

# 2018 Adopted Clinical Practice Guidelines



Condition/ Disease	Guideline Title	Recognized Source	URL	Date Adopted	QIC Annual Review/ Approval Date
<b>Behavioral Health Practice Guidelines</b>					
<b>Attention-Deficit/Hyperactivity Disorder (ADHD)</b>	Clinical Practice Guideline for the Diagnosis, Evaluation, and Treatment of Attention-Deficit/Hyperactivity Disorder in Children and Adolescents. Subcommittee on Attention-Deficit/Hyperactivity Disorder; Steering Committee on Quality Improvement and Management. Pediatrics. Pediatrics; originally published online October 16, 2011; DOI: 0.1542/peds.2011-2654 Attention Deficit Hyperactive Disorder (ADHD)	American Academy of Pediatrics (AAP)	<a href="http://pediatrics.aappublications.org/content/early/2011/10/14/peds.2011-2654.full.pdf+html">http://pediatrics.aappublications.org/content/early/2011/10/14/peds.2011-2654.full.pdf+html</a>	10/2011	4/2018
	Practice Parameter for the Assessment and Treatment of Children and Adolescents with Attention-Deficit/Hyperactivity Disorder, Volume 46 July 2007	The American Academy of Child and Adolescent Psychiatry (AACAP)	<a href="http://www.jaacap.com/article/S0890-8567(09)62182-1/abstract">http://www.jaacap.com/article/S0890-8567(09)62182-1/abstract</a>	3/2013	4/2018
	Attention Deficit/ Hyperactivity Disorder (ADHD)	Centers for Disease Control and Prevention (CDC)	<a href="https://www.cdc.gov/ncbddd/adhd/guidelines.html">https://www.cdc.gov/ncbddd/adhd/guidelines.html</a>	8/31/17	4/2018
	Attention Deficit Hyperactivity Disorder	National Institute of Mental Health	<a href="https://www.nimh.nih.gov/health/topics/attention-deficit-hyperactivity-disorder-adhd/index.shtml">https://www.nimh.nih.gov/health/topics/attention-deficit-hyperactivity-disorder-adhd/index.shtml</a>	3/2016	4/2018

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<b>Major Depressive Disorder (MDD)</b>	American Psychiatric Association (APA) Practice Guideline for the Treatment of Patients With Major Depressive Disorder. Third Edition.	APA	<a href="http://psychiatryonline.org/pb/assets/raw/sitewide/practice_guidelines/guidelines/mdd.pdf">http://psychiatryonline.org/pb/assets/raw/sitewide/practice_guidelines/guidelines/mdd.pdf</a>	12/2013	4/2018
	Department of Veterans Affairs/Department of Defense (VA/DoD) Clinical Practice Guideline for the Management of Major Depressive Disorder Version 3.0 - 2016	VA/DoD	<a href="https://www.healthquality.va.gov/guidelines/MH/mdd/VADoDMDD_CPGFINAL82916.pdf">https://www.healthquality.va.gov/guidelines/MH/mdd/VADoDMDD_CPGFINAL82916.pdf</a>	2016	4/2018
	APA Releases Guideline on Treatment of Patients with Major Depressive Disorder	American Family Physician	<a href="https://www.aafp.org/afp/2011/0515/p1219.html">https://www.aafp.org/afp/2011/0515/p1219.html</a>	5/2011	4/2018
	Nonpharmacologic Versus Pharmacologic Treatment of Adult Patients with Major Depressive Disorder: A Clinical Practice Guideline from the American College of Physicians	Annals of Internal Medicine	<a href="http://annals.org/aim/fullarticle/2490527/nonpharmacologic-versus-pharmacologic-treatment-adult-patients-major-depressive-disorder-clinical">http://annals.org/aim/fullarticle/2490527/nonpharmacologic-versus-pharmacologic-treatment-adult-patients-major-depressive-disorder-clinical</a>	2/2016	4/2018
<b>Bipolar Disorder</b>	American Psychiatric Association (APA) Practice Guideline For The Treatment of Patients with Bipolar Disorder” Second Edition, 2002.	APA	<a href="http://psychiatryonline.org/pb/assets/raw/sitewide/practice_guidelines/guidelines/bipolar.pdf">http://psychiatryonline.org/pb/assets/raw/sitewide/practice_guidelines/guidelines/bipolar.pdf</a>	4/2002	4/2018

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<b>Schizophrenia</b>	American Psychiatric Association (APA) Practice Guideline for: "The Treatment of Patients with Schizophrenia" Second Edition, 2004.	American Psychiatric Association (APA)	<a href="http://psychiatryonline.org/pb/assets/raw/sitewide/practice_guidelines/guidelines/schizophrenia.pdf">http://psychiatryonline.org/pb/assets/raw/sitewide/practice_guidelines/guidelines/schizophrenia.pdf</a>	4/2018	4/2018
<b>Autism</b>	Autism A.L.A.R.M.	Center for Disease Control and American Academy of Pediatrics	<a href="https://www.cdc.gov/ncbddd/autism/hcp-recommendations.html">https://www.cdc.gov/ncbddd/autism/hcp-recommendations.html</a>	4/2012	4/2018
	Texas Children's Hospital Evidence-Based Outcomes Center Screening and Diagnosis of Autism Spectrum Disorder (ASD)	Texas Children's	<a href="https://www.texaschildrens.org/sites/default/files/uploads/documents/outcomes/standards/Autism%20Guideline_Jan2018.pdf">https://www.texaschildrens.org/sites/default/files/uploads/documents/outcomes/standards/Autism%20Guideline_Jan2018.pdf</a>	1/2018	4/2018
<b>Disease Management Practice Guidelines</b>					
<b>Heart Failure</b>	Envolve People Care Health and Wellness	Envolve PeopleCare and Wellness website	<a href="http://envolvepeoplecare.com/">http://envolvepeoplecare.com/</a> (providers may request Envolve PeopleCare specific practice guidelines through this link)	12/2013	4/2018
	2017 ACC/AHA/HFSA Focused Update Guideline for the Management of Heart Failure	American College of Cardiology	<a href="http://www.acc.org/latest-in-cardiology/ten-points-to-remember/2017/04/27/15/50/2017-acc-aha-hf-fsa-focused-update-of-hf-guideline">http://www.acc.org/latest-in-cardiology/ten-points-to-remember/2017/04/27/15/50/2017-acc-aha-hf-fsa-focused-update-of-hf-guideline</a>	4/2017	4/2018

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<b>Coronary Artery Disease</b>	Involve PeopleCare Health and Wellness	Involve PeopleCare and Wellness website	<a href="http://envolvepeoplecare.com/">http://envolvepeoplecare.com/</a> (providers may request Involve PeopleCare specific practice guidelines though this link)	12/2013	4/2018
<b>Chronic Obstructive Pulmonary Disease (COPD)</b>	Involve PeopleCare Health and Wellness	Involve PeopleCare Health and Wellness website	<a href="http://envolvepeoplecare.com/">http://envolvepeoplecare.com/</a> (providers may request Involve PeopleCare specific practice guidelines though this link)	3/2015	4/2018
	Treatment of Stable Chronic Obstructive Pulmonary Disease: the GOLD Guidelines	American Family Physician	<a href="https://www.aafp.org/afp/2013/1115/p655.html">https://www.aafp.org/afp/2013/1115/p655.html</a>	11/2013	4/2018
<b>Pain Management/Substance Abuse Guidelines</b>					
<b>Pain Management</b>	Methadone for Pain Management: Improving Clinical Decision Making	American Academy of Pain Medicine	<a href="http://www.painmed.org/library/clinical-guidelines/">http://www.painmed.org/library/clinical-guidelines/</a>	4/2018	4/2018
	Use of Opioids for the Treatment of Chronic Pain	American Academy of Pain Medicine	<a href="http://www.painmed.org/files/use-of-opioids-for-the-treatment-of-chronic-pain.pdf">http://www.painmed.org/files/use-of-opioids-for-the-treatment-of-chronic-pain.pdf</a>	4/2018	4/2018
	Medical Treatment Utilization Schedule Proposed Regulations	National Institute of Health	<a href="https://report.nih.gov/NIHfactsheets/Pdfs/PainManagement(NINR).pdf">https://report.nih.gov/NIHfactsheets/Pdfs/PainManagement(NINR).pdf</a>	4/2018	4/2018
<b>Substance Abuse</b>	National Institute of Drug Abuse (NACDA) Guidelines for Substance Abuse Research Involving Children and Adolescents	NACDA	<a href="https://www.drugabuse.gov/funding/clinical-research/nacda-guidelines-substance-abuse-research-involving-children-adolescents">https://www.drugabuse.gov/funding/clinical-research/nacda-guidelines-substance-abuse-research-involving-children-adolescents</a>	4/2018	4/2018

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	Center for Disease Control (CDC) Guideline for Prescribing Opioids for Chronic Pain – United States 2016	CDC	<a href="https://www.cdc.gov/media/modules/dpk/2016/dpk-pod/rr6501e1er-ebook.pdf">https://www.cdc.gov/media/modules/dpk/2016/dpk-pod/rr6501e1er-ebook.pdf</a>	4/2018	4/2018
	Guideline on Mental Health and Substance Abuse	World Health Organization	<a href="http://www.who.int/publications/guidelines/mental_health/en/">http://www.who.int/publications/guidelines/mental_health/en/</a>	4/2018	4/2018
	Treating Substance Use Disorders – A Quick Reference Guide	American Psychiatric Association	<a href="https://psychiatryonline.org/pb/assets/raw/sitewide/practice_guidelines/guidelines/substanceuse-guide.pdf">https://psychiatryonline.org/pb/assets/raw/sitewide/practice_guidelines/guidelines/substanceuse-guide.pdf</a>	4/2018	4/2018
<b>Practice Guidelines</b>					
<b>Asthma</b>	Expert Panel Report 3: Guidelines for the Diagnosis and Management of Asthma (July 2007) & Full Report Change Page (August 2008).	U.S. Department of Health and Human Services National Institute of Health; National Heart, Lung, and Blood Institute	<a href="https://www.nhlbi.nih.gov/files/docs/guidelines/asthgdln.pdf">https://www.nhlbi.nih.gov/files/docs/guidelines/asthgdln.pdf</a>	7/1997	4/2018
	New Approaches for Monitoring Asthma Control, Expanded Recommendations for Children (August 2007)	National Asthma Education and Prevention Program National Institutes of Health National Institutes of Health (NIH)	<a href="http://www.nih.gov/news-events/news-releases/national-asthma-guidelines-updated">http://www.nih.gov/news-events/news-releases/national-asthma-guidelines-updated</a>	8/2007	4/2018
	Centers for Disease Control and Prevention (CDC) - Asthma.	CDC website	<a href="http://www.cdc.gov/asthma/default.htm">http://www.cdc.gov/asthma/default.htm</a>	12/2013	4/2018

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<b>Sickle Cell</b>	Evidence-Based Management of Sickle Cell Disease. Expert Panel Review, 2014	National Institutes of Health; National Heart, Lung, and Blood Institute	<a href="https://www.nhlbi.nih.gov/health-topics/evidence-based-management-sickle-cell-disease">https://www.nhlbi.nih.gov/health-topics/evidence-based-management-sickle-cell-disease</a>	9/2014	4/2018
	TX Department of State Health Services (DSHS), Hemoglobinopathies	DSHS	<a href="http://www.dshs.texas.gov/newborn/expandprofessional.shtm">http://www.dshs.texas.gov/newborn/expandprofessional.shtm</a>	5/2015	4/2018
<b>Diabetes</b>	American Diabetes Association (ADA) Releases 2018 Standards of Medical Care in Diabetes, with Notable New Recommendations for People with Cardiovascular Disease and Diabetes	ADA	<a href="http://www.diabetes.org/newsroom/press-releases/2017/american-diabetes-association-2018-release-standards-of-medical-care-in-diabetes.html">http://www.diabetes.org/newsroom/press-releases/2017/american-diabetes-association-2018-release-standards-of-medical-care-in-diabetes.html</a>	12/2017	4/2018
	Texas Diabetes Council (TDC) Diabetes council Toolkit	TDC	<a href="http://www.tdctoolkit.org">http://www.tdctoolkit.org</a>	Updated 2018	4/2018
<b>Pharyngitis</b>	Clinical Infectious Disease Advance Access; Clinical Practice Guideline for the Diagnosis and Management of Group A Streptococcal Pharyngitis: 2012 Update by the Infectious Diseases Society of America.	Infectious Disease Society of America	<a href="http://cid.oxfordjournals.org/content/early/2012/09/06/cid.cis629.full">http://cid.oxfordjournals.org/content/early/2012/09/06/cid.cis629.full</a>	11/2012	4/2018
	Institute for Clinical Systems Improvement (ICSI).Health Care Guideline: Diagnosis and Treatment of Respiratory Illness in Children and Adults. 4th Edition, January 2013.	ICSI	<a href="https://www.icsi.org/guidelines-more/catalog_guidelines_and_more/catalog_guidelines/catalog_respiratory_guidelines/respiratory_illness/">https://www.icsi.org/guidelines-more/catalog_guidelines_and_more/catalog_guidelines/catalog_respiratory_guidelines/respiratory_illness/</a>	9/2017	4/2018
		CDC		4/2015	4/2018

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	Centers for Disease Control and Prevention (CDC), Treatment Guidelines for Upper Respiratory Tract Infections. Last updated April 2015.		<a href="http://www.cdc.gov/getsmart/community/for-hcp/outpatient-hcp/index.html">http://www.cdc.gov/getsmart/community/for-hcp/outpatient-hcp/index.html</a>		
<b>Preventive Health Practice Guidelines</b>					
<b>Perinatal Care</b>	Guidelines for Perinatal Care, Seventh Edition (2012).	The American College of Obstetricians and Gynecologists. (ACOG)	<a href="http://sales.acog.org/Guidelines-for-Perinatal-Care-Seventh-Edition-P262.aspx">http://sales.acog.org/Guidelines-for-Perinatal-Care-Seventh-Edition-P262.aspx</a> (Hard Copy upon request. Available online for ACOG members only)	12/2015	4/2018
<b>Lead Toxicity Prevention (Testing and Screening)</b>	Centers for Disease Control (CDC) and Prevention. Agency for Toxic Substances & Disease Registry (ATSDR). March 2011.	CDC	<a href="https://www.atsdr.cdc.gov/substances/toxsubstance.asp?toxid=22">https://www.atsdr.cdc.gov/substances/toxsubstance.asp?toxid=22</a>	3/2015	4/2018
	Centers for Disease Control and Prevention (CDC): Lead information website	CDC	<a href="http://www.cdc.gov/nceh/lead/default.htm">http://www.cdc.gov/nceh/lead/default.htm</a>	12/2017	4/2018
	Texas Department of State Health Services. Blood Lead Surveillance Group. Last updated December 8, 2016. <ul style="list-style-type: none"> <li>Resources</li> <li>Texas Childhood Lead Poisoning Prevention Program (TXCLPPP).</li> <li>For Providers: Forms; Literature &amp; Publications; Screening &amp;</li> </ul>	Texas Department of State Health Services (DSHS)	<a href="http://www.dshs.state.tx.us/lead/default.shtm">http://www.dshs.state.tx.us/lead/default.shtm</a>	1/2018	4/2018

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	<p>Testing; Reporting Laws &amp; Administrative Code.</p> <p>Texas Secretary of State: Texas Register. Texas Administrative Code: Title 25 Health Services; Part 1 Department of State Health Services; Chapter 37 Maternal and Infant Health Services; Subchapter Q Reporting, Treatment and Investigation of Child Blood Lead Levels. August 28, 2008.</p> <p>Texas Secretary of State: Texas Register. Texas Administrative Code (TAC): Title 25; Part 1 Department of State Health Services; Chapter 99 Occupational Diseases; Rule §99.1 General Provisions. August 7, 2012.</p>	TAC	<p><a href="http://texreg.sos.state.tx.us/public/readtac\$ext.ViewTAC?tac_view=5&amp;ti=25&amp;pt=1&amp;ch=37&amp;sch=Q&amp;rl=Y">http://texreg.sos.state.tx.us/public/readtac\$ext.ViewTAC?tac_view=5&amp;ti=25&amp;pt=1&amp;ch=37&amp;sch=Q&amp;rl=Y</a></p> <p><a href="http://texreg.sos.state.tx.us/public/readtac\$ext.ViewTAC?tac_view=4&amp;ti=25&amp;pt=1&amp;ch=99&amp;rl=Y">http://texreg.sos.state.tx.us/public/readtac\$ext.ViewTAC?tac_view=4&amp;ti=25&amp;pt=1&amp;ch=99&amp;rl=Y</a></p>	<p>8/2008</p> <p>8/2012</p>	<p>4/2018</p> <p>4/2018</p>
<b>Childhood Obesity</b>	<p>American Academy of Pediatrics (AAP). Active Healthy Living: Prevention of Childhood Obesity Through Increased Physical Activity. A statement of reaffirmation published on February 1, 2010.</p> <p>The US Preventive Services Task Force (USPSTF), Screening for Obesity in Children and Adolescents: US Preventive Services Task Force Recommendation Statement. PEDIATRICS Volume 125, Number 2, February 2010.</p>	<p>AAP</p> <p>USPSTF</p> <p>CDC</p>	<p><a href="http://pediatrics.aappublications.org/content/117/5/1834.full">http://pediatrics.aappublications.org/content/117/5/1834.full</a></p> <p><a href="http://pediatrics.aappublications.org/content/pediatrics/early/2010/01/18/peds.2009-2037.full.pdf">http://pediatrics.aappublications.org/content/pediatrics/early/2010/01/18/peds.2009-2037.full.pdf</a></p> <p><a href="http://www.cdc.gov/healthyyouth/obesity/facts.htm">http://www.cdc.gov/healthyyouth/obesity/facts.htm</a></p>	<p>8/2009</p> <p>2/2010</p> <p>1/2018</p>	<p>4/2018</p> <p>4/2018</p> <p>4/2018</p>



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	Center for Disease Control (CDC) and Prevention. Adolescent and School Health, Childhood Obesity Facts.  National Committee for Quality assurance (NCQA) Standards: Weight Assessment and Counseling for Nutrition and Physical Activity for Children/Adolescents (WCC)	NCQA	<a href="http://www.ncqa.org/report-cards/health-plans/state-of-health-care-quality/2017-table-of-contents/weight-assessment">http://www.ncqa.org/report-cards/health-plans/state-of-health-care-quality/2017-table-of-contents/weight-assessment</a>	2017	4/2018
<b>Immunizations</b>	Adult Immunization Schedule, United States 2016.	Centers for Disease Control and Prevention (CDC)	<a href="http://www.cdc.gov/vaccines/schedules/hcp/adult.html">http://www.cdc.gov/vaccines/schedules/hcp/adult.html</a>	12/2013	4/2018
	Birth-18 Years & "Catch-up" Immunization Schedules, United States, 2016.		<a href="http://www.cdc.gov/vaccines/schedules/hcp/child-adolescent.html">http://www.cdc.gov/vaccines/schedules/hcp/child-adolescent.html</a>	5/2018	4/2018
<b>Pediatric Preventive Care</b>	Centers for Medicaid and Medicare Services (CMS). Early Periodic Screening Diagnosis & Treatment.	CMS	<a href="https://www.cms.gov/Regulations-and-Guidance/Guidance/Manuals/Paper-Based-Manuals-Items/CMS021927.html">https://www.cms.gov/Regulations-and-Guidance/Guidance/Manuals/Paper-Based-Manuals-Items/CMS021927.html</a>	12/2013	4/2018
	Texas Medicaid - Texas Health Steps website.	Texas Medicaid and Healthcare Partnership (TMHP)	<a href="http://www.tmhp.com/Pages/Medicaid/Medicaid_THSteps_Program_Info.aspx">http://www.tmhp.com/Pages/Medicaid/Medicaid_THSteps_Program_Info.aspx</a>	2013	4/2018
	Superior HealthPlan.	Texas Health Steps Resources	<a href="https://www.superiorhealthplan.com/providers/resources/quality-improvement/hedis.html">https://www.superiorhealthplan.com/providers/resources/quality-improvement/hedis.html</a>	2013	4/2018

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<b>Adult Preventive Care</b>	Guide to Clinical Preventive Service, 2014: Recommendations of the U.S. Preventive Services Task Force.	Agency for Healthcare Research and Quality (AHRQ)	<a href="http://www.ahrq.gov/professionals/clinicians-providers/guidelines-recommendations/guide/">http://www.ahrq.gov/professionals/clinicians-providers/guidelines-recommendations/guide/</a>	6/2014	4/2018
	U.S. Preventive Services Task Force (USPSTF) (Publication dates vary).	USPSTF	<a href="https://www.uspreventiveservicestaskforce.org/BrowseRec/Index">https://www.uspreventiveservicestaskforce.org/BrowseRec/Index</a>	3/2018	4/2018
	USPSTF A and B Recommendations, June 2016.		<a href="https://www.uspreventiveservicestaskforce.org/Page/Name/uspstf-a-and-b-recommendations/">https://www.uspreventiveservicestaskforce.org/Page/Name/uspstf-a-and-b-recommendations/</a>	1/2016	4/2018
	USPSTF Final Recommendation Statement: Breast Cancer Screening		<a href="https://www.uspreventiveservicestaskforce.org/Page/Document/RecommendationStatementFinal/breast-cancer-screening1">https://www.uspreventiveservicestaskforce.org/Page/Document/RecommendationStatementFinal/breast-cancer-screening1</a>	12/2013	4/2018
	American Cancer Society (ACS) Guidelines for the Early Detection of Cancer (Last Medical Review: 03/11/2015 Last Revised: 7/26/2016).	ACS	<a href="https://www.cancer.org/healthy/find-cancer-early/cancer-screening-guidelines.html">https://www.cancer.org/healthy/find-cancer-early/cancer-screening-guidelines.html</a>	12/2013	4/2018
	Centers for Disease Control (CDC) "Morbidity and Mortality Weekly Report (MMWR)"	CDC	<a href="http://www.cdc.gov/mmwr/">http://www.cdc.gov/mmwr/</a>	Weekly Updates	4/2018