Earn rewards by completing the following healthy activities:

**$20**

For the 1st, 3rd, 6th and 9th prenatal doctor visit*
(To earn the reward for the 1st visit, it must be completed within 42 days of enrollment in Superior HealthPlan.) ($80 max.)

**$20**

Postpartum doctor visit*
(This visit should happen 21-56 days of delivery).

**$20**

For getting an annual flu vaccine while pregnant
(one per flu season
(September - April)

**$30**

For agreeing to receive pregnancy-related text messages
($5 per month for 6 months).

*To be eligible for these rewards, you must notify us you are pregnant prior to having your baby by calling us or submitting a completed Notification of Pregnancy (NOP) form. Prenatal visit count begins after we are notified you are pregnant.

YOU CAN USE YOUR REWARDS CARD AT THE FOLLOWING STORES:

**CVS pharmacy**

**DOLLAR GENERAL**

**FAMILY DOLLAR**

**RITE AID**

**Walmart**

YOU CAN USE YOUR CARD TO BUY HUNDREDS OF ITEMS.

Some of the items you can buy are the following:

- **Baby Care**
  - Baby clothes
  - Baby foods
  - Baby powder
  - Baby wipes
  - Bibs
  - Bottles
  - Breast pump
  - Diaper bags
  - Diapers
  - Nursing items
  - Pacifiers
  - Teething relief

- **Diabetes Care**
  - Blood glucose testing items
  - Insulin
  - Pumps and syringes

- **Eye Care**
  - Contact cases
  - Contact solution
  - Eye drops
  - Reading glasses and sunglasses

- **Family Planning**
  - Condoms
  - Pregnancy tests

- **Healthy Groceries**
  - Fresh, frozen and canned fruits
  - Milk (excludes flavored milk)
  - Perishable and non-perishable food
  - Meats and seafood

- **Personal Care**
  - Bandages
  - Body lotions
  - Chap stick
  - Deodorants
  - First aid kits
  - Mouthwash
  - Shampoos and conditioners
  - Shaving cream and razors
  - Soap and body wash
  - Sunscreen
  - Thermometers
  - Toothbrushes
  - Toothpaste

- **Wellness Items**
  - Nutrition bars
  - Sport drinks
  - Vitamins (adult and children)
  - Weight loss foods and shakes

- **Women’s Care**
  - Anti-fungal creams
  - Feminine pads and tampons
  - Panty liners

- **Over-the-Counter (OTC) Medicine**
  - Adult Medicines
    - Cough, cold & flu liquids and tablets
    - Allergy, sinus & combination liquids & tablets
    - Cough drops
    - Nasal sprays
  - Children’s Medicines
    - Children’s allergy medicines
    - Children’s cough, cold and flu medicines
    - Children’s stomach medicine
  - Digestion Medicines
    - Antacids
    - Anti-gas medicines
    - Diarrhea treatments
    - Hemorrhoid creams
    - Laxatives
  - Pain Relief
    - Acetaminophen
    - Aspirin
    - Ibuprofen
    - Joint pain medicines
    - Muscle pain creams

For a complete list of items that can be purchased with your card, check your balance, or questions, call Superior HealthPlan at 1-800-783-5386 (Relay Texas/TTY 1-800-735-2989). Or log into your Superior HealthPlan member account at SuperiorHealthPlan.com. If you do not have an account, just have your date of birth, member ID number and email address ready when you log in so you can set up an account.

The card cannot be used to buy alcohol, cigarettes, tobacco, firearms or ammunition. All rewards expire one year (365 days) from the date the reward is added to your card. If you do not use or earn more rewards for 12 months, your card will close. When your card closes, you lose any remaining balance. Your card expires 60 days after your coverage terminates. © 2018 Superior HealthPlan, Inc. All rights reserved.

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