

Guidelines for HEDIS Effectiveness of Care Measures

Annual Monitoring for Patients on Persistent Medications (MPM)



Healthcare Effectiveness Data and Information Set (HEDIS)

HEDIS is a set of standardized performance measures developed by the National Committee for Quality Assurance (NCQA) which allows comparison across health plans. Through HEDIS, NCQA holds Superior HealthPlan accountable for the timeliness and quality of healthcare services delivered to its diverse membership.

The HEDIS measure *Annual Monitoring for Patients on Persistent Medications (MPM)* assesses patients 18 years of age or older, who have been prescribed Angiotensin Converting Enzyme (ACE) Inhibitors, Angiotensin-Receptor Blockers (ARB), or diuretic medications.

Target Population

Allwell from Superior HealthPlan (HMO, HMO SNP), Ambetter from Superior HealthPlan, CHIP, Medicaid (STAR, STAR Health, STAR Kids, STAR+PLUS) and STAR+PLUS Medicare/Medicaid Plan (MMP) members 18 years of age or older, who have been prescribed ACE/ARB or diuretics. Diuretics may include loop, thiazide, or potassium-sparing diuretics plus combination anti-hypertensive agents which contain a diuretic.

Description of Measure

The measure breaks down the percentage of members receiving ACE/ARB or diuretic medications (or combinations of these products) that have at least one therapeutic monitoring event annually. This event is a serum potassium **and** serum creatinine lab test.

Clinical Significance

ACE/ARB or diuretic medications may cause changes in serum potassium and cause renal insufficiency. For example, a certain renal function is required for a diuretic to work properly. Routine monitoring of serum potassium minimizes the risk of developing hypo or hyperkalemia. Routine monitoring of serum creatinine is necessary to evaluate renal function.

Suggested Action Items

For members on ACE/ARB or diuretic medications, Superior recommends providers schedule at minimum an annual lab test which checks:

- Serum potassium
- Serum creatinine test

Lab CPT Codes:

Description	CPT
Lab Panel*	80047, 80048, 80050, 8003, 80069
Serum Potassium (K+)	80051, 84132
Serum Creatinine (SCr)	82565, 82575

*The codes include potassium and creatinine as part of the panel – 80047 and 80048 are for Basic Metabolic Profiles; 80050 is for a General Health Panel; 80053 is for a Comprehensive Metabolic Panel; and 80069 is for a Renal Function Panel.

Additional Resources

Superior follows specific formularies for each product line. Formularies can be found by visiting:

- **Allwell:** <https://allwell.superiorhealthplan.com/prescription-drugs-formulary/formulary.html>
- **Ambetter:** <https://ambetter.superiorhealthplan.com/provider-resources/pharmacy.html>
- **Medicaid:** <https://www.txvendordrug.com/formulary>
 - Please note: Superior follows the Texas Vendor Drug Program formulary for Medicaid members.
- **MMP:** https://mmp.superiorhealthplan.com/content/dam/centene/Superior/mmp/pdfs/2018_TX_formulary_mmp_en.pdf