



Book today with Grow Therapy

Superior HealthPlan has partnered with Grow Therapy to make mental health care more accessible.

How Grow Therapy works with your patients:



Choose their provider

Find a contracted Superior provider that specializes in their needs.



Schedule time

Most therapists are available for appointments within two days.



Connect their way

Patients can meet providers either in-person or virtually, whichever works best for them.

The screenshot shows the Grow Therapy website interface. At the top, there is a search bar and a navigation menu with filters: Therapists in Texas, accepting Superior HealthPlan, Talk Therapy, Free consults, Specialties, Gender, Ages, Identities, and Availability. Below the filters, there is a section for "Superior HealthPlan therapists in Texas" with a brief description. Two therapist profiles are displayed: Sherry Kirkpatrick and Theo Carrillo. Each profile includes a profile picture, name, pronouns, insurance logos, and various credentials and specialties.

Get started at growtherapy.com/superiorhealth-members

For questions, email support+superiorhealthplan@growtherapy.com