

3 IN 30



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A Comprehensive Approach to Better Care for Children

3 in 30 is a collaborative effort between the Texas Department of Family and Protective Services (DFPS), the Texas Health and Human Services Commission, and Superior HealthPlan. 3 in 30 combines three separate, yet critical, tools for assessing the medical, behavioral, and developmental strengths and needs of children and youth in foster care, when entering DFPS conservatorship. Each assessment listed below is a requirement set forth by Senate Bill 11. Together, the three assessments chart the path for ensuring STAR Health members get the care and services they need at the time they enter foster care.

1

3-Day Initial Medical Exam

In 3 business days, children entering DFPS care must see a doctor to be checked for injuries or illnesses and get any treatments they need.

2

CANS Assessment

In 30 days, children (3 or older) must get a CANS assessment. The CANS is a comprehensive trauma-informed behavioral health evaluation. It gathers information about the strengths and needs of the child and helps in planning services that will help the child and family reach their goals.

3

Texas Health Steps Medical Check-Up

In 30 days, children must see a Texas Health Steps doctor for a complete check-up with lab work.

This makes sure:

- » Medical issues are addressed early.
- » Kids are growing and developing as expected.
- » Caregivers know how to support strong growth and development.

To learn more about 3 in 30, register today for a webinar by visiting, <https://www.SuperiorHealthPlan.com/providers/training-manuals/provider-training-calendar.html>. For more information or questions, please contact your Superior Account Manager.

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