Anxiolytics & Sedatives/Hypnotics
Clinical Edit Criteria

Drug/Drug Class:

Sedatives/Hypnotics – Adults

Superior HealthPlan follows the guidance of the Texas Vendor Drug Program (VDP) for all clinical edit criteria. This clinical edit criteria applies to all Superior HealthPlan STAR, STAR Health, STAR Kids, STAR+PLUS and CHIP members. Superior has adjusted the anxiolytic and sedative hypnotic clinical criteria to ease the prior authorization process regarding this clinical edit. Superior HealthPlan is only implementing and coding clinical criteria for non-benzodiazepines sedatives/hypnotics- adults and step 1 has been removed as a requirement from the criteria. The criteria for anxiolytics and all other parts of this edit will not be implemented at this time. Benzodiazepines are removed from the coding of the sedative/hypnotic- adults portion of the edit. Adjusted criteria steps are outlined/highlighted in yellow.

The original clinical edit can be referenced https://paxpress.txpa.hidinc.com/ash.pdf

Clinical Edit Information Included in this Document:

- Anxiolytics – Alprazolam
- Anxiolytics – Chlordiazepoxide, Meprobamate & Oxazepam
- Anxiolytics – Clonazepam & Diazepam
- Anxiolytics – Clorazepate
- Anxiolytics – Lorazepam
- Sedatives/Hypnotics – Chloral Hydrate & Butabarbital
- Sedatives/Hypnotics – Flurazepam
- Sedatives/Hypnotics – Ramelteon
- Sedatives/Hypnotics - Adults
- Drugs requiring prior authorization: the list of drugs requiring prior authorization for this clinical criteria.
- Prior authorization criteria logic: a description of how the prior authorization request will be evaluated against the clinical criteria rules.
- Logic diagram: a visual depiction of the clinical edit criteria logic.
- Diagnosis codes or drugs in step logic: a list of diagnosis codes or drug information and additional step logic, claims and lookback period information.
- Supporting tables: a collection of information associated with the steps within the criteria (diagnosis codes, procedure codes, and therapy codes); provided when applicable
- Clinical Edit References: clinical edit references as provided by the Texas Vendor Drug Program.
- Publication history: to track when the eased criteria was put into production and any updates since this time.

Please note: All tables are provided by original Anxiolytics and Sedatives/Hypnotics Texas Vendor Drug Program Edit.
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Superior HealthPlan Clinical Criteria Logic Sedatives/Hypnotics - Adults

1. Does the client have a history of a sedative/hypnotic agent for 90 days in the last 150 days?
   [ ] Yes (Approve – 365 days)
   [ ] No (Go to #2)

2. Is the incoming request for less than or equal to (≤) 1 days supply?
   [ ] Yes (Go to #3)
   [ ] No (Go to #4)

3. Is the incoming request for less than or equal to (≤) 5 units per day?
   [ ] Yes (Approve – 1 day)
   [ ] No (Go to #4)

4. Does the client have a diagnosis of chronic sleep disorder in the last 730 days?
   [ ] Yes (Go to #6)
   [ ] No (Go to #5)

5. Does the client have a diagnosis of drug abuse in the last 730 days?
   [ ] Yes (Deny)
   [ ] No (Go to #6)

6. Is the client less than (<) 19 years of age?
   [ ] Yes (Deny)
   [ ] No (Go to #7)

7. Does the client have a diagnosis of insomnia in the last 365 days?
   [ ] Yes (Go to #8)
   [ ] No (Go to #9)

8. Does the client have a history of a sedative/hypnotic agent for 90 days in the last 120 days?
   [ ] Yes (Deny)
   [ ] No (Approve – 90 days)

9. Does the client have a history of a sedative/hypnotic agent for 30 days in the last 60 days?
   [ ] Yes (Deny)
   [ ] No (Approve – 90 days)
Superior HealthPlan Clinical Edit Logic Diagram Sedatives/Hypnotics - Adults

Step 1: Does the client have a history of a sedative/hypnotic agent for 20 days in the last 90 days?
- Yes -> Approve Request (260 days)
- No -> Step 2

Step 2: Is the incoming request for ≤ 1 days supply?
- Yes -> Approve Request (1 day)
- No -> Step 3

Step 3: Is the incoming request for ≤ 5 units per day?
- Yes -> Approve Request (1 day)
- No -> Step 4

Step 4: Does the client have a diagnosis of a chronic sleep disorder in the last 730 days?
- Yes -> Deny
- No -> Step 5

Step 5: Does the client have a diagnosis of drug abuse in the last 730 days?
- Yes -> Deny
- No -> Step 6

Step 6: Is the client < 16 years of age?
- Yes -> Deny
- No -> Step 7

Step 7: Does the client have a diagnosis of insomnia in the last 365 days?
- Yes -> Deny
- No -> Step 8

Step 8: Does the client have a history of a sedative/hypnotic agent for 90 days in the last 120 days?
- Yes -> Deny
- No -> Approve Request (30 days)

Step 8: Does the client have a history of a sedative/hypnotic agent for 30 days in the last 90 days?
- Yes -> Deny
- No -> Approve Request (30 days)
### Chronic Sleep Disorder Diagnoses

**Required diagnosis:** 1  
**Look back timeframe:** 365 or 730 days

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### Drug Abuse Diagnoses

**Required diagnosis:** 1  
**Look back timeframe:** 730 days

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## Drug Abuse Diagnoses

**Required diagnosis: 1**  
**Look back timeframe: 730 days**

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## Drug Abuse Diagnoses

**Required diagnosis:** 1  
**Look back timeframe:** 730 days

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### Insomnia Diagnoses

**Required diagnosis:** 1  
**Look back timeframe:** 180 or 365 days

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### Sedative/Hypnotic Agents

**History of prior therapy in the past 30 or 90 days**  
**Required quantity:** 1  
**Look back timeframe:** 60 or 120 days

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### Sedative/Hypnotic Agents

**History of prior therapy in the past 30 or 90 days**

**Required quantity:** 1

**Look back timeframe:** 60 or 120 days

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