

2019 Adopted Clinical Practice Guidelines



Condition/ Disease	Guideline Title	Recognized Source	URL	Date Adopted	QIC Annual Review/ Approval Date
Behavioral Health Practice Guidelines					
Attention-Deficit/Hyperactivity Disorder (ADHD)	Clinical Practice Guideline for the Diagnosis, Evaluation, and Treatment of Attention-Deficit/Hyperactivity Disorder in Children and Adolescents. Subcommittee on Attention-Deficit/Hyperactivity Disorder; Steering Committee on Quality Improvement and Management. Pediatrics. Pediatrics; originally published online October 16, 2011; DOI: 0.1542/peds.2011-2654 Attention Deficit Hyperactive Disorder (ADHD)	American Academy of Pediatrics (AAP)	http://pediatrics.aappublications.org/content/early/2011/10/14/peds.2011-2654.full.pdf+html	10/2011	9/2019
	Practice Parameter for the Assessment and Treatment of Children and Adolescents with Attention-Deficit/Hyperactivity Disorder, Volume 46, Issue 7, July 2007	The American Academy of Child and Adolescent Psychiatry (AACAP)	http://www.jaacap.com/article/S0890-8567(09)62182-1/abstract	3/2013	9/2019
	Attention Deficit/ Hyperactivity Disorder (ADHD)	Centers for Disease Control and Prevention (CDC)	https://www.cdc.gov/ncbddd/adhd/guidelines.html	8/31/17	9/2019
	Attention Deficit Hyperactivity Disorder	National Institute of Mental Health	https://www.nimh.nih.gov/health/topics/attention-deficit-hyperactivity-disorder-adhd/index.shtml	3/2016	9/2019

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Major Depressive Disorder (MDD)	American Psychiatric Association (APA) Practice Guideline for the Treatment of Patients With Major Depressive Disorder. Third Edition.	APA	http://psychiatryonline.org/pb/assets/raw/sitewide/practice_guidelines/guidelines/mdd.pdf	12/2013	9/2019
	Department of Veterans Affairs/Department of Defense (VA/DoD) Clinical Practice Guideline for the Management of Major Depressive Disorder Version 3.0 - 2016	VA/DoD	https://www.healthquality.va.gov/guidelines/MH/mdd/VADoDMDD_CPGFINAL82916.pdf	2016	9/2019
	APA Releases Guideline on Treatment of Patients with Major Depressive Disorder	American Family Physician	https://www.aafp.org/afp/2011/0515/p1219.html	5/2011	9/2019
	Nonpharmacologic Versus Pharmacologic Treatment of Adult Patients with Major Depressive Disorder: A Clinical Practice Guideline from the American College of Physicians	Annals of Internal Medicine	http://annals.org/aim/fullarticle/2490527/nonpharmacologic-versus-pharmacologic-treatment-adult-patients-major-depressive-disorder-clinical	2/2016	9/2019
Bipolar Disorder	American Psychiatric Association (APA) Practice Guideline For The Treatment of Patients with Bipolar Disorder” Second Edition, 2002.	APA	http://psychiatryonline.org/pb/assets/raw/sitewide/practice_guidelines/guidelines/bipolar.pdf	4/2002	9/2019
Schizophrenia	American Psychiatric Association (APA) Practice Guideline for: “The Treatment of Patients with Schizophrenia” Second Edition, 2004.	American Psychiatric Association (APA)	http://psychiatryonline.org/pb/assets/raw/sitewide/practice_guidelines/guidelines/schizophrenia.pdf	4/2018	9/2019

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Autism	Autism A.L.A.R.M.	Center for Disease Control and American Academy of Pediatrics	https://www.cdc.gov/ncbddd/autism/hcp-recommendations.html	4/2012	9/2019
	Texas Children’s Hospital Evidence-Based Outcomes Center Screening and Diagnosis of Autism Spectrum Disorder (ASD)	Texas Children’s Hospital	https://www.texaschildrens.org/sites/default/files/uploads/documents/outcomes/standards/Autism%20Guideline_Jan2018.pdf	1/2018	9/2019
Disease Management Practice Guidelines					
Heart Failure	Involve People Care Health and Wellness	Involve PeopleCare and Wellness website	http://envolvepeoplecare.com/ (providers may request Involve PeopleCare specific practice guidelines though this link)	12/2013	9/2019
	2017 ACC/AHA/HFSA Focused Update Guideline for the Management of Heart Failure	American College of Cardiology	http://www.acc.org/latest-in-cardiology/ten-points-to-remember/2017/04/27/15/50/2017-acc-aha-hfsa-focused-update-of-hf-guideline	4/2017	9/2019
Coronary Artery Disease	Involve PeopleCare Health and Wellness	Involve PeopleCare and Wellness website	http://envolvepeoplecare.com/ (providers may request Involve PeopleCare specific practice guidelines though this link)	12/2013	9/2019
Chronic Obstructive Pulmonary Disease (COPD)	Involve PeopleCare Health and Wellness	Involve PeopleCare Health and Wellness website	http://envolvepeoplecare.com/ (providers may request Involve PeopleCare specific practice guidelines though this link)	3/2015	9/2019
		American Family Physician	https://www.aafp.org/afp/2013/1115/p655.html	11/2013	9/2019

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	Treatment of Stable Chronic Obstructive Pulmonary Disease: the GOLD Guidelines				
Pain Management/Substance Abuse Guidelines					
Pain Management	Methadone for Pain Management: Improving Clinical Decision Making	American Academy of Pain Medicine	http://www.painmed.org/library/clinical-guidelines/	4/2018	9/2019
	Use of Opioids for the Treatment of Chronic Pain	American Academy of Pain Medicine	http://www.painmed.org/files/use-of-opioids-for-the-treatment-of-chronic-pain.pdf	4/2018	9/2019
	Medical Treatment Utilization Schedule Proposed Regulations	National Institute of Health	https://report.nih.gov/NIHfactsheets/Pdfs/PainManagement(NINR).pdf	4/2018	9/2019
Substance Abuse	National Institute of Drug Abuse (NACDA) Guidelines for Substance Abuse Research Involving Children and Adolescents	NACDA	https://www.drugabuse.gov/funding/clinical-research/nacda-guidelines-substance-abuse-research-involving-children-adolescents	4/2018	9/2019
	Center for Disease Control (CDC) Guideline for Prescribing Opioids for Chronic Pain – United States 2016	CDC	https://www.cdc.gov/media/modules/dpk/2016/dpk-pod/rr6501e1er-ebook.pdf	4/2018	9/2019
	Guideline on Mental Health and Substance Abuse	World Health Organization	http://www.who.int/publications/guidelines/mental_health/en/	4/2018	9/2019

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	Treating Substance Use Disorders – A Quick Reference Guide	American Psychiatric Association	https://psychiatryonline.org/pb/assets/raw/sitewide/practice_guidelines/guidelines/substanceuse-guide.pdf	4/2018	9/2019
Practice Guidelines					
Asthma	Expert Panel Report 3: Guidelines for the Diagnosis and Management of Asthma (July 2007) & Full Report Change Page (August 2008).	U.S. Department of Health and Human Services National Institute of Health; National Heart, Lung, and Blood Institute	https://www.ncbi.nlm.nih.gov/books/NBK7232/	7/1997	9/2019
	New Approaches for Monitoring Asthma Control, Expanded Recommendations for Children (August 2007)	National Asthma Education and Prevention Program National Institutes of Health National Institutes of Health (NIH)	http://www.nih.gov/news-events/news-releases/national-asthma-guidelines-updated	8/2007	9/2019
	Centers for Disease Control and Prevention (CDC) - Asthma.	CDC website	http://www.cdc.gov/asthma/default.htm	12/2013	9/2019

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Sickle Cell	Evidence-Based Management of Sickle Cell Disease. Expert Panel Review, 2014	National Institutes of Health; National Heart, Lung, and Blood Institute	https://www.nhlbi.nih.gov/health-topics/evidence-based-management-sickle-cell-disease	9/2014	9/2019
	TX Department of State Health Services (DSHS), Hemoglobinopathies	DSHS	http://www.dshs.texas.gov/newborn/expandprofessional.shtm	5/2015	9/2019
Diabetes	American Diabetes Association (ADA) 2019 Standards of Medical Care in Diabetes	ADA	https://care.diabetesjournals.org/content/42/Supplement_1/S1 https://www.dshs.texas.gov/TDCtoolkit.asp	1/2019	9/2019
	Texas Diabetes Council (TDC) Diabetes council Toolkit	TDC	https://www.dshs.texas.gov/TDCtoolkit.asp	Updated 2018	9/2019
Pharyngitis	Clinical Infectious Disease Advance Access; Clinical Practice Guideline for the Diagnosis and Management of Group A Streptococcal Pharyngitis: 2012 Update by the Infectious Diseases Society of America.	Infectious Disease Society of America	http://cid.oxfordjournals.org/content/early/2012/09/06/cid.cis629.full	11/2012	9/2019
	Institute for Clinical Systems Improvement (ICSI).Health Care Guideline: Diagnosis and Treatment of Respiratory Illness in Children and Adults. 4th Edition, January 2013.	ICSI	https://www.icsi.org/guidelines-more/catalog_guidelines_and_more/catalog_guidelines/catalog_respiratory_guidelines/respiratory_illness/	9/2017	9/2019
		CDC			9/2019

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	Centers for Disease Control and Prevention (CDC), Treatment Guidelines for Upper Respiratory Tract Infections. Last updated April 2015.		http://www.cdc.gov/getsmart/community/for-hcp/outpatient-hcp/index.html	4/2015	
Preventive Health Practice Guidelines					
Perinatal Care	Guidelines for Perinatal Care, Eighth Edition (2017)	The American College of Obstetricians and Gynecologists. (ACOG)	https://shop.aap.org/guidelines-for-perinatal-care-8th-edition-paperback/?gclid=EAlaIQobChMI4qPiju3f5AIVSr7ACh3MqgneEAYASAAEqJNvvd_BwE (Hard Copy upon request. Available online for ACOG members only)	12/2015	9/2019
Lead Toxicity Prevention (Testing and Screening)	Centers for Disease Control (CDC) and Prevention. Agency for Toxic Substances & Disease Registry (ATSDR). March 2011.	CDC	https://www.atsdr.cdc.gov/substances/toxsubstance.asp?toxid=22	3/2015	9/2019
	Centers for Disease Control and Prevention (CDC): Lead information website	CDC	http://www.cdc.gov/nceh/lead/default.htm	12/2017	9/2019
	Texas Department of State Health Services. Blood Lead Surveillance Group. Last updated December 8, 2016. <ul style="list-style-type: none"> Resources Texas Childhood Lead Poisoning Prevention Program (TXCLPPP). For Providers: Forms; Literature & Publications; Screening & 	Texas Department of State Health Services (DSHS)	http://www.dshs.state.tx.us/lead/default.shtm	1/2018	9/2019

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	<p>Testing; Reporting Laws & Administrative Code.</p> <p>Texas Secretary of State: Texas Register. Texas Administrative Code: Title 25 Health Services; Part 1 Department of State Health Services; Chapter 37 Maternal and Infant Health Services; Subchapter Q Reporting, Treatment and Investigation of Child Blood Lead Levels. August 28, 2008.</p> <p>Texas Secretary of State: Texas Register. Texas Administrative Code (TAC): Title 25; Part 1 Department of State Health Services; Chapter 99 Occupational Diseases; Rule §99.1 General Provisions. August 7, 2012.</p>	TAC	<p>http://texreg.sos.state.tx.us/public/readtac\$ext.ViewTAC?tac_view=5&ti=25&pt=1&ch=37&sch=Q&rl=Y</p> <p>http://texreg.sos.state.tx.us/public/readtac\$ext.ViewTAC?tac_view=4&ti=25&pt=1&ch=99&rl=Y</p>	<p>8/2008</p> <p>8/2012</p>	<p>9/2019</p> <p>9/2019</p>
Childhood Obesity	<p>American Academy of Pediatrics (AAP). Active Healthy Living: Prevention of Childhood Obesity Through Increased Physical Activity. A statement of reaffirmation published on February 1, 2010.</p> <p>The US Preventive Services Task Force (USPSTF), Screening for Obesity in Children and Adolescents: US Preventive Services Task Force Recommendation Statement. PEDIATRICS Volume 125, Number 2, February 2010.</p> <p>Center for Disease Control (CDC) and Prevention. Adolescent and School Health, Childhood Obesity Facts.</p>	<p>AAP</p> <p>USPSTF</p> <p>CDC</p>	<p>http://pediatrics.aappublications.org/content/117/5/1834.full</p> <p>http://pediatrics.aappublications.org/content/pediatrics/early/2010/01/18/peds.2009-2037.full.pdf</p> <p>http://www.cdc.gov/healthyouth/obesity/facts.htm</p>	<p>8/2009</p> <p>2/2010</p> <p>1/2018</p>	<p>9/2019</p> <p>9/2019</p> <p>9/2019</p>

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	National Committee for Quality assurance (NCQA) Standards: Weight Assessment and Counseling for Nutrition and Physical Activity for Children/Adolescents (WCC)	NCQA	https://www.ncqa.org/hedis/measures/weight-assessment-and-counseling-for-nutrition-and-physical-activity-for-children-adolescents/	2018	9/2019
Immunizations	Adult Immunization Schedule, United States 2016.	Centers for Disease Control and Prevention (CDC)	http://www.cdc.gov/vaccines/schedules/hcp/adult.html	12/2013	9/2019
	Birth-18 Years & "Catch-up" Immunization Schedules, United States, 2016.		http://www.cdc.gov/vaccines/schedules/hcp/child-adolescent.html	5/2018	9/2019
Pediatric Preventive Care	Centers for Medicaid and Medicare Services (CMS). Early Periodic Screening Diagnosis & Treatment.	CMS	https://www.cms.gov/Regulations-and-Guidance/Guidance/Manuals/Paper-Based-Manuals-Items/CMS021927.html	12/2013	9/2019
	Texas Medicaid - Texas Health Steps website.	Texas Medicaid and Healthcare Partnership (TMHP)	http://www.tmhp.com/Pages/Medicaid/Medicaid_THSteps_Program_Info.aspx	2013	9/2019
	Superior HealthPlan.	Texas Health Steps Resources	https://www.superiorhealthplan.com/providers/resources/quality-improvement/hedis.html	2013	9/2019

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Adult Preventive Care	Guide to Clinical Preventive Service, 2014: Recommendations of the U.S. Preventive Services Task Force.	Agency for Healthcare Research and Quality (AHRQ)	http://www.ahrq.gov/professionals/clinicians-providers/guidelines-recommendations/guide/	6/2014	9/2019
	U.S. Preventive Services Task Force (USPSTF) (Publication dates vary).	USPSTF	https://www.uspreventiveservice.org/BrowseRec/Index	3/2018	9/2019
	USPSTF A and B Recommendations, June 2016.	USPSTF	https://www.uspreventiveservice.org/Page/Name/uspstf-a-and-b-recommendations/	1/2016	9/2019
	USPSTF Final Recommendation Statement: Breast Cancer Screening	USPSTF	https://www.uspreventiveservice.org/Page/Document/RecommendationStatementFinal/breast-cancer-screening1	12/2013	9/2019
	American Cancer Society (ACS) Guidelines for the Early Detection of Cancer (Last Medical Review: 03/11/2015 Last Revised: 7/26/2016).	ACS	https://www.cancer.org/healthy/find-cancer-early/cancer-screening-guidelines.html	12/2013	9/2019

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	Women's HealthCare	American College of Obstetricians and Gynecologists	https://www.acog.org/About-ACOG/ACOG-Departments/Deliveries-Before-39-Weeks/ACOG-Clinical-Guidelines	9/2018	9/2019
	Numerous Clinical Topics	American Academy of Family Physicians	https://www.aafp.org/patient-care/browse/all-recommendations-topic.html	9/2018	9/2019
	CDC "Morbidity and Mortality Weekly Report (MMWR)"	CDC	http://www.cdc.gov/mmwr/		9/2019
Fall Prevention					
	Fall prevention: Evidence-based geriatric nursing protocols for best practice	Guideline Central/ Hartford Institute for Geriatric Nursing	https://www.guidelinecentral.com/share/summary/52d560e003910	2019	9/2019
	Falls: assessment and prevention of falls in older people	Guideline Central/National Institute for Health and Care Excellence (NICE)	https://www.guidelinecentral.com/share/summary/54b817fbeca7e	2019	9/2019

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Urinary Incontinence					
	Urinary incontinence in the long term care setting	Guideline Central/American Medical Directors Association	https://www.guidelinecentral.com/share/summary/52d560e003910	2019	9/2019
	Nonsurgical management of urinary incontinence in women: a clinical practice guideline from the American College of Physicians	Guideline Central/American College of Physicians	https://www.guidelinecentral.com/share/summary/54b817fbeca7e	2019	9/2019