 business days for STAR Health under the age of 3 yrs*



Additional Instructions & Billing Notes

Oral Screening:

- To do oral screenings and fluoride varnishes, providers must be certified by the Department of State Health Services (DSHS)
- Training and registration information:
www.dshs.state.tx.us/dental/OEFV_Training.shtm
- In conjunction with Texas Health Steps, bill with **procedure code 99429**
- Include **modifier U5** and the **diagnosis code of V202**



Additional Instructions & Billing Notes

Documentation :

- All required components must be documented
- If unable to complete a component the provider must document the reason for incompleteness
- Follow-up visits must document reason(s) for visit and component(s) completed
- Screening tools should include results



Useful Health Record Forms

- Department of State Health Services (DSHS) developed a health record form for each exam age.
- These forms are not mandatory but can be a useful guide for each mandated component and provide space for important medical notations.
- The instructions and forms are available online:
<http://www.dshs.state.tx.us/thsteps/childhealthrecords.shtm>



Children of Migrant Farm Workers

- Migrant farm workers travel for seasonal agricultural work and must establish temporary homes
- Children whose parents do migrant farm work may have special needs due to this seasonal travel
- Applies to STAR and STAR+PLUS members under 21 yrs of age



Children of Migrant Farm Workers

- Superior will attempt to accelerate any services or benefits to children of migrant farm workers prior to travel season
- A travel packet with helpful information is given to any identified members
- If you identify a member that is a child of migrant farm workers, contact the Migrant Farm Worker Coordinator for assistance in acceleration of any services or benefits:
[1-866-807-9990](tel:1-866-807-9990) ext. 22363.



Texas Health Steps vs. Well Child

- Both programs use same billing codes
- The Well Child always follows a periodicity table
- Texas Health Steps applies to STAR, STAR+PLUS, and STAR Health; requires members receive an exam when newly enrolled with Superior, or any other MCO



SHP Outreach & Resources

- New members receive a member packet along with reminder outreach for an initial exam
- Existing members receive a reminder card and call for an annual exam prior to the member's birthdate
- Newborns receive a card with all periodic exams required in the first three years of life.



SHP Outreach & Resources

Medical Transportation Program (MTP)

- is designed to serve members that have no other means of transportation for medical, behavioral, dental or vision appointments:
- requires at least two work days advance notice for most requests
- may also reimburse mileage if the trip is scheduled in advance and follows MTP guidelines
- Superior can assist with coordination of MTP services or make arrangements for transportation: [1-877-633-8747](tel:1-877-633-8747)



State Outreach and Informing

The state's Texas Health Steps Outreach and Informing staff contacts newly enrolled Texas Health Steps recipients to inform them of the services to which they are entitled; to encourage them to use the Texas Health Steps preventive medical and dental checkup services; to provide them with a list of all Texas Health Steps providers in their area; and, to assist them in setting an appointment for a medical and/or dental checkup.

[1-877-THSTEPS \(1-877-847-8377\)](tel:1-877-THSTEPS)



Missed Texas Health Steps Appointments

Providers should complete a Missed Appointment Form and fax it to MAXIMUS who will then contact recipients to determine what prevented them from keeping the appointment (lack of transportation, child care, money for gasoline, etc.). This form is available on the Department of State Health Services website:

http://www.dshs.state.tx.us/thsteps/Missed%20appointment%20form%200209_secure.doc

More information is available through your local regional Texas Health Steps Provider Relations Representative:

<http://www.dshs.state.tx.us/Thsteps/pdfdocs/ProvReps.pdf>



Regional Incentive Pool

- Texas Health Steps providers with Superior contracts can add an addendum to participate in financial incentives pool for Texas Health Steps compliance
- Applicable period is September 1 through August 31 and performance is reflected in Superior's state report the following May in STAR, STAR+PLUS, and STAR Health
- Any reward dollars received by Superior for a Service Delivery Area are pooled among providers in that region



Always Update Contact Information

- Superior makes provider information available online and through quarterly printed directories
- Make sure members know about your changes
- Contact your PR rep to make any changes to your address, phone number, provider listing, or hours of operation.



Other Resources

- Medicaid Manual can be found online at www.tmhp.com/Manuals//TMPPM/output2010/frameset.html; Children Services Handbook, section 6 for Texas Health Steps
- Texas Health Steps training from the Department of Health and Human Services is mandatory for Texas Health Steps providers, and FREE continuing education hours are available on their site: www.txhealthsteps.com
- Texas Medicaid Program: http://www.hhsc.state.tx.us/medicaid/med_info.html



Questions / Comments

