

## **Adopted Clinical Practice Guidelines**

| Condition/ Disease                                     | Guideline Title   | Recognized Source   | URL  | Date Adopted | QIC Annual<br>Review/ Approval<br>Date |
|--|---|---|--|--------------|--|
| Behavioral Health Pract                                | tice Guidelines   |   |  |              |  |
| Attention-<br>deficit/hyperactivity<br>disorder (ADHD) | Clinical Practice Guideline for the Diagnosis, Evaluation, and Treatment of Attention- Deficit/Hyperactivity Disorder in children and Adolescents                       | American Academy of<br>Pediatrics, 2019.<br>Pediatrics 144(4),<br>e20192528 | https://publications.aap.org/pediatrics/article/144/4/e<br>20192528/81590/Clinical-Practice-Guideline-for-the-<br>Diagnosis?searchresult=1 | 12/2021      | 02/2024                                |
|  | Attention Deficit/Hyperactivity Disorder (ADHD) Treatment Recommendations   | Centers for Disease<br>Control and Prevention<br>(CDC)                      | https://www.cdc.gov/ncbddd/adhd/guidelines.html  | 12/2021      | 02/2024                                |
|  | Attention<br>Deficit/Hyperactivity<br>Disorder  | National Institute of<br>Mental Health (2022)                               | https://www.nimh.nih.gov/health/topics/attention-deficit-hyperactivity-disorder-adhd/index.shtml   | 12/2021      | 02/2024                                |
| Major Depressive<br>Disorder (MDD)                     | Nonpharmacologic Versus Pharmacologic Treatment of Adult Patients with Major Depressive Disorder: A Clinical Practice Guideline from the American College of Physicians | Annals of Internal<br>Medicine  | https://doi.org/10.7326/M15-2570   | 12/2021      | 02/2024                                |
|  | Management of Major<br>Depressive Disorder<br>(2022)  | United States<br>Department of Veteran<br>Affairs (VA)                      | https://www.healthquality.va.gov/guidelines/MH/mdd   | 12/2021      | 02/2024                                |
|  | Clinical Practice Guideline for the Treatment of Depression Across Three Age Cohorts  | American Psychological<br>Association (2019)                                | https://www.apa.org/depression-guideline   | 12/2021      | 02/2024                                |

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| Schizophrenia                                 | Practice Guideline for the Treatment of Patients with Schizophrenia. Third Edition   | American Psychiatric<br>Association   | https://doi.org/10.1176/appi.books.9780890424841   | 12/2022      | 02/2024                                |
|   | Autism Spectrum Disorder (ASD) Recommendations and Guidelines  | Center for Disease Control- American Academy of Pediatrics  | https://www.cdc.gov/ncbddd/autism/hcp-recommendations.html   | 12/2021      | 02/2024                                |
|   | Clinical Practice Guideline for the Diagnosis, Evaluation, and Treatment of Attention- Deficit/Hyperactivity Disorder in Children and Adolescents  | American Academy of<br>Pediatrics (2019)  | https://publications.aap.org/pediatrics/article/144/4/e<br>20192528/81590/Clinical-Practice-Guideline-for-the-<br>Diagnosis  | 02/2023      | 02/2024                                |
| Management of<br>Substance Abuse<br>Disorders | CDC Guideline for<br>Prescribing Opioids for<br>Chronic Pain   | US Department of<br>Health and Human<br>Services/Center for<br>Disease Control and<br>Prevention (2016) | https://www.cdc.gov/media/modules/dpk/2016/dpk-pod/rr6501e1er-ebook.pdf  | 12/2021      | 02/2024                                |
|   | Treating Substance Use<br>Disorders – A Quick<br>Reference Guide   | American Psychiatric<br>Association (2006)  | https://psychiatryonline.org/pb/assets/raw/sitewide/practice_guidelines/guidelines/substanceuseguide.pdf   | 12/2021      | 02/2024                                |
|   | Practice Guideline for the Treatment of Patients with Substance use Disorders, 2nd Edition Guideline Watch: Practice Guideline for the Treatment of Patients with Substance Use Disorders, 2 <sup>nd</sup> Edition | American Psychiatric Association (2006) American Psychiatric Association (2007)                         | https://psychiatryonline.org/pb/assets/raw/sitewide/practice_guidelines/guidelines/substanceuse.pdf  https://psychiatryonline.org/pb/assets/raw/sitewide/practice_guidelines/guidelines/substanceuse-watch-1410457236490.pdf | 12/2021      | 02/2024                                |

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| Disease Management P       | ractice Guidelines   |   |  |              |  |
| Heart Failure              | 2017 ACC/AHA/HFSA Focused Update of the 2013 ACCF/AHA Guideline for the Management of Heart Failure: A Report of the ACC, AHA and HFSA   | American Heart<br>Association (2017)  | https://www.ahajournals.org/doi/10.1161/cir.00000<br>0000000509  | 12/2021      | 02/2024                                |
|                            | 2017 ACC/AHA/HFSA Focused Update of the 2013 ACCF/AHA Guideline for the Management of Heart Failure: A Report of the American College of Cardiology/American Heart Association Task Force on Clinical Practice Guidelines and the Heart Failure Society of America | Journal of the American<br>College of Cardiology,<br>70(6). 776-803. (2017) | https://www.jacc.org/doi/10.1016/j.jacc.2017.04.0<br>25  | 12/2022      | 02/2024                                |
| Coronary Artery<br>Disease | Integrated Guidelines<br>for Cardiovascular<br>Health and Risk<br>Reduction in Children<br>and Adolescents   | National Heart, Lung,<br>and Blood Institute<br>(2022)                      | https://www.nhlbi.nih.gov/health-<br>topics/integrated-guidelines-for-cardiovascular-<br>health-and-risk-reduction-in-children-and-<br>adolescents | 12/2022      | 02/2024                                |

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|                    | 2013 ACC/AHA Guideline on the Assessment of Cardiovascular Risk: A report of the American College of Cardiology/American Heart Association Task Force on Practice Guidelines | Circulation,129(25), 49-<br>73   | https://www.ahajournals.org/doi/10.1161/01.cir.000<br>0437741.48606.98  | 12/2022      | 02/2024                                |
|                    | Routine Assessment and<br>Promotion of Physical<br>Activity in Healthcare<br>Settings: A Scientific<br>Statement From the<br>American Heart<br>Association                   | Circulation, 137(18),<br>495-522. A scientific<br>statement from the<br>American heart<br>association.   | https://doi.org/10.1161/CIR.0000000000000559  | 12/2022      | 02/2024                                |
|                    | Secondary Prevention of<br>Atherosclerotic<br>Cardiovascular Disease<br>in Older Adults  | Circulation, 128(22),<br>2422-2446. A Scientific<br>Statement from the<br>American Heart<br>Association.   | https://www.ahajournals.org/doi/full/10.1161/01.<br>cir.0000436752.99896.22   | 12/2022      | 02/2024                                |
|                    | Treatment of Hypertension in Patients with Coronary Artery Disease  Correction to: Treatment of Hypertension in Patients with Coronary Artery Disease                        | Circulation, 131(19),<br>435-470. A Scientific<br>Statement from the<br>American Heart<br>Association, American<br>College of Cardiology,<br>and American Society<br>of Hypertension.<br>Circulation, 134(12). | https://www.ahajournals.org/doi/full/10.1161/cir.<br>000000000000207<br>https://www.ahajournals.org/doi/10.1161/CIR.00<br>0000000000459 | 12/2022      | 02/2024                                |
|                    | AHA/ACCF Secondary<br>Prevention and Risk  | American Heart<br>Association (AHA) and  | https://www.ahajournals.org/doi/full/10.1161/CI<br>R.0b013e318235eb4d   | 12/2022      | 02/2024                                |

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|  | Reduction Therapy for<br>Patients with Coronary<br>and Other<br>Atherosclerotic Vascular<br>Disease 2011 Update   | American College of<br>Cardiology Foundation<br>(ACC); Circulation<br>124(22), 2458-2473 and<br>Correction 131(15), 131-<br>408.  | https://www.ahajournals.org/doi/10.1161/CIR.0b<br>013e3182a77a15  |              |  |
|  | 2019 ACA/AHA Guideline on the Primary Prevention of Cardiovascular Disease: A Report of the American College of Cardiology/American Heart Association Task Force on Clinical Practice Guidelines. | American Heart Association (AHA) and American College of Cardiology Foundation (ACC); Circulation 140(11), 596-646; Correction 140(11), 649-650; Correction 141(4), 141; Correction 141(16), 141 -e774. | https://www.ahajournals.org/doi/10.1161/CIR.00<br>0000000000678  https://www.ahajournals.org/doi/10.1161/CIR.00<br>0000000000725  https://www.ahajournals.org/doi/10.1161/CIR.00<br>0000000000755  https://www.ahajournals.org/doi/10.1161/CIR.00<br>00000000000771 | 12/2022      | 02/2024                                |
|  | 2021 ACC/AHA/SCAI Guideline for Coronary Artery Revascularization: A Report of the American College of Cardiology/American Heart Association Joint Committee on Clinical Practice Guidelines      | American College of<br>Cardiology/American<br>Heart Association;<br>Circulation 145(3), e18-<br>e114.   | https://www.ahajournals.org/doi/10.1161/CIR.00<br>0000000001038   | 12/2022      | 02/2024                                |
| Chronic obstructive<br>pulmonary disease<br>(COPD) | Treatment of Stable<br>Chronic Obstructive<br>Pulmonary Disease:<br>The GOLD Guidelines   | American<br>Family<br>Physician   | https://www.aafp.org/pubs/afp/issues/2013/1115/p6<br>55.html  | 12/2021      | 02/2024                                |

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|                    | Global Strategy for the Diagnosis, Management, and Prevention of Chronic Obstructive Pulmonary Disease                               | The Global Initiative for<br>Chronic Obstructive<br>Lung Disease   | https://goldcopd.org/wp-<br>content/uploads/2020/11/GOLD-REPORT-2021-<br>v1.1-25Nov20 WMV.pdf | 12/2022      | 02/2024                                |
|                    | Pharmacologic Management of Chronic Obstructive Pulmonary Disease. An Official American Thoracic Society Clinical Practice Guideline | American Thoracic<br>Society   | https://www.atsjournals.org/doi/pdf/10.1164/rccm.2<br>02003-0625ST                            | 12/2022      | 02/2024                                |
|                    | Clinical Practice Guideline for the Management of Chronic Obstructive Pulmonary Disease  | United States Department of Veteran Affairs (VA) and the Department of Defense (DoD)                                 | https://www.healthquality.va.gov/guidelines/cd/copd/  | 12/2022      | 02/2024                                |
| Asthma             | Expert Panel Report 3: Guidelines for the Diagnosis and Management of Asthma   | U.S. Department of Health and Human Services National Institute of Health; National Heart, Lung, and Blood Institute | https://www.ncbi.nlm.nih.gov/books/NBK7232/   | 12/2021      | 02/2024                                |

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|                    | 2020 Focused Updates to the Asthma Management Guidelines: A Report from the National Asthma Education and Prevention Program Coordinating Committee Expert Panel Working Group | U.S. Department of<br>Health and Human<br>Services/National Heart,<br>Lung, and Blood<br>Institute. Retrieved<br>September 2022.       | https://www.nhlbi.nih.gov/resources/2020-focused-<br>updates-asthma-management-guidelines      | 12/2021      | 02/2024                                |
|                    | Asthma – Public Health<br>Professionals: Strategies<br>and Guidance  | Center for Disease<br>Control and<br>Prevention, Resources<br>for Health<br>Professionals and<br>Schools. Retrieved<br>September 2022. | https://www.cdc.gov/asthma/public health.html  | 12/2022      | 02/2024                                |
| Sickle Cell        | Evidence-Based<br>Management of Sickle<br>Cell Disease. Expert<br>Panel Report, 2014   | National Heart, Lung,<br>and Blood Institute<br>(NHLBI). Retrieved<br>September 2022.  | https://www.nhlbi.nih.gov/health-<br>topics/evidence- based-management-sickle-<br>cell-disease | 12/2021      | 02/2024                                |
|                    | Resources for Health<br>Care Providers – ACT<br>Sheets: Hemoglobin<br>Disorders or<br>Hemoglobinopathies   | Texas Health and<br>Human Services/Texas<br>Department of State<br>Health Services.<br>Retrieved September<br>2022.                    | https://www.dshs.texas.gov/newborn-screening-<br>program/resources-health-care-providers       | 12/2021      | 02/2024                                |
| Diabetes           | Introduction: Standards<br>of Medical Care in<br>Diabetes - 2019   | Diabetes Care,<br>American<br>Diabetes<br>Association,<br>42(Supplement<br>11), S1-S2.   | https://care.diabetesjournals.org/content/42/Supplement 1/S1                                   | 12/2021      | 02/2024                                |

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|                    | Texas Diabetes Council<br>(TDC) Toolkit –<br>Algorithms & Guidelines   | Texas Health and<br>Human Services/Texas<br>Department of State<br>Health Services.<br>Retrieved September<br>2022.   | https://www.dshs.texas.gov/TDCtoolkitAlgorithms.asp  | 12/2021      | 02/2024                                |
| Pharyngitis        | Clinical Practice Guideline for the Diagnosis and Management of Group A Streptococcal Pharyngitis: 2012 Update by the Infectious Diseases Society of America  Correction to Clinical Infectious Diseases | Infectious Diseases Society of America, Clinical Infectious Diseases, 55(10), e86-e102.  Infectious Disease Society of America, 55(10), e86-e102. Retrieved September 2022. | http://cid.oxfordjournals.org/content/early/2012/09/06/cid.cis629.full  https://doi.org/10.1093/cid/ciu172 | 12/2021      | 02/2024                                |
|                    | Adult Outpatient<br>Treatment<br>Recommendations:<br>Antibiotic Use  | Centers for Disease<br>Control and Prevention.<br>Healthcare Professional<br>Resources and<br>Training: Treatment<br>Recommendations.<br>Retrieved September<br>2022.       | https://www.cdc.gov/antibiotic-use/clinicians/adult-<br>treatment-rec.html                                 | 12/2021      | 02/2024                                |
| Pain Management    | Diagnosis and Treatment of Low Back Pain (2022).   | VA/DoD Clinical<br>Practice Guidelines of<br>U.S. Department of<br>Veterans Affairs 2022.   | https://www.healthquality.va.gov/guidelines/pain/lbp/  | 12/2022      | 02/2024                                |
|                    | Low Back Pain, Adult<br>Acute and Subacute   | Institute for Clinical<br>Systems, Sixteenth<br>Edition   | https://www.icsi.org/guideline/low%20-back-pain/   | 12/2022      | 02/2024                                |
|                    | Pain; Assessment, Non-<br>Opioid Treatment<br>Approaches and Opioid<br>Management  | Institute for Clinical<br>Systems Eighth Edition,<br>Version 2  | https://www.icsi.org/guideline/pain/   | 12/2022      | 02/2024                                |

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|                           | Noninvasive Treatments<br>for Acute, Subacute, and<br>Chronic Low Back Pain:<br>A Clinical Practice<br>Guideline from the<br>American College of<br>Physicians (April 2017) | Annal of Internal<br>Medicine; Clinical<br>Guidelines Retrieved<br>September 2022.   | https://www.acpjournals.org/doi/10.7326/M16-2367   | 12/2022      | 02/2024                                |
| Preventive Health Practic | e Guidelines  |  |  |              |  |
| Perinatal Care            | Guidelines for Perinatal<br>Care, Eighth Edition  | The American College of Obstetricians and Gynecologists.   | https://www.aap.org/Guidelines-for-Perinatal-Care-8th-edition-Paperback?gclid=EAlalQobChMl4qPiju3f5AlVSr7ACh3MqgneEAAYASAAEgJNvvDBwE(Hard Copy at Centene Corporate Office.Available online for ACOG members only) | 09/2017      | 02/2024                                |
| Port<br>Man               | Toxic Substances Portal: Medical Management Guidelines for Lead   | Agency for Toxic Substances and Disease Registry of the U.S. Department of Health and Human Services. Medical Management Guidelines for Acute Chemical Exposure, 2014. Retrieved September 2022. | https://wwwn.cdc.gov/TSP/MMG/MMGDetails.aspx<br>?mmgid=1203&toxid=22   | 12/2021      | 02/2024                                |
|                           | Childhood Lead Poisoning Prevention Program: Guidelines and Recommendations   | Centers for Disease<br>Control and Prevention,<br>Publication and<br>Resources. Retrieved<br>September 2022.   | https://www.cdc.gov/nceh/lead/resources/guidelines.html  | 12/2021      | 02/2024                                |
|                           | Blood Lead<br>Information For<br>Providers  | Texas Health and Human<br>Services/ Texas<br>Department of State   | https://www.dshs.state.tx.us/lead/providers.shtm   | 12/2021      | 02/2024                                |

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|                    | Updated Blood Lead<br>Reference Value<br>(BLRV)  | Health Services.<br>Retrieved September<br>2022.  |   |              |  |
|                    | Texas Administrative Code, Title 25, Department of State Health Services, Subchapter Q, Reporting, Treatment and Investigation of Child Blood Lead Levels. | Texas Administrative<br>Code (TAC). Retrieved<br>September 2022.                                      | https://texreg.sos.state.tx.us/public/readtac\$ext.Vie<br>wTAC?tac_view=5&ti=25&pt=1&ch=37&sch=Q&rl<br>=Y                                     | 12/2021      | 02/2024                                |
|                    | Texas Administrative Code, Title 25, Department of State Health Services; Chapter 99, Rule §99.1 General Provisions.                                       | Texas Administrative<br>Code. Retrieved<br>September 2022.  | https://texreg.sos.state.tx.us/public/readtac\$ext.Ta<br>cPage?sl=R&app=9&p dir=&p rloc=&p tloc=&p<br>ploc=&pg=1&p_tac=&ti=25&pt=1&ch=99&rl=1 | 12/2021      | 02/2024                                |
| Childhood Obesity  | Screening for Obesity in Children and Adolescents: US Preventive Services Task Force Recommendation Statement.   | US Preventive Services<br>Task Force. Pediatrics,<br>125(2), 361-367.<br>Retrieved September<br>2022. | https://doi.org/10.1542/peds.2009-2037  | 12/2021      | 02/2024                                |
|                    | Overweight & Obesity:<br>Resources Library on<br>Prevention Strategies &<br>Guidelines   | Centers for Disease<br>Control and Prevention.<br>Retrieved September<br>2022.                        | https://www.cdc.gov/obesity/resources/strategies-guidelines.html  | 12/2021      | 02/2024                                |
|                    | Weight Assessment and<br>Counseling for Nutrition<br>and Physical Activity for<br>Children/Adolescents<br>(WCC)  | National Committee for<br>Quality Assurance.<br>Retrieved September<br>2022.                          | https://www.ncqa.org/hedis/measures/weight-assessment-and-counseling-for-nutrition-and-physical-activity-for-children-adolescents/            | 12/2021      | 02/2024                                |
| Immunizations      | Adult Immunization<br>Schedule<br>Recommendations for<br>ages 19 years or Older,<br>United States  | Centers for Disease<br>Control and Prevention<br>(CDC), 2022. Retrieved<br>September 2022.            | https://www.cdc.gov/vaccines/schedules/hcp/imz/adult.html   | 12/2021      | 02/2024                                |

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|                              | Child and Adolescent<br>Immunization Schedule<br>Recommendations for<br>ages 18 years or<br>younger, United States | Centers for Disease<br>Control and Prevention<br>(CDC), 2022. Retrieved<br>September 2022.  | http://www.cdc.gov/vaccines/schedules/hcp/child-adolescent.html   | 12/2021      | 02/2024                                |
| Pediatric Preventive<br>Care | The State Medicaid<br>Manual: Chapter 5 -<br>Early Periodic<br>Screening Diagnosis<br>& Treatment                  | Centers for Medicare &<br>Medicaid Services<br>(CMS.gov); The State<br>Medicaid Manual, 45. | https://www.cms.gov/Regulations-and-<br>Guidance/Guidance/Manuals/Paper-<br>Based- Manuals-Items/CMS021927.html | 12/2021      | 02/2024                                |
|                              | Texas Medicaid - Texas<br>Health Steps website   | Texas Medicaid and<br>Healthcare Partnership<br>(TMHP)                                      | https://www.tmhp.com/programs/thsteps   | 12/2021      | 02/2024                                |
|                              | Superior HealthPlan<br>Provider Resources  | Texas Health Steps<br>Resources   | https://www.superiorhealthplan.com/prov<br>iders/resources.html   | 12/2021      | 02/2024                                |
| Adult Preventive Care        | Guide to Clinical Preventive Service, 2014: Recommendations of the U.S. Preventive Services Task Force             | Agency for<br>Healthcare<br>Research<br>and<br>Quality<br>(AHRQ)                            | http://www.ahrq.gov/professionals/clinicians-providers/guidelines-recommendations/guide/                        | 12/2021      | 02/2024                                |
|                              | Recommendation Topics Index: A-Z. U.S. Preventive Services Task Force (Publication dates vary)                     | U.S. Preventative<br>Services Task Force  | https://www.uspreventiveservicestaskforce<br>.org/uspstf/topic_search_results?topic_stat<br>us=P                | 12/2021      | 02/2024                                |

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|                    |  |   |  |              |  |
|                    | A and B Recommendations from U.S. Preventative Services Task Force   | U.S. Preventive Services<br>Task Force  | https://www.uspreventiveservicestaskforce<br>.org/uspstf/recommendation-topics/uspstf-<br>a-and-b-recommendations          | 12/2021      | 02/2024                                |
|                    | American Cancer<br>Society Guidelines<br>for the Early<br>Detection of Cancer  | American Cancer<br>Society (ACS)  | https://www.cancer.org/healthy/find-cancer-early/american-cancer-society-guidelines-for-the-early-detection-of-cancer.html | 12/2021      | 02/2024                                |
|                    | Clinical Practice Guideline for the Pharmacologic Treatment of Chronic Insomnia in Adults: An American Academy of Sleep Medicine Clinical Practice Guideline | Journal of clinical sleep<br>medicine JCSM: official<br>publication of the<br>American Academy of<br>Sleep Medicine, 13(2),<br>307–349. | https://pubmed.ncbi.nlm.nih.gov/27998379/  | 12/2021      | 02/2024                                |
|                    | Clinical Updates in<br>Women's Health Care   | American College of<br>Obstetricians and<br>Gynecologists   | https://www.acog.org/clinical/journals-and-<br>publications/clinical-updates   | 12/2021      | 02/2024                                |
|                    | Patient Care: Clinical Guidance (Managing health and well-being at every stage of life).   | American Academy of Family Physicians   | https://www.aafp.org/family-physician/patient-<br>care.html  | 12/2021      | 02/2024                                |
|                    | CDC "Morbidity and<br>Mortality Weekly Report<br>(MMWR)"   | Centers for Disease<br>Control and Prevention   | http://www.cdc.gov/mmwr/   | 12/2021      | 02/2024                                |
| Fall Prevention    |  |   | I  |              |  |

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|                      | Older Adult Fall<br>Prevention                                 | Centers for Disease<br>Control and Prevention<br>(CDC) | https://www.cdc.gov/falls/index.html                                 | 12/2022      | 02/2024                                |
| Urinary Incontinence |  |  |  |              |  |
|                      | Health Information:<br>Urinary Incontinence in<br>Older Adults | National Institute of<br>Health (NIH).gov              | https://www.nia.nih.gov/health/urinary-incontinence-<br>older-adults | 12/2022      | 02/2024                                |