

SUBMIT TO
Utilization Management Department
5900 E. Ben White Blvd.
Austin, TX 78741
PHONE 1-844-744-5315 | FAX 1-855-772-7079



superior
healthplan™

Medicare
Advantage

OUTPATIENT ELECTROCONVULSIVE THERAPY (ECT) REQUEST FORM

Please print clearly – incomplete or illegible forms will delay processing.

DEMOGRAPHICS

Patient Name _____
Health Plan _____
DOB _____
SSN _____
Patient ID _____
Last Auth # _____

PREVIOUS BH/SA TREATMENT

None or OP MH SA and/or IP MH SA

List names and dates, include hospitalizations _____

Substance Use Disorder

None By History and/or Current/Active

Substance(s) used, amount, frequency and last used _____

CURRENT ICD DIAGNOSIS

Primary _____

R/O _____ R/O _____

Secondary _____

Tertiary _____

Additional _____

Additional _____

Danger to Self or Others (If yes, please explain)? Yes No

MSE Within Normal Limits (If no, please explain)? Yes No

CURRENT RISK/LETHALITY

	1 NONE	2 LOW	3 MOD*	4 HIGH*	5 EXTREME*
Suicidal	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Homicidal	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Assault/ Violent Behavior	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Psychotic Symptoms	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

*3, 4, or 5 please describe what safety precautions are in place

PROVIDER INFORMATION

Provider Name (print) _____

Hospital where ECT will be performed _____

Professional Credential: MD DO Other _____

Physical Address _____

Phone _____ Fax _____

Medicaid/TPI/NPI # _____

Medicaid Tax ID # _____

REQUESTED AUTHORIZATION FOR ECT

Please indicate type(s) of service provided by YOU and the frequency.

Total sessions requested _____

Type _____ Bilateral _____ Unilateral _____

Frequency _____

Date first ECT _____ Date last ECT _____

Est. # of ECTs to complete treatment _____

Requested start date for authorization _____

LAST ECT INFO

Length _____ Length of convulsion _____

PCP COMMUNICATION

Has information been shared with the PCP regarding Behavioral Health

Provider Contact Information, Date of Initial Visit, Presenting Problem,

Diagnosis, and Medications Prescribed (if applicable)?

PCP communication completed on via: Phone Fax Mail

Member Refused By _____

Coordination of care with other behavioral health providers? _____

Has informed consent been obtained from patient/guardian? _____

Date of most recent psychiatric evaluation _____

Date of most recent physical examination and indication of an

anesthesiology consult was completed _____

CURRENT PSYCHOTROPIC MEDICATIONS

Name	Dosage	Frequency

PSYCHIATRIC/MEDICAL HISTORY

Please indicate current acute symptoms member is experiencing _____

Please indicate any present or past history of medical problems including allergies, seizure history and member is pregnant _____

REASON FOR ECT NEED

Please objectively define the reasons ECT is warranted including failed lower levels of care (including any medication trials) _____

Please indicate what education about ECT has been provided to the family and which responsible party will transport patient to ECT appointments _____

ECT OUTCOME

Please indicate progress member has made to date with ECT treatment _____

ECT DISCONTINUATION

Please objectively define when ECTs will be discontinued – what changes will have occurred _____

Please indicate the plans for treatment and medication once ECT is completed _____

STANDARD REVIEW: Standard 14-day time frame will be applied.

EXPEDITED REVIEW: By signing below, I certify that applying the standard 14-day time frame could seriously jeopardize

Provider Name (please print) Date

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