

Book today with Grow Therapy

Superior HealthPlan has partnered with Grow Therapy to make mental health care more accessible.

How Grow Therapy works with your patients:



Choose their provider

Find a contracted Superior provider that specializes in their needs.



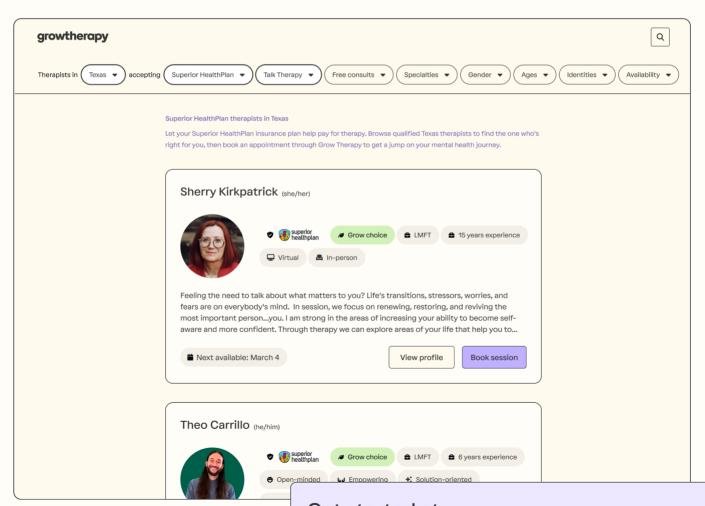
Schedule time

Most therapists are available for appointments within two days.



Connect their way

Patients can meet providers either in-person or virtually, whichever works best for them.



Get started at growtherapy.com/superiorhealth-members

For questions, email support+superiorhealthplan@growtherapy.com