

Clinical Practice Standards for Therapy Documentation

Standard	Audit Criteria
Documentation of assessment is adequate to demonstrate medical necessity for the requested service.	 Assessment is conducted by an appropriately qualified (licensed and/or certified, as applicable) clinician. Assessment methods conform to best practice standards of the relevant therapy discipline. Objective information is reported which documents medical necessity for treatment by the requested discipline. Formal assessment measures administered are appropriate to the individual member. Documentation is sufficiently current to establish medical necessity for the requested service. In the case of evaluation or reevaluation requests, all required documentation is present based on the member's age and the discipline to be evaluated.
The treatment plan is appropriate to meet the member's needs.	 The plan of care includes short term and long term treatment goals. Treatment goals are specific to the individual member's needs. The plan of care includes the frequency and duration of recommended treatment. The plan of care conforms to best practice standards of the relevant therapy discipline. The recommended services are within the scope of practice of the clinician who will perform those services. The plan of care reflects use of evidenced-based treatment approaches which are effective in treating the member's diagnosed condition or impairment.
Progress has been documented, in the case of continued treatment requests.	 Objective information is reported which demonstrates that the member has obtained significant benefit over the previous period of treatment. An explanation/rationale is provided for any changes to the plan of care which may relate to the member's progression in treatment. An explanation is provided in the event the member is not progressing as anticipated.
Clinical documentation is free of any clinical irregularities.	 No irregularities are noted which impact the reliability or validity of the information reported. No irregularities are noted which act as potential triggers for suspected fraud/waste/abuse of therapy services. All information reported is true and correct to the best knowledge of the reporting clinician.