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## Service Coordination and Benefits for Individuals with an Intellectual Developmental Disability or Related Condition

All About IDD Services, Waivers,  
CFC and LIDDAs

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## What is an Intellectual or Developmental Disability or Related Condition?

Intellectual and Developmental Disabilities (IDD) or Related Conditions (RC), include many severe and chronic conditions that are due to mental and/or physical impairments. An IDD or RC can begin at any time, up to 22 years of age. An IDD or RC may result in the need for assistance with major life activities such as:

- Language
- Mobility
- Learning
- Self-help
- Independent Living

## What is Service Coordination?

STAR+PLUS members get a benefit called Service Coordination. Service Coordination is a way to help you manage your care and benefits. Service Coordinators can:

- Help you get the services and supports you need.
- Explain your Medicaid benefits.
- Collaborate with your providers to coordinate your care.
- Identify community resources.

Superior HealthPlan has a team of Service Coordinators trained to work with members who have IDD. Some of the benefits your Service Coordinator can help you access include:

- Community First Choice Services (CFC)
- Day Activity and Health Services (DAHS)
- Dental Benefits
- Durable Medical Equipment (DME)
- IDD Waiver Services
- Medical Transportation
- Provider Attendant Services (PAS)
- STAR+PLUS Waiver Services

## **What is the Local Intellectual and Developmental Disability Authority (LIDDA)?**

LIDDAs assist with publicly funded IDD programs and are located throughout the state. Your Service Coordinator will work with the LIDDA to make sure your needs are met.

### **LIDDA services include:**

- Providing information and resources about IDD services and supports.
- Completing assessments for persons seeking services and supports.
- Service Coordination for select programs.
- Enrolling or admitting an eligible person into IDD services and supports including the following Medicaid programs:
  - Intermediate Care Facilities for Individuals with an Intellectual Disability or Related Conditions (ICF/IID)
  - IDD Waiver Programs
  - Non-Waiver Community First Choice

## **What is Community First Choice (CFC)?**

CFC is a Medicaid program to help members with disabilities who need in-home and community-based attendant services and habilitation services. Individuals interested in CFC services must be eligible for Medicaid, meet a specific level of care and need help with every day activities.

### **CFC services include:**

- Emergency Response System (ERS)
- Habilitation Services (HAB)
- Personal Assistance Services (PAS)
- Support Management

## What is an IDD Waiver?

IDD Waiver programs provide services to people with an IDD or related condition to help them live at home or in the community instead of in a facility. There are four IDD Waiver programs in Texas:

- Community Living Assistance and Support Services (CLASS)
- Deaf Blind with Multiple Disabilities (DBMD)
- Home and Community-based Services (HCS)
- Texas Home Living (TxHmL)

## IDD Waiver program services include:

- Adaptive Aids/Medical Supplies
- Behavioral Services
- Minor Home Modifications
- Nursing Services and Dietary Services
- Residential Services and Respite
- Specialized Therapies and Supported Employment

An individual with an IDD or IDD RC can receive acute and long-term care services through both their STAR+PLUS program and an IDD Waiver. When this happens, the individual and their support system will work with a team of Service Coordinators from both Superior and the IDD Waiver, to ensure they receive the services needed through the proper resources. In general, Superior will manage the acute services and the IDD Waiver will manage the long-term services and supports.



## Who should I contact about my services?

Contact your Service Coordinator any time you have questions about your STAR+PLUS and/or IDD Waiver program services.

You should also contact them when:

- A service needs to be added to your service plan.
- The amount of a service you receive needs to be adjusted.
- There's a change in your health status.
- You are interested in an IDD Waiver, STAR+PLUS Waiver or CFC services.
- You have any questions or concerns.



If you would like to speak with Superior Service Coordination, call 1-877-277-9772.

## Important Contacts

### My Superior HealthPlan Service Coordinator

Contact Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Email: \_\_\_\_\_

### My IDD Waiver Program

IDD Waiver Name: \_\_\_\_\_

Agency Name: \_\_\_\_\_

Agency Phone Number: \_\_\_\_\_

### My Case Management or Direct Service Agency

Contact Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Email: \_\_\_\_\_

### My Financial Management Services Agency (FMSA), if receiving any services through Consumer Directed Services (CDS) option

FMSA Name: \_\_\_\_\_

Contact Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_