



Adult Prescribing Parameters for Medicaid Members

Superior HealthPlan would like to inform our credentialed providers of the prescribing parameters that we are using for our adult managed Medicaid population. The prudent use and monitoring of high-risk medications are important in the management of persistent behavioral health conditions to avoid worsening health up to and including death. Superior aims to maintain a positive provider and member experience by implementing specific measures to ensure the highest quality of care for our mutual members.

These parameters are based upon clinical practice guidelines, NCQA quality measures, and Beers criteria. For more information, please consult the following resources:

- [NCQA: Diabetes and Cardiovascular Disease Screening and Monitoring for People With Schizophrenia or Bipolar Disorder \(SSD, SMD, SMC\)](#)
- [ADA/APA Joint Statement](#)
- [2019 Beers Criteria](#)
- [Superior HealthPlan Provider Resources](#)

Superior will reach out to providers if records indicate that a member in your care meets one of the following criteria, we understand this may be due to a variety of factors and need additional information.

1. Members taking five (5) or more psychotropic medications prescribed concomitantly (side effect medications are not included in this count).
2. Members taking two (2) or more psychotropic medications concurrently.
 - Two (2) or more concomitant stimulants*
 - Two (2) or more concomitant alpha agonists*
 - Two (2) or more concomitant antidepressants
 - Two (2) or more concomitant antipsychotics
 - Three (3) or more concomitant mood stabilizers
3. Prescribing of antipsychotics or benzodiazepines in Members with Alzheimer's and other dementia related conditions.
4. Annual diabetes screening for Members with schizophrenia or bipolar who are using antipsychotic medication(s).

Thank you for all you do to ensure Superior HealthPlan members receive quality care.

For any questions, please contact the Superior Pharmacy department at 1-800-218-7453, ext. 22080.