

# STAR Kids Waiver Reference Guide



Waiver Name	Description	Services
<p><b>1915 (i)</b></p>	<p>Program providing Home and Community-Based Services (HCBS) to individuals with: mental illnesses, intellectual or developmental disabilities and/or physical disabilities who <b>do not</b> meet the institutional level of care, therefore would <b>not</b> be eligible for HCBS services under the 1915 (c) waivers.</p> <p><i>Note: HCBS services are available for individuals of all ages.</i></p>	<ul style="list-style-type: none"> <li>• Case management (i.e. supports and service coordination)</li> <li>• Homemaker</li> <li>• Home health aide</li> <li>• Personal care</li> <li>• Adult day health services</li> <li>• Habilitation (both day and residential)</li> <li>• Respite care</li> </ul>
<p><b>1915 (c)</b></p>	<p>The 1915(c) waivers are one of many options available to states to allow the provision of long-term care services in home and community based settings under the Medicaid program.</p> <p><b>For a complete list of 1915(c) waiver information including services, functional and financial eligibility and explanation of services and availability/limits, please visit the HHS website below:</b></p> <ul style="list-style-type: none"> <li>• <a href="https://hhs.texas.gov/sites/default/files/documents/doing-business-with-hhs/providers/resources/ltss-waivers.pdf">hhs.texas.gov/sites/default/files/documents/doing-business-with-hhs/providers/resources/ltss-waivers.pdf</a></li> </ul> <p><b>Below is a summarized list of the 1915 c waiver programs, eligibility criteria, and a description of available services.</b></p>	
Programs	Eligibility Criteria	Available Services
<p>Medically Dependent Children's Program (MDCP) – 0-20 Years of Age</p>	<p>Provides community based Long-Term Services and Supports (LTSS) for individuals with complex medical needs as a cost-effective alternative to living in a Nursing Facility. Service coordination for the MDCP waiver is provided by the Managed Care Organization (MCO).</p> <p>To qualify for MDCP waiver one must meet financial eligibility and functional eligibility, which includes:</p> <ul style="list-style-type: none"> <li>• Member must meet medical necessity and level of care criteria for Nursing Facility admission.</li> </ul> <p>Residential services <b>are not</b> provided by MDCP waiver and there are guidelines as to where respite can be provided and what LTSS services can be provided by a relative or legal guardian.</p>	<ul style="list-style-type: none"> <li>• Adaptive aids</li> <li>• Employment assistance</li> <li>• Financial management services</li> <li>• Transition assistance services</li> <li>• Flexible family support services</li> <li>• Minor home modifications</li> <li>• Respite services</li> <li>• Supported employment</li> </ul>
<p>Youth Empowerment Services (YES) – 3-18 Years of Age</p>	<p>Provides comprehensive home and community-based mental health services to:</p> <ul style="list-style-type: none"> <li>• Youth between the ages of 3 and 18 years of age.</li> <li>• Support services to parents caring for a child with a serious emotional disturbance.</li> </ul> <p>Case management for YES Waiver recipients is provided by the Local Mental Health Authority (LMHA) or local behavioral health authority or entity providing case management and acute services are provided by Superior.</p>	<ul style="list-style-type: none"> <li>• Adaptive aids and supports</li> <li>• Employment assistance</li> <li>• Financial management services</li> <li>• Family supports</li> <li>• Minor home modifications</li> <li>• Respite services</li> </ul>

	<p>To qualify for YES waiver one must meet financial eligibility and functional eligibility including:</p> <ul style="list-style-type: none"> <li>• Member must meet medical necessity and level of care criteria for inpatient admission.</li> </ul> <p>Residential services <b>are not</b> provided by YES waiver and there are guidelines as to where respite can be provided and what LTSS services can be provided by a relative or legal guardian.</p>	<ul style="list-style-type: none"> <li>• Supported employment</li> <li>• Community living supports</li> <li>• Specialized therapies- art, music, pet therapy, massage, recreational therapy</li> <li>• Non-medical transportation - to get to a YES waiver service appointment</li> <li>• Paraprofessional services - coaching and mentoring to help the child build skills to deal with stressful situations</li> <li>• Support family based alternatives - to help the whole family learn health interactions</li> <li>• Transition services - to help with the cost associated with a child moving into their own home</li> <li>• Animal-assisted therapy</li> <li>• Nutritional Counseling</li> </ul>
<p>Community Living Assistance and Support Services (CLASS) - All Ages</p>	<p>Provides home and community-based services to people with related conditions as a cost-effective alternative to placement in an Intermediate Care Facility for Individuals with an Intellectual Disability (ICF-IID) or a related condition. CLASS waiver is managed by a contracted case management agency and a Direct Service Agency (DSA) that provides the LTSS and acute services are provided by the MCO.</p> <p>To qualify for the CLASS waiver one must meet financial eligibility and functional eligibility including:</p> <ol style="list-style-type: none"> <li>(1) Primary diagnosis of a related condition.</li> <li>(2) Moderate to extreme deficits in adaptive behavior.</li> </ol> <p>Residential services <b>are not</b> provided by CLASS waiver and there are guidelines as to where respite can be provided and what LTSS services can be provided by a relative or legal guardian.</p>	<ul style="list-style-type: none"> <li>• Adaptive aids and medical supplies</li> <li>• Behavioral support</li> <li>• Case management</li> <li>• Cognitive rehabilitative therapy</li> <li>• Continued family services</li> <li>• Dental and dental sedation</li> <li>• Dietary Services</li> <li>• Employment assistance</li> <li>• Habilitation</li> <li>• Minor home modifications</li> <li>• Nursing services</li> <li>• Occupational therapy</li> <li>• Physical therapy</li> <li>• Pre-vocational habilitation</li> <li>• Respite care</li> <li>• Specialized therapies (auditory enhancement/auditory integration training, dietary, therapeutic horseback riding, massage,</li> </ul>

		<p>recreational, music, aquatic and hippo therapies)</p> <ul style="list-style-type: none"> <li>• Speech and language pathology</li> <li>• Supported employment</li> <li>• Support family services</li> <li>• Transition assistance services</li> </ul>
<p>Deaf Blind with Multiple Disabilities (DBMD) – All Ages</p>	<p>Centers for Medicare &amp; Medicaid Services (CMS) authorized program providing community-based services and supports to an eligible individual and an alternative to the Intermediate Care Facilities (ICF) program. DBMD waiver is managed by a contracted case management agency and a DSA that provides the LTSS and acute services are provided by MCO.</p> <p>To qualify for the DBMD waiver one must meet financial eligibility and functional eligibility including:</p> <ol style="list-style-type: none"> <li>(1) <i>Primary diagnosis of a related condition.</i></li> <li>(2) <i>Moderate to extreme deficits in adaptive behavior.</i></li> <li>(3) <i>Be an individual with deafblindness or function as a person with deafblindness.</i></li> <li>(4) <i>Have an additional disability that impairs independent functioning.</i></li> </ol> <p>Residential services <b>are</b> provided by DBMD waiver and there are guidelines as to where respite can be provided and what LTSS services can be provided by a relative or legal guardian.</p>	<ul style="list-style-type: none"> <li>• Adaptive aids and medical supplies</li> <li>• Assisted living (licensed up to six beds)</li> <li>• Audiology</li> <li>• Behavior support services</li> <li>• Case management</li> <li>• Chore provider</li> <li>• Dental treatment</li> <li>• Dietary services</li> <li>• Employment assistance</li> <li>• Environmental accessibility</li> <li>• Intervener</li> <li>• Minor home modification</li> <li>• Nursing services</li> <li>• Occupational therapy</li> <li>• Orientation and mobility</li> <li>• Physical therapy</li> <li>• Prescription drugs, if not covered through Medicare</li> <li>• Residential habilitation</li> <li>• Respite care</li> <li>• Speech, hearing and language therapy</li> <li>• Supported employment</li> <li>• Transition assistance services</li> </ul>
<p>Home and Community-based Services (HCS) – All Ages</p>	<p>Program providing individuals with mental illnesses, intellectual or developmental disabilities and/or physical disabilities who meet the institutional level of care and receive long-term care services in their own home or community. Service coordination for the HSC waiver is provided by the Local Intellectual and Developmental Authority (LIDDA) and acute services are provided by the MCO.</p> <p>To qualify for the HCS waiver one must meet financial eligibility and functional eligibility including:</p> <ol style="list-style-type: none"> <li>(1) <i>Full scale IQ of 69 or below; or full scale IQ of 75 or below and a primary diagnosis of a related condition.</i></li> <li>(2) <i>Mild to extreme deficits in adaptive behavior.</i></li> </ol> <p>-OR-</p>	<ul style="list-style-type: none"> <li>• Habilitation (both day and residential)</li> <li>• Behavioral Support Services</li> <li>• Adaptive Aids</li> <li>• Audiology</li> <li>• Cognitive Rehabilitation Therapy (CRT)</li> <li>• Dental</li> <li>• Dietary Services</li> <li>• Employment</li> </ul>

	<p>(1) <i>Primary diagnosis of a related condition.</i>  (2) <i>Moderate to extreme deficits in adaptive behavior.</i>  Residential services <b>are</b> provided by HCS waiver and there are guidelines as to where respite can be provided and what LTSS services can be provided by a relative or legal guardian.</p>	<p>Assistance</p> <ul style="list-style-type: none"> <li>• Host Home / Companion Care</li> <li>• Minor Home Modifications</li> <li>• Nursing Services</li> <li>• Occupational Therapy</li> <li>• Physical Therapy</li> <li>• Residential Support Services</li> <li>• Respite</li> <li>• Speech and Language Therapy</li> <li>• Social Work</li> <li>• Supervised Living</li> <li>• Support Consultation</li> <li>• Supported Employment</li> <li>• Supported Home Living Transportation</li> <li>• Transition Assistance</li> </ul>
<p>Texas Home Living (TxHmL) – All Ages</p>	<p>Program providing individuals with mental illnesses, intellectual or developmental disabilities and/or physical disabilities who meet the institutional level of care and receive long-term care services in their own home or community. Service coordination for the HSC waiver is provided by the LIDDA and acute services are provided by the MCO. To qualify for the TxHmL waiver one must meet financial eligibility and functional eligibility including:</p> <p>(1) <i>Full scale IQ of 69 or below; or full scale IQ of 75 or below and a primary diagnosis of a related condition.</i>  (2) <i>Mild to extreme deficits in adaptive behavior –OR</i>  (3) <i>Primary diagnosis of a related condition.</i>  (4) <i>Moderate to extreme deficits in adaptive behavior.</i></p> <p>Residential services <b>are not</b> provided by TxHmL waiver and there are guidelines as to where respite can be provided and what LTSS services can be provided by a relative or legal guardian.</p>	<ul style="list-style-type: none"> <li>• Adaptive Aids</li> <li>• Audiology</li> <li>• Behavioral Support Services</li> <li>• Community Support Services Transportation</li> <li>• Day Habilitation</li> <li>• Dental Services</li> <li>• Dietary Services</li> <li>• Employment Assistance</li> <li>• Minor Home Modifications</li> <li>• Nursing Services</li> <li>• Occupational Therapy</li> <li>• Physical Therapy</li> <li>• Respite</li> <li>• Speech and Language Therapy</li> <li>• Supported Employment</li> </ul>