

# Annual Antipsychotic Diabetes Screening for Adults



Superior HealthPlan strives to provide the resources providers need to reviews pharmacy data for members enrolled in Medicaid and follows the guidance from The National Committee for Quality Assurance (NCQA) and the guidance provided by clinical practice guidelines from the American Diabetes Association (ADA) and the American Psychological Association (APA). NCQA accredits health plans based on their structure and processes they have in place to maintain the highest level of clinical quality and patient satisfaction. Through the use of Healthcare Effectiveness Data and Information Set (HEDIS), NCQA is able to track and analyze how health plans are performing.

According to the NCQA, lack of appropriate care for diabetes and cardiovascular disease for people with schizophrenia or bipolar disorder who use antipsychotic medications can lead to worsening health and death<sup>1</sup>. Superior would like to remind providers to order recommended diabetes screening for any member prescribed an antipsychotic agent. This will help ensure members are staying healthy.

Providers are encouraged to help meet the standard of care for members by ordering one lab from the table below at baseline and at least every year thereafter while the member is prescribed an antipsychotic agent.

## Diabetes Screening Labs

- **Basic Metabolic Panel**
- **Comprehensive Metabolic Panel**
- **General Health Panel**
- **Hemoglobin A1c**
- **Glucose**
- **Metabolic Panel**
- **Renal Function Panel**

Superior will reach out to providers who have patients that have not received the appropriate diabetes screening via fax or phone call.

## Provider Tips for Adult Antipsychotic Diabetes Screenings

1. Order the lab on the same day of antipsychotic initiation, after 3 months, and then annually.
2. Discuss with members the importance of medication monitoring.
3. Consider and reduce barriers to blood draws:
  - Point of care monitoring in the office for glucose or hemoglobin A1c.
  - List of local in-network laboratories convenient to the member.

By assisting Superior members with the Annual Antipsychotic Diabetes Screening for adults, providers can help reduce increased health-care costs and complications.

For any questions, please contact the Superior Psychotropic Medication Utilization Review (PMUR) department at 1-800-218-7453, ext. 22080.

<sup>1</sup> Diabetes and Cardiovascular Disease Screening and Monitoring for People With Schizophrenia or Bipolar Disorder (SSD, SMD, SMC). NCQA. <https://www.ncqa.org/hedis/measures/diabetes-and-cardiovascular-disease-screening-and-monitoring-for-people-with-schizophrenia-or-bipolar-disorder/>. Accessed April 1, 2021.