Texas Health Steps

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Overview

- Early and Periodic Screening, Diagnosis, and Treatment (EPSDT) is a federal program
- EPSDT is Medicaid’s comprehensive preventive child health service for children under the age of 21 years
Texas’ EPSDT program for Medicaid is called Texas Health Steps:

- Providers must be enrolled in the Texas Health Steps program

- The Texas Health Steps periodicity schedule is based on the American Academy of Pediatrics (AAP) schedule (see Volume 2 Section 5 of Texas Medicaid Provider Procedures Manual 2013). The American Academy of Pediatric Dentistry recommendations are used for dental checkups.

- Different timeline expectations for NEW members to STAR, STAR+PLUS and STAR Health
Timely Checkup

- Texas Health Steps checkups for Medicaid members are considered timely based on whether member is New or Existing

- If this is a Medicaid member who is newly enrolled with Superior use New expectations

- All other members follow Existing expectations
Timely Checkup

New to Superior

Medicaid members that are new to Superior must receive Texas Health Steps checkups at enrollment unless documentation of previous Texas Health Steps checkup is provided:

- STAR and STAR+PLUS must receive within first 90 days

- STAR Health (foster care) must receive within first 30 days

  *does not apply to moving from one placement to another
Timely Checkup

Existing Member

Existing Members with Superior follow the periodicity schedule (see Volume 2 Section 5.3 of Texas Medicaid Provider Procedures Manual 2013)

• Members under 3 years have multiple checkups within each year; 6 outpatient checkups in the 1st year

• Members over 3 years have an annual checkup; checkup must occur within 364 days following their birth date
Timely Checkup

Exceptions to Periodicity

Checkups completed outside of periodicity due to extenuating circumstances:

• Medically necessary – developmental delays, medical concerns, suspected abuse, modifier code SC

• Mandated services – state or federal requirements, modifier code 32

• Unusual anesthesia – procedures which usually require no anesthesia or local anesthesia, modifier code 23
Complete Checkup

Texas Health Steps checkup includes:

- Comprehensive health and development history (mental and physical)
- Comprehensive unclothed physical exam
- Appropriate immunizations
- Appropriate laboratory tests with documentation
- Health Education including anticipatory guidance
- Dental referral beginning at 6 months of age until a dental home has been established
Age-appropriate screenings may include:

- Nutrition
- Developmental
- Autism
- Mental Health
- Vision and Hearing
- Risk based lab
- Tuberculosis
- Lead
- Sexually Transmitted Diseases
**Complete Checkup**

Additional Requirements may include:

- Early Childhood Intervention (ECI)
- Teen Confidentiality Issues
- Texas Vaccines for Children (TVFC)
- Appropriate referrals for covered services: Case Management for Children and Pregnant Women Services; Hearing; Dental; Family Planning; ECI; Women, Infants and Children (WIC)
Sports Physicals:

• Not the same as a Texas Health Steps checkup

• If child is due for a Texas Health Steps checkup a provider may complete a Texas Health Steps checkup and complete the documentation for a sports physical
How to Bill

- New client codes: 99381, 99382, 99383, 99384 & 99385
- Established client codes: 99391, 99392, 99393, 99394 & 99395
- Follow Up Visit: 99211
- Diagnosis code V202 or more specific code if available
- Must include benefit code EP1
- Must include 2-digit modifier to indicate practitioner (AM, SA, TD, or U7)
How to Bill

- Texas Health Steps checkups in Federally Qualified Health Center (FQHC) and Rural Health Center (RHC) settings require additional codes:
  - RHC provider must use national place of service code, 72
  - FQHC Provider must use additional 2-digit modifier, EP
Additional Instructions & Billing

Notes

• Laboratory procedures

• Vaccines/toxoids

• Developmental and Autism Screenings

• Oral Evaluation and Fluoride Varnish

• Documentation
Complete checkup includes mandatory laboratory procedures:

- Follow periodicity schedule, including footnotes

- Department of State Health Services (DSHS) laboratory services are free for Texas Health Steps checkup requirements to all Texas Health Steps-enrolled providers

- DSHS service includes supplies, mailing, shipping and test results: http://www.dshs.state.tx.us/lab/default.shtm
**Additional Instructions & Billing**

*Immunization Requirements:*

- Follow Advisory Committee on Immunization Practices (ACIP) Schedule
- Screen for immunization status at each checkup
- Must not refer to local health department for immunizations
- Texas Health Steps Quick Reference Guide (see Volume 2 Section F.1 of Texas Medicaid Provider Procedures Manual 2013) is a useful tool for the appropriate administration code for billing
- Obtain vaccines/toxoids through Texas Vaccines for Children (TVFC): [www.dshs.state.tx.us/immunize/tvfc/default.shtm](http://www.dshs.state.tx.us/immunize/tvfc/default.shtm)
- Report all vaccines to Texas Immunization Registry (ImmTrac): [www.dshs.state.tx.us/immunize/immtrac/default.shtm](http://www.dshs.state.tx.us/immunize/immtrac/default.shtm)
Developmental Screenings:

- Additional reimbursement when using required screening tools
- Developmental Screening needs to be completed with either the Ages and Stages Questionnaire (ASQ) or Parents' Evaluation of Developmental Status (PEDS)
- ASQ is available at [http://agesandstages.com/how-to-order/](http://agesandstages.com/how-to-order/)
- Be thoughtful of Early Child Intervention (ECI) for children: [www.dars.state.tx.us/ecis/index.shtml](http://www.dars.state.tx.us/ecis/index.shtml)
**Autism Screenings:**

- Additional reimbursement when using required screening tools
- Autism Screening needs to be completed with the Modified Checklist for Autism in Toddlers (M-CHAT). The M-CHAT is available at: [http://www2.gsu.edu/~psydlr/Diana_L._Robins,_Ph.D..html](http://www2.gsu.edu/~psydlr/Diana_L._Robins,_Ph.D..html). The autism screening uses procedure code 96110 with modifier U6.
- Be thoughtful of Early Child Intervention (ECI) for children: [www.dars.state.tx.us/ecis/index.shtml](http://www.dars.state.tx.us/ecis/index.shtml)
Additional Instructions & Billing Notes

Oral Evaluation and Fluoride Varnish:

• To do oral evaluation and fluoride varnish, must be certified by the Department of State Health Services (DSHS)

• Training and registration information:
  www.dshs.state.tx.us/dental/OEFV_Training.shtm

• In conjunction with Texas Health Steps checkups, bill with procedure code 99429

• Include modifier U5 and the diagnosis code of V202. Must be billed on the same date as procedure code 99381, 99382 or 99383, by the same provider, and is limited to 6 services per lifetime by any provider.
Additional Instructions & Billing

Notes

Documentation:

- All required components must be documented
- If unable to complete a component must document why not and include plan for completing component
- Follow up visits must document reason(s) for visit and component(s) completed
- Screening tools should include results
Useful Health Record Forms

- Department of State Health Services (DSHS) developed a health record form for each exam age.

- These forms are not mandatory but can be a useful guide for each mandated component and provide space for important medical notations.

- The instructions and forms are available online: http://www.dshs.state.tx.us/thsteps/forms.shtm
Children of Migrant Farm Workers

- Migrant farmworkers travel for seasonal agricultural work and must establish temporary homes

- Children whose parents do migrant farm work may have special needs due to this seasonal travel

- Applies to STAR and STAR+PLUS members under 21 years of age
Children of Migrant Farm Workers

• Superior will attempt to accelerate any services or benefits to children of migrant farm workers prior to travel season

• A travel packet with helpful information is given to any identified members

• If you identify member as being a child of migrant farmworkers, contact Superior for assistance in acceleration of any services or benefits: 1-800-783-5386
THSteps Checkup vs. Well Child Checkup

Texas Health Steps and Well Child:
  • Uses the same billing codes.
  • Follows the AAP periodicity schedule.

Well Child Checkup
  • Includes a head-to-toe checkup for CHIP members free of charge.
  • HEDIS measure.

Texas Health Steps Checkup
  • Includes a head-to-toe checkup to Medicaid members including STAR, STAR+PLUS and STAR Health free of charge.
  • Requires members receive exam when newly enrolled with Superior or any other MCO.
Superior Outreach & Resources

- New members receive a member packet along with reminder outreach for initial checkup.

- Existing members receive a reminder card and call prior to all checkups.

- Infants and young children receive a card with all periodic checkups required in the 1st three years of life.
Medical Transportation Program (MTP)

- Is designed to serve members that have no other means of transportation for all Medicaid covered services: [http://www.dshs.state.tx.us/cshcn/mtp.shtm](http://www.dshs.state.tx.us/cshcn/mtp.shtm)
- Requires at least two work days advance notice for most requests
- May also reimburse mileage if the trip is scheduled in advance and follows MTP guidelines
- Superior can assist with coordination of MTP services or make arrangements for transportation
The state's Texas Health Steps Outreach and Informing staff contact newly enrolled Texas Health Steps recipients:

- to inform them of the services to which they are entitled;
- to encourage them to use the Texas Health Steps preventive medical and dental checkup services;
- to provide them with a list of all Texas Health Steps providers in their area, and;
- to assist them in setting an appointment for a medical and/or dental checkup.

You can make a referral by phone to that team at: 1-877-THSTEPS (1-877-847-8377).
Texas Health Steps Provider Outreach Referral Form

- Providers should complete a Texas Health Steps Provider Outreach Referral Form and fax it to MAXIMUS who will then contact recipients.
- This form should be used when a Texas Health Steps patient needs to be seen for a follow-up, needs to have a missed appointment rescheduled, needs assistance scheduling transportation, or requires other patient-related outreach services.
- This form is available on the Department of State Health Services website: [http://www.dshs.state.tx.us/thsteps/forms.shtm](http://www.dshs.state.tx.us/thsteps/forms.shtm)
- More information is available through your local regional Texas Health Steps Provider Relations Representative: [http://www.dshs.state.tx.us/thsteps/regions.shtm](http://www.dshs.state.tx.us/thsteps/regions.shtm)
Always Update Contact Information

• Superior makes provider information available online and through quarterly printed directories

• Make sure members know about your changes

• Contact your PR rep to make any changes to your address, phone number, provider listing, or hours of operation

• In accordance to the Medicaid provider agreement, providers need to update information with TMHP within 10 days of the change. Most updates can be made via TMHP provider portal.
Other Resources

• The Texas Medicaid Provider Procedures Manual is updated monthly and can be found online at: http://www.tmhp.com/Pages/Medicaid/Medicaid_Publications_Provider_Manual.aspx; Children Services Handbook, section 5 for Texas Health Steps

• Texas Health Steps training from The Department of State Health Services is mandatory for Texas Health Steps providers, and FREE continuing education hours are available on their site: www.txhealthsteps.com

• Texas Medicaid Program: http://www.hhsc.state.tx.us/medicaid/med_info.html
Questions/Comments