

Psychotropic Medication Utilization

Review State Parameters



- Q: What indicators does Superior HealthPlan use to screen foster children in a Psychotropic Medication Utilization (PMUR)?**
- A: Children who have received treatment with a psychotropic medication(s) for 60 days or more that falls into the following categories:**
- Children under the age of 5 years, breakdown below:
 - Less than 3 years of age – stimulants
 - Less than 4 years of age Alpha Agonists Antidepressants Mood stabilizers
 - Less than 5 years of age – antipsychotics
 - Any child whose medication regimen appears to have class polypharmacy as defined by:
 - 2 or more concomitant stimulant medications. – 2 or more concomitant antipsychotics.
 - 2 or more concomitant alpha agonists. – 3 or more concomitant mood stabilizers.
 - 2 or more concomitant antidepressants.
 - Any child with 4 or more psychotropic medications.



Additional Guidelines:

- Medication is not consistent with appropriate care for the diagnosed mental disorder or with target symptoms.
- Psychotropic polypharmacy for a given mental disorder is prescribed before utilizing monotherapy.
- The psychotropic medication dose exceeds the usual recommended doses.
- Prescribing by a PCP who has not documented specialty training for a diagnosis other than ADHD, uncomplicated anxiety, or uncomplicated depression.
- Absence of a thorough assessment for the DSM-5 diagnosis(es) in the child's medical records.



Resources:

The Child Psychiatry Access Network (CPAN) is available for telephonic consultation for psychotropic prescribing. For questions or to enroll, please call CPAN at 1-888-901-CPAN(2726).

For more information please visit: SuperiorHealthPlan.com/ProviderBehavioralHealth



To view the Department of Family and Protective Services (DFPS) Psychotropic Medication webpage scan the QR code.