

Pediatric Antipsychotic Metabolic Monitoring Form



Please utilize this Pediatric Metabolic Monitoring Form to enter lab results for members who are taking antipsychotic (AP) medications. This tool enables providers to monitor Glucose and Lipid Panels for their patients. Once approved, upload this information to the member's chart in Superior's Secure Provider Portal. The member's psychiatrist and primary care physician can access this documentation, along with information about the screening requirement.

Today's Date: _____

Member's Name: _____

Member Date of Birth: _____

Please complete the fields below in each column for the member listed above. Note: You must fill out all columns (Labs 1-6) to appropriately track progress and determine any negative impact to the member's Glucose and Lipid Panels. Please also ensure the date is noted for each column.

Measure	Acceptable Levels	How Often to Monitor	Baseline Lab Prior to AP	Lab 1 – After AP Started	Lab 2 – After AP Started	Lab 3 – After AP Started	Lab 4 – After AP Started	Lab 5 – After AP Started	Lab 6 – After AP Started
Date (MM/DD/YY):									
Total Cholesterol	<170	Fasting, after first 3 months then every 6 months							
Triglycerides	<75 [0-9 years] <90 [10-19 years]								
LDL Cholesterol	<110								
HDL Cholesterol	>45								
Glucose or A1c	70-99 [Glucose] <5.7% [A1c]								
BMI Kg (weight)/meters ² (height)	5th percentile to <85th percentile for age	Monthly x 3 months, then as clinically indicated							

Below are helpful guidelines and best practices for pediatric antipsychotic metabolic monitoring. Please review:

- American Association for Clinical Chemistry (AACC) - Universal Lipid Screening in Children: www.aacc.org/publications/cn/articles/2012/march/lipid-screening-children
- American Diabetes Association (ADA) – Classification and Diagnosis of Diabetes: Standards of Medical Care in Diabetes: care.diabetesjournals.org/content/42/Supplement_1/S13
- American Heart Association – Body Mass Index (BMI) in Children: www.heart.org/en/healthy-living/healthy-eating/losing-weight/bmi-in-children
- Antipsychotic Medication Monitoring Plan: www.aacap.org/App_Themes/AACAP/Docs/clinical_practice_center/moc/pip_tools/Antipsychotic_Medication_Monitoring_Plan_2013.pdf
- Psychotropic Medication Utilization Parameters for Children and Youth in Texas, Public Behavioral Health: hhs.texas.gov/sites/default/files/documents/doing-business-with-hhs/provider-portal/facilities-regulation/psychiatric/psychotropic-medication-utilization-parameters.pdf

For any questions, please contact STAR Kids Service Coordination at 1-844-433-2074.