### Provider to Patient Discussion Topics

**Health Promotion Discussion Questions**
- Any problems with your work or daily activities due to physical problems?
- Any problems with your work or daily activities due to stress?
- Anything bothering you or stressful?
- Are you sad or depressed?
- Do you use tobacco? (Always/Sometimes/Never)
- Do you drink alcohol? (Always/Sometimes/Never)
- Do you exercise? (Always/Sometimes/Never)
- Do you take aspirin? (Always/Sometimes/Never)
- Do you or anyone in your family have high blood pressure, high cholesterol or had a heart attack?
- Have you had a flu shot in the past calendar year? If not, Why?

**Medication Discussion Questions**
- Are you currently on any prescription medications from another doctor? If so, what?
- How long have you been on the medication?
- Review medications prescribed by PCP and verify results.

**Access to Care Discussion Questions**
- Are you satisfied with the timeframe it took to schedule your appointment?
- Were you able to get your appointment as soon as you needed?
- Are you satisfied with the coordination of care you receive, coordinating visits with specialists, non-emergency transportation (if needed) and providing lab or test results?

**Provider Tips**
- Complete and document any health assessment on patient.
- Discuss with patient the benefits of exercise and encourage them to start, increase or maintain physical activity and document discussion.
- Discuss the risks of tobacco use and recommend medication to assist in stopping.
- Discuss the risks and benefits of aspirin to prevent heart attack or stroke.
- Discuss issues associated with drinking too much alcohol, if necessary.
- Screen patient for high blood pressure and cholesterol.
- Recommend and/or administer the flu shot during flu season.
- Listen closely to the patient in a respectful manner and explain things in an easy, understandable way and ensure all patient concerns are discussed.

**Provider Tips**
- Document all prescription medication patient is taking.
- Discuss options and reasons to take alternate medications if patient is not getting positive results for symptoms.
- Discuss reasons with patient why they may need to stop taking a particular medication.
- Discuss the benefits and risks of taking a medicine.
- Discuss patient’s preference on what medication they feel would be best for them.
- Listen closely to the patient in a respectful manner and explain things in an easy, understandable way and ensure all patient concerns are discussed.

**Provider Tips**
- Evaluate office procedures to improve getting patients scheduled as quickly as possible for their symptoms.
- Determine why patient perceives difficulty in getting timely care, if necessary.
- Educate patient on timeframes for getting appointments according to their symptoms.
- Assist in coordination of non-emergency transportation, if necessary.
- Listen closely to the patient in a respectful manner and explain things in an easy, understandable way and ensure all patient concerns are discussed.

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