How to Request Therapy Prior Authorizations for Nursing Facility Add-on Services

Prior Authorization requests can be made through the Superior HealthPlan Provider Portal. Nursing Facilities requesting a physician-ordered rehabilitation Add-on Service, such as goal directed therapy, should select ‘Medical Outpatient’ then ‘Therapy’ as the Service Type. Do not select ‘Rehab Inpatient’ as the Service Type. Doing so may cause the authorization to be delayed due to misrouting. Superior recognizes therapy as an outpatient service regardless of where it is performed.

Please note that separate authorization requests must be submitted for each type of therapy (i.e. physical, speech, or occupational). If a Superior Member needs both physical and occupational therapy, you must submit two separate requests.

For any additional questions, please call Provider Services at 1-877-391-5921.