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# Texas Health Steps

*Provider Training*

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# Texas Health Steps



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# Overview



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- Early and Periodic Screening, Diagnosis, and Treatment (EPSDT) is a federal program
- EPSDT is Medicaid's comprehensive preventive child health service for children under the age of 21 years

# Overview



Texas' EPSDT program for Medicaid is called Texas Health Steps:

- Providers must be enrolled in the Texas Health Steps program
- The Texas Health Steps periodicity schedule is based on the American Academy of Pediatrics (AAP) schedule (see Volume 2 Section 5 of Texas Medicaid Provider Procedures Manual 2013). The American Academy of Pediatric Dentistry recommendations are used for dental checkups.
- Different timeline expectations for new members to STAR, STAR+PLUS and STAR Health

# Timely Checkup



- Texas Health Steps checkups for Medicaid members are considered timely based on whether member is New or Existing
- If this is a Medicaid member who is newly enrolled with Superior use New expectations
- All other members follow Existing expectations

# Timely Checkup



- Medicaid members that are new to Superior must receive Texas Health Steps checkups at enrollment unless documentation of previous Texas Health Steps checkup is provided:
  - STAR and STAR+PLUS must receive within first 90 days
  - STAR Health (foster care) must receive within first 30 days
    - Does not apply to moving from one placement to another
- Existing members with Superior follow the periodicity schedule (see Volume 2 Section 5.3 of Texas Medicaid Provider Procedures Manual 2013)
  - Members under three (3) years have multiple checkups within each year; 6 outpatient checkups in the 1st year
  - Members over three (3) years have an annual checkup; checkup must occur within 364 days following their birth date

# Timely Checkup



## Exceptions to Periodicity

- Checkups completed outside of periodicity due to extenuating circumstances:
  - Medically necessary – developmental delays, medical concerns, suspected abuse, modifier code SC
  - Mandated services – state or federal requirements, modifier code 32
  - Unusual anesthesia – procedures which usually require no anesthesia or local anesthesia, modifier code 23

# Complete Checkup



## Texas Health Steps checkup includes:

- Comprehensive health and development history (mental and physical)
- Comprehensive unclothed physical exam
- Appropriate immunizations
- Appropriate laboratory tests with documentation
- Health Education including anticipatory guidance
- Dental referral beginning at 6 months of age until a dental home has been established



# Complete Checkup



Age-appropriate screenings may include:

- Nutrition
- Developmental
- Autism
- Mental Health
- Vision and Hearing
- Risk based lab
- Tuberculosis
- Lead
- Sexually Transmitted Diseases

# Complete Checkup



Additional Requirements may include:

- Early Childhood Intervention (ECI)
- Teen Confidentiality Issues
- Texas Vaccines for Children (TVFC)
- Appropriate referrals for covered services: Case Management for Children and Pregnant Women Services; Hearing; Dental; Family Planning; ECI; Women, Infants and Children (WIC)

# Complete Checkup



## Sports Physicals:

- Not the same as a Texas Health Steps checkup
- If child is due for a Texas Health Steps checkup a provider may complete a Texas Health Steps checkup and complete the documentation for a sports physical

# How to Bill



- New client codes: 99381, 99382, 99383, 99384 & 99385
- Established client codes: 99391, 99392, 99393, 99394 & 99395
- Follow-up visit code: 99211
- Diagnosis codes:
  - Z00110 - Routine newborn exam, birth through seven (7) days
  - Z00111 - Routine newborn exam, eight (8) through 28 days
  - Z00129 - Routine child exam
  - Z00121 - Routine child exam, abnormal
  - Z0000 - General adult exam
  - Z0001 - General adult exam, abnormal
- Must include benefit code: EP1
- Must include 2-digit modifier to indicate practitioner: AM, SA, TD, or U7

# How to Bill



- Texas Health Steps checkups in Federally Qualified Health Center (FQHC) and Rural Health Center (RHC) settings require additional codes:
- RHC provider must use national place of service code, 72
- FQHC Provider must use additional 2-digit modifier, EP

# Additional Instructions & Billing Notes



- Laboratory procedures
- Vaccines/toxoids
- Developmental and Autism Screenings
- Oral Evaluation and Fluoride Varnish
- Documentation

# Additional Instructions & Billing Notes



Complete checkup includes mandatory laboratory procedures:

- Follow periodicity schedule, including footnotes
- Department of State Health Services (DSHS) laboratory services are free for Texas Health Steps checkup requirements to all Texas Health Steps-enrolled providers
- DSHS service includes supplies, mailing, shipping and test results:  
<http://www.dshs.state.tx.us/lab/default.shtm>

# Additional Instructions & Billing Notes



## Immunization Requirements:

- Follow Advisory Committee on Immunization Practices (ACIP) Schedule
- Screen for immunization status at each checkup
- Must not refer to local health department for immunizations
- Texas Health Steps Quick Reference Guide (see Volume 2 Section F.1 of Texas Medicaid Provider Procedures Manual 2013) is a useful tool for the appropriate administration code for billing
- Obtain vaccines/toxoids through Texas Vaccines for Children (TVFC):  
[www.dshs.state.tx.us/immunize/tvfc/default.shtm](http://www.dshs.state.tx.us/immunize/tvfc/default.shtm)
- Report all vaccines to Texas Immunization Registry (ImmTrac):  
[www.dshs.state.tx.us/immunize/immtrac/default.shtm](http://www.dshs.state.tx.us/immunize/immtrac/default.shtm)



# Additional Instructions & Billing Notes



## Developmental Screenings:

- Additional reimbursement when using required screening tools
- Developmental Screening needs to be completed with either the Ages and Stages Questionnaire (ASQ) or Parents' Evaluation of Developmental Status (PEDS)
- ASQ is available at <http://agesandstages.com/how-to-order/>
- PEDS is available at [www.pedstest.com/Ordering.aspx](http://www.pedstest.com/Ordering.aspx). The developmental screening uses procedure code 96110 without a modifier.
- Be thoughtful of Early Child Intervention (ECI) for children: [www.dars.state.tx.us/ecis/index.shtml](http://www.dars.state.tx.us/ecis/index.shtml)

# Additional Instructions & Billing Notes



## Autism Screenings:

- Additional reimbursement when using required screening tools
- Autism Screening needs to be completed with the Modified Checklist for Autism in Toddlers (M-CHAT). The M-CHAT is available at: [http://www2.gsu.edu/~psydlr/Diana L. Robins, Ph.D..html](http://www2.gsu.edu/~psydlr/Diana_L_Robins_Ph.D..html). The autism screening uses procedure code 96110 with modifier U6.
- Be thoughtful of Early Child Intervention (ECI) for children: [www.dars.state.tx.us/ecis/index.shtml](http://www.dars.state.tx.us/ecis/index.shtml)

# Additional Instructions & Billing Notes



## Oral Evaluation and Fluoride Varnish:

- To do oral evaluation and fluoride varnish, must be certified by the Department of State Health Services (DSHS)
- Training and registration information:  
[www.dshs.state.tx.us/dental/OEFV\\_Training.shtml](http://www.dshs.state.tx.us/dental/OEFV_Training.shtml)
- In conjunction with Texas Health Steps checkups, bill with procedure code 99429
- Include modifier U5 and the ICD-10 diagnosis codes (to the highest level of specify): Z00110, Z00111, Z00129, Z00121, Z0000 or Z0001
- Must be billed on the same date as procedure code 99381, 99382 or 99383, by the same provider, and is limited to 6 services per lifetime by any provider.

# Additional Instructions & Billing Notes



## Documentation:

- All required components must be documented
- If unable to complete a component must document why not and include plan for completing component
- Follow up visits must document reason(s) for visit and component(s) completed
- Screening tools should include results

# Useful Health Record Forms



- Department of State Health Services (DSHS) developed a health record form for each exam age.
- These forms are not mandatory but can be a useful guide for each mandated component and provide space for important medical notations.
- The instructions and forms are available online:  
<http://www.dshs.state.tx.us/thsteps/forms.shtm>

# Children of Traveling Farm Workers



- Traveling farmworkers travel for seasonal agricultural work and must establish temporary homes
- Children whose parents do traveling farm work may have special needs due to this seasonal travel
- Applies to STAR and STAR+PLUS members under 21 years of age
- Superior will attempt to accelerate any services or benefits to children of traveling farm workers prior to travel season
- A travel packet with helpful information is given to any identified members
- If you identify member as being a child of traveling farmworkers, contact Superior for assistance in acceleration of any services or benefits:  
1-800-783-5386



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# THSteps Checkup vs. Well Child Checkup

## Texas Health Steps and Well Child:

- Uses the same billing codes.
- Follows the AAP periodicity schedule.

## Well Child Checkup

- Includes a head-to-toe checkup for CHIP members free of charge.
- HEDIS measure.

## Texas Health Steps Checkup

- Includes a head-to-toe checkup to Medicaid members including STAR, STAR+PLUS and STAR Health free of charge.
- Requires members receive exam when newly enrolled with Superior or any other MCO.

# Superior Outreach & Resources



- New members receive a member packet along with reminder outreach for initial checkup
- Existing members receive a reminder card and call prior to all checkups
- Infants and young children receive a card with all periodic checkups required in the 1st three years of life



# Superior Outreach & Resources



## Medical Transportation Program (MTP)

- Is designed to serve members that have no other means of transportation for all Medicaid covered services:  
<http://www.dshs.state.tx.us/cshcn/mtp.shtm>
- Requires at least two (2) work days advance notice for most requests
- May also reimburse mileage if the trip is scheduled in advance and follows MTP guidelines
- Superior can assist with coordination of MTP services or make arrangements for transportation

# State Outreach and Informing



- The state's Texas Health Steps Outreach and Informing staff contact newly enrolled Texas Health Steps recipients:
  - To inform them of the services to which they are entitled;
  - To encourage them to use the Texas Health Steps preventive medical and dental checkup services;
  - To provide them with a list of all Texas Health Steps providers in their area, and;
  - To assist them in setting an appointment for a medical and/or dental checkup.
- You can make a referral by phone to that team at: 1-877-THSTEPS (1-877-847-8377).

# Texas Health Steps Provider Outreach Referral Form



- Providers should complete a Texas Health Steps Provider Outreach Referral Form and fax it to MAXIMUS who will then contact recipients.
- This form should be used when a Texas Health Steps patient needs to be seen for a follow-up, needs to have a missed appointment rescheduled, needs assistance scheduling transportation or requires other patient-related outreach services.
- This form is available on the Department of State Health Services website: <http://www.dshs.state.tx.us/thsteps/forms.shtm>
- More information is available through your local regional Texas Health Steps Provider Relations Representative:  
<http://www.dshs.state.tx.us/thsteps/regions.shtm>

# Always Update Contact Information



- Superior makes provider information available online and through quarterly printed directories
- Make sure members know about your changes
- Contact your PR rep to make any changes to your address, phone number, provider listing, or hours of operation
- In accordance to the Medicaid provider agreement, providers need to update information with TMHP within 10 days of the change. Most updates can be made through the TMHP provider portal.

# Other Resources



- The Texas Medicaid Provider Procedures Manual is updated monthly and can be found online at:  
[http://www.tmhp.com/Pages/Medicaid/Medicaid\\_Publications\\_Provider\\_manual.aspx](http://www.tmhp.com/Pages/Medicaid/Medicaid_Publications_Provider_manual.aspx); Children Services Handbook, section 5 for Texas Health Steps
- Texas Health Steps training from The Department of State Health Services is mandatory for Texas Health Steps providers, and FREE continuing education hours are available on their site:  
[www.TXHealthSteps.com](http://www.TXHealthSteps.com)
- Texas Medicaid Program:  
<https://hhs.texas.gov/services/health/medicaid-and-chip>



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# Questions and Answers

*Let us know what we can do to help.*

*Thank you for attending!*

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