

## Changing the Paradigm in the Treatment of Chronic Pain and Substance Use Disorder in Texas

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### Speaker Biographies

#### Ági Erickson, MS

*Director of Project ECHO, Weitzman Institute*

Ági Erickson is the Director of Project ECHO at the Community Health Center Inc.'s Weitzman Institute. She has overseen the replication and rapid national growth of the Weitzman Institute's unique Project ECHO since 2012 to over 250 health center practice sites supporting over 950 medical and behavioral health providers, and 265 care team members in 28 states. Her efforts are focused on addressing and tackling the public health "hot spots" of both rural and urban communities as well as national public health emergencies and epidemics, including the national epidemic on opioid addiction. Ági provided leadership and direction for the development and implementation of the following National Project ECHO Learning Communities: Chronic Pain, Opioid Dependency, HCV, HIV, Pediatric and Adolescent Behavioral Health, Complex Integrated Pediatrics, Complex Care Management, Domestic Violence/Intimate Partner Violence, Quality Improvement, and LGBT Health.

Ági completed Clinical Microsystems training at the Dartmouth Institute and is a certified systems change coach. She received training in advanced facilitation by Ingrid Bens, an internationally recognized expert in facilitation skills, and completed lean training at Denver Health Lean Academy. She earned her Master's Degree from Quinnipiac University in Organizational Leadership concentrating in Health Care Management.

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#### Bennet E. Davis, MD

*Sierra Tucson*

Bennet E. Davis, MD, is the Director of Pain Recovery Program at Sierra Tucson and is board certified in anesthesiology and pain medicine. He completed his undergraduate work at Stanford University in Stanford, CA, and received his medical degree from Case Western Reserve University in Cleveland, OH. He then trained in orthopedic surgery and anesthesiology at the University of New Mexico and University of California, Irvine. He completed his fellowship in Manchester, England after finishing residency training. He served as founder and Director of the University of Arizona Pain Center 1995-2002, where he was also Director of the pain fellowship program and co-founding faculty of the Arizona Cancer Center.

In 2002 he and colleagues founded Arizona's first and only adult pain clinic to achieve American Pain Society Center of Excellence, The Integrative Pain Center of Arizona, which operated as one of the nation's few models for interdisciplinary pain care until November 2017. He is involved in organized medicine as past president of the Pima County Medical Society, and is active on a national level in teaching as medical Director for CHC Pain ECHO, a telemedicine teaching program for primary care providers across the nation. He serves on numerous advisory boards for health policy. His latest publication relevant to this conference provides an updated definition of pain which serves as the foundation for his presentation today: A New Paradigm for Pain, published in the Journal of Family Practice.

**Bruce Myers, MD**  
*Seacoast Physiatry*

Founder of Seacoast Physiatry.

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**S. Claiborne “Clay” Johnston, MD, PhD**  
*Dell Medical School*

Clay Johnston is the inaugural Dean of the Dell Medical School at The University of Texas at Austin. His ambitious vision includes building a world-class medical school by creating a vital, inclusive health ecosystem that supports new and innovative models of education, health care delivery and discovery – all with a focus on improving health and making Austin a model healthy city. Clay is also a Neurologist, specializing in stroke care and research. He was formerly at the University of California, San Francisco where he served as Associate Vice Chancellor of Research and founding director of the Center for Healthcare Value. Clay is a graduate of Amherst College, completed medical school at Harvard University and received a PhD in epidemiology from the University of California, Berkeley.

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**Corey Waller, MD, MS, FACEP, DFASAM**  
*Camden Coalition of Healthcare Providers*

Camden Coalition of Healthcare Providers, and Managing Partner, Complex Care Consulting, LLC.

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**Craig Franke, MD**  
*Austin Travis County Integral Care*

Medical Director, Integral Care; Richard Bottner, PA-C, Hospitalist, Division of Hospital Medicine, UT-Dell Medical School.

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**Daren Anderson, MD**  
*Weitzman Institute*

Dr. Daren Anderson is a general internist and has worked in safety net practices for his entire career. He is VP/Chief Quality Officer of Community Health Center, Inc., a large, multisite community health center providing primary care to over 145,000 medically underserved patients across Connecticut. In addition, Dr. Anderson is the Director of CHCI’s Weitzman Institute, a research and innovations center dedicated to improving primary care for underserved populations. The Weitzman Institute leads a range of initiatives focused on practice transformation and workforce development and has created an eConsult process that is now being used across Connecticut and in ten additional states. In addition, Weitzman researchers are engaged in a range of research projects focused on health disparities, telehealth, and pain and opioid abuse treatment in primary care.

Dr. Anderson obtained his undergraduate degree at Harvard College and his medical degree from the Columbia University College of Physicians and Surgeons. He completed his residency training in internal medicine at Yale-New Haven Hospital.

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**David Browder, DPT**  
*Texas Physical Therapy Specialists*

David Browder is a physical therapist and the regional manager of Texas Physical Therapy Specialists. Texas Physical Therapy Specialists is a private practice operating 25 facilities in Austin, San Antonio, Dallas and the surrounding areas. This innovative practice hosts the nation’s largest residency program in orthopedic physical therapy and has a goal of

providing easy access to a physical therapy specialist anywhere in Texas. David has a particular interest in improving access for underserved populations that are uninsured or dependent upon government programs such as Medicaid.

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### **David Copenhaver, MD**

*Center for Advancing Pain Relief UC-Davis*

Dr. David Copenhaver is a board certified anesthesiologist and pain medicine specialist and faculty in both the Anesthesiology and Pain Medicine Department as well as the Neurological Surgery Department at UC Davis Health Center. Dr. Copenhaver is the associate director for the Center for Advancing Pain Relief, director of the Cancer Pain Management and Supportive Care Program, in addition to, the Pain Medicine Telehealth program at UC Davis. Dr. Copenhaver has research interests in health services administration, pain medicine education, responsible opioid management, targeted drug delivery, and the applied use of stem cells in the setting of intervertebral disc disease.

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### **David Harmon, MD, FAAP**

*Superior HealthPlan*

Dr. David Harmon is the Chief Medical Director for Superior HealthPlan (Superior). He received his MD degree from the Uniformed Services University of the Health Sciences in 1987. Following his pediatric internship and residency at the National Naval Medical Center in Bethesda, Maryland, he was stationed at the US Naval Hospital, Yokosuka, Japan. During this time, he was assigned to be the co-chairman of the Case Review Sub-Committee (child and spouse abuse) and received informal training in the area of child abuse and neglect.

In 2002, Dr. Harmon co-founded Kids 'N Care Health Center (KNC), the first medical home for children in foster care in the State of Florida, and served as the regional medical director of the Medical Foster Care program, a statewide program for children in foster care with special healthcare needs, as well as the statewide physician consultant.

In 2008, Dr. Harmon joined Superior to assist with the implementation of STAR Health. STAR Health is the State of Texas' Medicaid managed care solution for children in foster care, providing immediate eligibility as well as integrated behavioral health and physical health case management and care coordination services.

In 2010, Dr. Harmon was promoted to his current position where is currently oversees Medical Directors, Quality, Provider Performance, and all clinical programs for Superior.

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### **Emily Smith, M.Ed., CRC, CCM, C-WPC, C-IAYT**

*Director of Yoga Yoga School of Yoga Therapy*

Emily has been deeply engaged for 25 years in delivering and refining eastern and western approaches to alleviating suffering. As a rehabilitation counselor and CCM, she has worked with individuals from onset of injury or diagnosis and throughout medical treatment, recovery and ongoing management. The personal practice of yoga and meditation lead Emily to begin teaching yoga and ultimately seek out more comprehensive solutions to manage stress, chronic pain, disease and addiction. She obtained her certification as a yoga therapist in 2005, is certified in Yoga for 12 Step Recovery and has continued to study yoga in a therapeutic framework based in solid principles of health and wellness. Emily worked as a Wellness Specialist for United Healthcare helping establish General Dynamics' first onsite wellness program. Emily was recognized corporately due to her success in working with employees in managing diabetes and lowering blood cholesterol through lifestyle change and medical compliance. She has successfully integrated yoga and mindfulness techniques and methodology; lifestyle behavior change, nutrition and compliance with medical self-care in a client centered approach to long-term health and vitality. She currently develops and directs the Yoga Yoga School of Yoga Therapy and yoga therapy clinic and continuously promotes the assessable use of yoga methodology for lifelong solutions to healthy living.

## **Gary Brothers, LCSW**

*Gary Brothers, LCSW*

Gary Brothers is a licensed clinical social worker with over 25 years of experience, the last 10 years specializing in treating clients suffering with chronic pain and chronic health conditions in addition to trauma and PTSD. During his years as a psychotherapist he has worked in medical organizations and hospitals, inpatient treatment centers, as well as outpatient clinics. He has developed treatment curriculums for health organizations and treatment centers for issues including Chronic Pain, Depression, Substance Use Disorders, Parenting, and ADHD. He has developed and directed behavioral health programs and departments for both mental health and chronic pain from the ground up. Gary is EMDRIA-certified in EMDR and combines research and advances in neuroscience with traditional psychotherapy modalities in his daily work in private practice. He provides workshops and trains other psychotherapists in nervous system-driven approaches to treat chronic pain and health conditions, and he consults and provides coordinated care with medical providers for patients who are not responding to the medical interventions.

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## **Jacob Levenson**

*MAP Health Management*

Jacob Levenson founded MAP Health Management, LLC in 2011, and has passionately served as Chief Executive Officer since its inception. Like many Americans, Levenson has witnessed the impact of addiction and understands the emotional and financial devastation of the chronic disease. Motivated to improve overall treatment outcomes, Levenson designed MAP's PRSS tech-enabled (Peer Recovery Support Specialist) model which led to the successful development of a consolidated population health management solution accessible to all segments of healthcare.

Levenson strives to improve the lives of millions of individuals and families. He has established MAP as the nation's leader in the provision of tech-enabled PEER and professional services to improve clinical and financial treatment outcomes for healthcare plans, treatment providers, and healthcare consumers. MAP is driven to optimize the care continuum and its data suggests that this is the foundation for improving healthcare delivery in this country. Levenson is also a Board Member at The Levenson Foundation and a founding member of Tri-Private Capital.

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## **Jessica Duncan Cance, MPH, PhD**

*Texas Health and Human Services Commission*

Dr. Jessica Cance, Substance Abuse Prevention Program Specialist and Interim Prevention Lead for the Texas Targeted Opioid Response project, joined HHSC in 2016 after working six years as an assistant professor at the University of Texas at Austin. She has over 15 years of experience working in adolescent and young adult health promotion, including epidemiological research, program implementation, coalition building, and national evaluation projects. Jessica earned a BS in Chemistry from Georgia Tech, her Master's degree in Public Health from Emory University, and her PhD in Public Health from the University of North Carolina at Chapel Hill. She has presented her research internationally and published in peer-reviewed journals such as *Addiction*, the *Journal of Adolescent Health*, and *Prevention Science*. Dr. Cance served on the Board of Directors for the Society for Prevention Research and is a member of the American Public Health Association.

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## **John "Fred" Thomas, PhD**

*The University of Colorado*

John F. "Fred" Thomas, PhD, is a healthcare/health policy educator, system designer and social entrepreneur with over 15 years of experience in eHealth innovation, system of care development and public health advocacy. He is currently the Executive Director of ECHO Colorado, as well as the Director of Telehealth Services for Children's Hospital Colorado. He has academic appointments in the Departments of Psychiatry, General Academic Pediatrics and Family Medicine in the Colorado School of Medicine and the Department of Epidemiology at the Colorado School of Public Health.

Prior to this role, he served as the Director of Community-Based Mental Health Services and Policy at the University of Texas Medical Branch in Galveston, Texas. During these tenures, he has conceptualized, funded and implemented numerous health innovations, along with research protocols to investigate their effectiveness. He received his BBA in

finance from Texas State University, his MMSW in services with children and families from the University of Texas at Austin and his PhD in psychiatric epidemiology at the University of Texas Medical Branch. He is involved in numerous organizations and societies and is recognized as a national thought leader in telehealth, systems of care and population health. His wife, Stephanie, is a clay artist and they have four children.

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## **Karl J. Haake, MD**

*Haake Medical Services*

Karl J. Haake, MD, currently serves as a consultant medical director for the Centene Corporation's managed care organizations in Kansas (Sunflower Health Plan), Missouri (Home State Health), Nebraska (Nebraska Total Care), and Wisconsin (MHS Wisconsin). He has previously consulted with Centene's plans in Florida and Pennsylvania. He is an anesthesiologist who specializes in pain medicine and is certified by both the American Board of Anesthesiology and the American Board of Pain Medicine. Dr. Haake has consulted with Centene since 2012, having also served on Quality Improvement Committees, Peer Review Committees, and Credentialing Committees. He is involved with Centene's approach to the issues surrounding the opioid epidemic.

Prior to working with Centene, Dr. Haake formed the first pain clinic at a Federally Qualified Health Center in the United States at the Community Health Center of Central Missouri and, in addition to his work with Centene, consults with hospitals, health systems, managed care organizations, private clinics, and FQHC's throughout the country regarding coordination of primary care, behavioral health, and pain management. Areas of interest include appropriate opioid prescribing, managing chronic pain with multidisciplinary approaches, and examining overuse of medications and procedures. He is the chair of the American Academy of Pain Medicine's Special Interest Group in Primary Care and serves as the director of Missouri's Chronic Pain ECHO.

Dr. Haake received a Presidential Commendation from the American Academy of Pain Medicine in 2014 for work surrounding the coordination of pain care among specialists and primary care providers. He was the first, and only, physician in the state of Missouri to be recognized by the National Center for Quality Assurance's Back Pain Recognition Program. He received his medical degree from Creighton University in Omaha, Nebraska, and completed his residency in anesthesiology at the University of Nebraska Medical Center. Dr. Haake currently resides in Leawood, Kansas, just across the state line from Kansas City, Missouri.

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## **Kimber Lee Falkinburg, PRS**

*Spread Hope Like Fire*

Kimber Falkinburg, Founder and Director of Spread Hope Like Fire, is a national addiction recovery advocate specializing in development of comprehensive peer support programs to address the addiction crisis in America. Kimber got her start in the Substance Use Disorder field as Senior Program Director for an international non-profit managing harm reduction and behavioral health programs as well as transitional youth community centers. She later became the national program manager for Young People in Recovery working in more than 20 states to develop comprehensive recovery-oriented systems of care. Kimber is a passionate voice in the Texas state-wide recovery effort and national recovery advocacy movement.

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## **Lisa Ramirez, MA, LCDC**

*Texas Health and Human Services Commission*

Texas Targeted Opioid Response Project Director- HHSC.

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## **Lucas G. Hill, PharmD, BCPS, BCACP**

*Texas Overdose Naloxone Initiative/Recovery ATX*

Lucas Hill graduated from the UMKC School of Pharmacy and completed a residency in the UPMC Department of Family Medicine. He is now a clinical assistant professor of health outcomes and pharmacy practice at The University of Texas at

Austin College of Pharmacy. Dr. Hill precepts learners and cares for patients with complex chronic disease at the CommUnityCare FQHCs. He is Director of Operation Naloxone and Principal Investigator of the Texas Targeted Opioid Response: Overdose Prevention Project.

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## **Manu Mathews**

*John Peter Smith Hospital*

Director, Center for Pain Management at John Peter Smith Hospital.

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## **Mark Kinzly**

*Texas Overdose Naloxone Initiative/Recovery ATX*

Mark Kinzly has worked in the field of Harm Reduction and Public Health for the past 30 years bringing innovative prevention/interventions to the drug using and recovery community. He is currently a national trainer and consultant on the issues of substance abuse ranging from HIV/AIDS and Hepatitis C interventions to the development of appropriate responses to the complexities of addiction including housing and syringe exchange and overdose prevention. He is a peer Recovery Coach and a patient navigator for individuals in the medical care system.

Mr. Kinzly has worked as a Research Associate at Yale University's School of Medicine/Public Health and has been the Coordinator and Project Manager of a number of the National Institute of Drug Abuse (NIDA) funded studies. Mr. Kinzly has initiated and run Needle Exchange programs in many states, and was part of the New Haven needle exchange, the first legal needle exchange on the East Coast, in its early years. He worked and conducted trainings for the Corporation for Supportive Housing, a national organization that develops supportive housing for persons with histories of either addiction or mental health. He is currently on the Board of Directors for the National Harm Reduction Coalition, serving also as trainer and expert on the advisory boards for the North American Syringe Exchange Network.

Mr. Kinzly is co-founder of the Texas Overdose Naloxone Initiative (TONI) that brings overdose awareness and trainings to the state of Texas. He has trained in all areas of overdose prevention and education including law enforcement, active drug users, family/friends of persons on opioids, Medicated Assisted Recovery clinics and educational institutions. He has the honor of being a member of the curriculum development team for Overdose Prevention/Education for the Substance Abuse and Mental Health Services Administration (SAMHSA). He has also served on the Community Advisory Committee and Executive Committee at Yale's Center for Interdisciplinary Research on AIDS. Most importantly he is the proud father of Chase Michael Robert Kinzly and Jada Clay.

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## **Michael Sprintz, D.O., FASAM**

*Sprintz Center for Chronic Pain and Dependency*

Dr. Sprintz is the founder of Sprintz Center for Pain and Recovery, a comprehensive chronic pain management practice in The Woodlands, that is pioneering the integration of compassionate pain management and effective substance abuse treatment. Dr. Sprintz is board-certified in Pain Medicine, Addiction Medicine, and Anesthesiology. Additionally, Dr. Sprintz himself is in recovery from addiction for over 17 years.

A consultant to the FDA's Analgesic and Anesthetic Drug Products Advisory Committee, Dr. Sprintz is also a member of the Joint Commission Standards Review Panel for Pain Assessment and Management, Past-President of the Texas Society of Addiction Medicine, as well as the American Society of Addiction Medicine's Drug Testing Expert Panel and Pain and Addiction Program planning committee.

Dr. Sprintz is also the founder and CEO of Cellarian Health, which developed the Cellarian Vision suite of predictive PDMP-enhancement tools that show a patient's prescription story in a single glance to help providers, hospitals, payers and labs rapidly and easily identify abuse or diversion of controlled drugs, decrease risk, and document compliance for better patient care, faster workflow, and better reimbursement with improved outcomes to support the transition to value-based care delivery.

## **Miriam Komaromy, MD, FACP, FASAM**

*University of New Mexico School of Medicine Project ECHO*

Dr. Komaromy is an Associate Professor of Medicine and Associate Director of the ECHO Institute (echo.unm.edu), which is a program based at the University of New Mexico Health Sciences Center that is aimed at expanding access to treatment for traditionally underserved populations. She is Director for ECHO's behavioral health initiatives, which engage and support primary care teams in treating addiction and mental health disorders. Through this program she has trained more than 500 physicians to provide buprenorphine treatment for opioid use disorder, and directs a program that offers Opioid ECHO programs from 5 different hubs across the US.

She is board certified in Addiction Medicine and serves on the national Board of Directors of the American Society of Addiction Medicine. She practices addiction medicine in a primary care outpatient setting and has served as medical director for the NM State Addiction Treatment Hospital. She lectures nationally on clinical and health policy issues related to integration of addiction treatment into the primary care setting, and on the use of the ECHO model to train primary care providers to treat common, complex diseases such as mental health and substance use disorders.

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## **Nicholas Yagoda, MD**

*CommUnityCare*

Nick Yagoda is the Director of Primary Care at CommUnityCare, a large FQHC in Austin, Texas. In this role, he has overseen the development of a medication-assisted treatment clinic for those with opioid use disorders, including the uninsured. In tandem, he has expanded primary care services in the fields of HIV medicine and Hepatitis C treatment, while assembling best practice guidelines for providers of chronic pain management. He provides direct clinical care as a family physician and HIV specialist. Nick completed his medical education at Columbia University College of Physicians and Surgeons, and his post-graduate training at the Lawrence Family Medicine Residency in Massachusetts. His career is dedicated to caring of the vulnerable and underserved. He loves and sometimes dabbles in the arts, and has maintained a fascination with the rule of law. His highest and most cherished priority has always been family.

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## **Norman Sussman, MD**

*Baylor College of Medicine*

Dr. Sussman is Board-certified in internal medicine with subspecialty certification in gastroenterology and transplant hepatology. His research interests lie in acute liver failure and artificial liver support. He has been published in multiple peer-reviewed journals, most recently in *Mathematical Medicine and Biology* on the topic of mathematical modeling of chronic acetaminophen metabolism and liver injury.

He is the Director of Project ECHO at Baylor College of Medicine and Baylor St. Luke's Medical Center where he leads a program to instruct primary care providers in the diagnosis and management of patients with hepatitis C. His interest in drug use and addiction stems from the current hepatitis C epidemic among young injection drug users in America.

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## **Omar Manejwala, MD**

*Catasys*

Omar Manejwala, M.D., is Senior Vice President and Chief Medical Officer of Catasys, a leading behavioral healthcare company that solves the hidden, high-cost problem of untreated behavioral health conditions. Catasys improves health and reduces claims costs for health plan members with untreated behavioral health conditions that drive high medical expense. Dr. Manejwala is a psychiatrist, a Distinguished Fellow of the American Psychiatric Association and a Fellow of the American Society of Addiction Medicine.

Previously, Dr. Manejwala served as Medical Director at Hazelden. Prior to Hazelden he was the associate medical director at the Farley Center and the executive chief resident in Psychiatry at Duke University Medical Center. He graduated from the University Of Maryland School Of Medicine and earned his MBA from the University of Virginia's Darden School. As one of the nation's leading experts on addiction medicine, substance abuse and mental illness, Dr. Manejwala is the author of *Craving: Why We Can't Seem to Get Enough*.

## **Rich Goldstein, MPH**

*Yoga Yoga and YY School of Yoga Therapy*

Rich Goldstein is the owner and CEO of Yoga Yoga and the Yoga Yoga School of Yoga Therapy in Austin, Texas. The School of Yoga Therapy is one of only 25 schools accredited to train yoga therapists in the US. Rich holds a Master's degree in Public Health from the UT School of Public Health, has been a yoga practitioner for over 35 years, and a Kundalini yoga teacher since 2001.

As a social entrepreneur, Rich seeks to meaningfully integrate traditional healing practices into the practice of healthcare. Rich has supported tens of thousands of yoga practitioners to integrate lifestyle health practices yoga, plant based nutrition, and meditation into their lives.

Rich has trained at the Institute of Lifestyle Medicine, clowned with physician and social activist Patch Adams and has taught yoga to the world's leaders of social change at the annual Opportunity Collaboration conference in Mexico as they gathered to accelerate poverty alleviation.

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## **Richard Bottner, PA-C**

*Dell Seton Medical Center*

Hospitalist, Division of Hospital Medicine, UT-Dell Medical School.

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## **Teri Roseman , C-IAYT, E-RYT-500**

*LiveYoga Wellness*

Teri Roseman, C-IAYT, E-RYT-500, is the executive director and founder of LiveYoga Wellness. She is a graduate of the California Institute of Integral Studies, and the 4 year Yoga Therapy Rx program at Loyola Marymount University (LMU) led by Dr. Christopher Chapple and Dr. Larry Payne.

She has assisted in teaching Yoga Therapy at the UCLA Geffen School of Medicine with Dr. Michael Sinel, and is currently the Associate Director of the LMU Yoga Therapy Rx IV clinic internship at Venice Family Clinic's Simms/Mann Health and Wellness Center.

In addition to hosting and facilitating workshops and seminars, Teri works one-on-one with clients, develops and teaches group and corporate programs, works with integrative healthcare teams, and teaches course requirements for certified Yoga Teacher trainings. She resides in Los Angeles with her dog, "Izzi".