

# Behavioral Health Outpatient Services



## *Prior Authorization Requirements Checklist*

Before submitting prior authorization requests for Behavioral Health Outpatient Services to Superior HealthPlan, please ensure all of the following items are included with the request:

- Identifying member information.
- Provider name and identifier.
- Current DSM diagnosis(es).
- Current psychotropic medications.
- Current symptoms requiring the service(s) requested.
- Treatment plan, including measurable short term goals, specific therapeutic interventions utilized and measurable expected outcomes of therapy.
- Number and type of services requested, and anticipated dates that the services will be provided.
- Documentation of court-ordered or Texas Department of Family and Protective Services (DFPS)-directed services.



For any questions, please contact **Provider Services at 1-877-391-5921**. To request a copy of the Medical Necessity Criteria for a covered behavioral health service, please call 1-844-477-9614. To check which services require prior authorization, you can access **[Superior's Pre-Auth Needed Tool](#)**.