

Clinical Policy: Gender-Affirming Procedures

Reference Number: CP.MP.95 Date of Last Revision: 08/22 Coding Implications
Revision Log

See <u>Important Reminder</u> at the end of this policy for important regulatory and legal information.

Description

Services for gender affirmation most often include hormone treatment, counseling, psychotherapy, complete hysterectomy, bilateral mastectomy, chest reconstruction or augmentation as appropriate, genital reconstruction, facial hair removal, and certain facial plastic reconstruction. Not every individual will require each intervention, so necessity needs to be considered on an individualized basis. This criteria outlines medical necessity criteria for gender-affirming surgery when such services are included under the members'/enrollee's benefit plan contract provisions.

Policy/Criteria

It is the policy of Health Plans affiliated with Centene Corporation[®] that the gender-affirming surgeries listed in section III are considered **medically necessary** for members/enrollee's when diagnosed with gender dysphoria per criteria in section I and when meeting the eligibility criteria in section II.

Note: Individuals with a disorder of sexual development (i.e. intersex) and gender dysphoria are not required to meet the following criteria:

- A. Duration of gender dysphoria;
- B. Age requirements;
- C. Duration of prior treatment such as hormone therapy.

Procedures to surgically treat disorders of sexual development without concurrent gender dysphoria are not addressed within this policy.

I. Gender Dysphoria Criteria, meets A and B

- A. Marked incongruence between the member's /enrollee's experienced/expressed gender and assigned gender, of at least 6 month's duration, as *indicated by two or more* of the following:
 - 1. Marked incongruence between the member's /enrollee's experienced/expressed gender and primary and/or secondary sex characteristics;
 - 2. A strong desire to be rid of one's primary and/or secondary sex characteristics because of a marked incongruence with one's experienced/expressed gender;
 - 3. A strong desire for the primary and/or secondary sex characteristics of the other gender;
 - 4. A strong desire to be of the other gender (or some alternative gender different from one's assigned gender);
 - 5. A strong desire to be treated as the other gender (or some alternative gender different from one's assigned gender);
 - 6. A strong conviction that one has the typical feelings and reactions of the other gender (or some alternative gender different from one's assigned gender);
- B. The condition is associated with clinically significant distress or impairment in social, occupational, or other important areas of functioning.



II. Eligibility Criteria, meets all

- A. Age \geq 18 years,
 - 1. Exception: in adolescents with a female reproductive system < 18 years, chest surgery may be considered after one year of testosterone treatment;
- B. Capacity to make a fully informed decision (including, but not limited to, awareness of the potential effects of treatment on fertility) and to consent for treatment;
- C. If significant medical or mental health concerns present, they must be reasonably well controlled;
- D. Evidence the member/enrollee has lived at least 12 continuous months in a gender role that is congruent with their gender identity;
- E. Documentation that member/enrollee has completed 12 continuous months of cross-sex hormone therapy of the desired gender, unless medically contraindicated (not required for mastectomy in those with a female reproductive system; to be considered on a case-by-case basis for those < 18 years);
- F. A written referral letter from a qualified mental health practitioner (minimum of a master's degree or equivalent in a clinical behavioral science field granted by an accredited institution, with documented credentials from a relevant licensing board or equivalent) containing all of the following:
 - 1. Members/enrollees general identifying characteristics;
 - 2. Results of psychosocial assessment, including any diagnoses;
 - 3. Duration of referring health professional's relationship with the member/enrollee, including type of evaluation and therapy or counseling to date;
 - 4. An explanation that criteria for surgery have been met, and a brief description of clinical rationale for supporting the member's/enrollee's request for surgery;
 - 5. A statement that informed consent has been obtained from the member/enrollee;
 - 6. A statement that the mental health professional is willing and available for coordination of care;
 - 7. The degree to which the member/enrollee has followed the standards of care to date and the likelihood of future compliance;
- G. If the request is for genital-affirming surgery, a second referral letter from another qualified mental health professional (minimum of a master's degree or equivalent in a clinical behavioral science field granted by an accredited institution, with documented credentials from a relevant licensing board or equivalent), who has independently assessed the member/enrollee is required.

III. Gender-affirming surgeries considered medically necessary when meeting above criteria

- **A.** Procedures for those with a male reproductive system include:
 - Orchiectomy
 - Penectomy
 - Vaginoplasty
 - Urethroplasty
 - Mammaplasty
 - Clitoroplasty
 - Vulvoplasty

CENTENE® Corporation

CLINICAL POLICY Gender-Affirming Surgery

- Labiaplasty
- **B.** Procedures for those with a female reproductive system include:
 - Mastectomy
 - Salpingo-oophorectomy
 - Vaginectomy
 - Vulvectomy
 - Metoidoplasty

- Phalloplasty
- Hysterectomy
- Urethroplasty
- Scrotoplasty
- Testicular prosthesis
- **IV.** It is the policy of Health Plans affiliated with Centene Corporation that gender affirming facial procedures will be considered for medical necessity on a case-by-case basis when meeting the following:
 - A. Criteria in sections I and II;
 - B. Requested procedure intends to correct existing facial appearance that demonstrates significant variation from normal appearance for the experienced gender. Possible procedures include, but are not limited to, the following:
 - 1. Blepharoplasty;
 - 2. Face lift/brow lift;
 - 3. Facial implants and bone reconstruction;
 - 4. Hair removal/electrolysis;
 - 5. Drugs for hair loss or growth;
 - 6. Hair transplantation;
 - 7. Prosthetic or filler substances to alter contour;
 - 8. Rhinoplasty;
 - 9. Thyroid chondroplasty;
 - 10. Removal of redundant skin.
- V. It is the policy of Health Plans affiliated with Centene Corporation that revision procedures for affirming gender are **medically necessary** when the revision is required to address complications of a prior gender affirming procedure (wound dehiscence, fistula, chronic pain directly related to the surgery, etc.).
- VI. It is the policy of Health Plans affiliated with Centene Corporation that the following procedures, when used to improve the gender specific appearance of a member/enrollee undergoing gender affirmation are **not medically necessary** as they are considered cosmetic in nature (not an all-inclusive list):
 - Abdominoplasty
 - Liposuction
 - Skin resurfacing
 - Mastopexy

- Voice modification surgery, therapy or lessons;
- Revision procedures for purposes other than correction of complications.

Background

Gender identity is a person's deepest inner sense of being female or male, which for many is established by the age of 2 through 3 years. *Gender nonconformity* refers to the extent to which a



person's gender identity, role, or expression differs from the cultural norms prescribed for people of a particular sex.⁵ *Gender dysphoria* refers to the discomfort or distress that is cause by a discrepancy between a person's gender identity and that person's sex assigned at birth (and the associated gender role and/or primary and secondary sex characteristics). ^{2,5}

Treatment to assist people with gender dysphoria is available and can help to find the gender identity and role that is comfortable for them. Treatment is very individualized and may or may not involve gender-affirming surgery or body modification. Treatment options include changes in gender expression and role; hormone therapy to feminize or masculinize the body; surgery to change primary and/or secondary sex characteristics; and psychotherapy. Many people who receive treatment for gender dysphoria will find a gender role and expression that is comfortable for them, regardless of whether they differ from the sex assigned them at birth.

Guidelines from the World Professional Association for Transgender Health, Inc (WPATH) recommend that genital surgery not be carried out until patients reach the legal age of majority in a given country, and have lived continuously for at least 12 months in the gender role that is congruent with their gender identity. The age threshold should be seen as a minimum criterion and not an indication in and of itself for active intervention. The guidelines note, however, that chest surgery in female to male patients could be carried out earlier, preferably after ample time of living in the desired gender role and after one year of testosterone treatment. The intent of this suggested sequence is to give adolescents sufficient opportunity to experience and socially adjust in a more masculine gender role, before undergoing irreversible surgery. However, different approaches may be more suitable, depending on an adolescent's specific clinical situation and goals for gender identity expression.

For referral letters, characteristics of a Qualified Mental Health Professional include all of the following:¹¹

- 1. Minimum of a master's degree or equivalent in a clinical behavioral science field granted by an institution accredited by the appropriate national or regional accrediting board. The professional should have documented credentials from a relevant licensing board or equivalent;
- 2. Competence in using the Diagnostic Statistical Manual of Mental Disorders and/or the International Classification of Diseases for diagnostic purposes;
- 3. Ability to recognize and diagnose co-existing mental health concerns and to distinguish these from gender dysphoria;
- 4. Documented supervised training and competence in psychotherapy or counseling;
- 5. Knowledgeable about gender nonconforming identities and expressions, and the assessment and treatment of gender dysphoria;
- 6. Continuing education in the assessment and treatment of gender dysphoria. This may include attending relevant professional meetings, workshops, or seminars; obtaining supervision from a mental health professional with relevant experience; or participating in research related to gender nonconformity and gender dysphoria.

Coding Implications

This clinical policy references Current Procedural Terminology (CPT®). CPT® is a registered trademark of the American Medical Association. All CPT codes and descriptions are copyrighted



2021, American Medical Association. All rights reserved. CPT codes and CPT descriptions are from the current manuals and those included herein are not intended to be all-inclusive and are included for informational purposes only. Codes referenced in this clinical policy are for informational purposes only. Inclusion or exclusion of any codes does not guarantee coverage. Providers should reference the most up-to-date sources of professional coding guidance prior to the submission of claims for reimbursement of covered services.

CPT codes that may be considered part of gender-affirming surgery.

This code list does not indicate if a procedure is or is not considered medically necessary.

CPT® Codes	Description		
11950 through	·		
11954	Subcutaneous injection of filling material (eg, collagen)		
11060	Insertion of tissue expander(s) for other than breast, including subsequent		
11960	expansion		
11970	Replacement of tissue expander with permanent implant		
14000	Adjacent tissue transfer or rearrangement, trunk; defect 10 sq cm or less		
14001	Adjacent tissue transfer or rearrangement, trunk; defect 10.1 sq cm to 30.0 sq cm		
14040	Adjacent tissue transfer or rearrangement, forehead, cheeks, chin, mouth, neck,		
14040	axillae, genitalia, hands and/or feet; defect 10 sq cm or less		
14041	Adjacent tissue transfer or rearrangement, forehead, cheeks, chin, mouth, neck,		
17071	axillae, genitalia, hands and/or feet; defect 10.1 sq cm to 30.0 sq cm		
15100	Split-thickness autograft, trunk, arms, legs; first 100 sq cm or less, or 1% of		
15100	body area of infants and children (except 15050)		
	Split-thickness autograft, trunk, arms, legs; each additional 100 sq cm, or each		
15101	additional 1% of body area of infants and children, or part thereof (List		
	separately in addition to code for primary procedure)		
	Split-thickness autograft, face, scalp, eyelids, mouth, neck, ears, orbits, genitalia,		
15120	hands, feet, and/or multiple digits; first 100 sq cm or less, or 1% of body area of		
	infants and children (except 15050)		
	Split-thickness autograft, face, scalp, eyelids, mouth, neck, ears, orbits, genitalia,		
15121	hands, feet, and/or multiple digits; each additional 100 sq cm, or each additional		
	1% of body area of infants and children, or part thereof (List separately in		
	addition to code for primary procedure)		
15200	Full thickness graft, free, including direct closure of donor site, trunk; 20 sq cm		
1,5,570	or less		
15570	Formation of direct or tubed pedicle, with or without transfer; trunk		
15574	Formation of direct or tubed pedicle, with or without transfer; forehead, cheeks,		
15000	chin, mouth, neck, axillae, genitalia, hands or feet		
15600	Delay of flap or sectioning of flap (division and inset); at trunk		
15620	Delay of flap or sectioning of flap (division and inset); at forehead, cheeks, chin,		
15757	neck, axillae, genitalia, hands, or feet		
15757	Free skin flap with microvascular anastomosis		
15758	Free fascial flap with microvascular anastomosis		
15775	Punch graft for hair transplant; 1 to 15 punch grafts		
15776	Punch graft for hair transplant; more than 15 punch grafts		



CPT® Codes	Description		
15780 through			
15783	Dermabrasion		
15786	Abrasion; single lesion (eg, keratosis, scar)		
15707	Abrasion; each additional 4 lesions or less (List separately in addition to code for		
15787	primary procedure)		
15788	Chemical peel, facial; epidermal		
15789	Chemical peel, facial; dermal		
15792	Chemical peel, nonfacial; epidermal		
15793	Chemical peel, nonfacial; dermal		
15820 through			
15823	Blepharoplasty		
15824	Rhytidectomy; forehead		
15825	Rhytidectomy; neck with platysmal tightening (platysmal flap, P-flap)		
15826	Rhytidectomy; glabellar frown lines		
15828	Rhytidectomy; cheek, chin, and neck		
15829	Rhytidectomy; superficial musculoaponeurotic system (SMAS) flap		
	Excision, excessive skin and subcutaneous tissue (includes lipectomy);		
15830	abdomen, infraumbilical panniculectomy		
15832 through			
15839	Excision, excessive skin and subcutaneous tissue (includes lipectomy)		
15876 through			
15879	Suction assisted lipectomy		
17380	Electrolysis epilation, each 30 minutes		
19303	Mastectomy, simple, complete		
19316	Mastopexy		
19318	Breast reduction		
19325	Breast augmentation with implant		
19350	Nipple/areola reconstruction		
21120	Genioplasty; augmentation (autograft, allograft, prosthetic material)		
21121	Genioplasty; sliding osteotomy, single piece		
21122	Genioplasty; sliding osteotomies, 2 or more osteotomies (eg, wedge excision or		
21122	bone wedge reversal for asymmetrical chin)		
21122	Genioplasty; sliding, augmentation with interpositional bone grafts (includes		
21123	obtaining autografts)		
21125	Augmentation, mandibular body or angle; prosthetic material		
21127	Augmentation, mandibular body or angle; with bone graft, onlay or		
21127	interpositional (includes obtaining autograft)		
21208	Osteoplasty, facial bones; augmentation (autograft, allograft, or prosthetic		
21200	implant)		
21209	Osteoplasty, facial bones; reduction		
21210	Graft, bone; nasal, maxillary or malar areas (includes obtaining graft)		
21270	Malar augmentation, prosthetic material		
30400	Rhinoplasty, primary; lateral and alar cartilages and/or elevation of nasal tip		



CPT® Codes	Description		
20410	Rhinoplasty, primary; complete, external parts including bony pyramid, lateral		
30410	and alar cartilages, and/or elevation of nasal tip		
30420	Rhinoplasty, primary; including major septal repair		
30430	Rhinoplasty, secondary; minor revision (small amount of nasal tip work)		
30435	Rhinoplasty, secondary; intermediate revision (bony work with osteotomies)		
30450	Rhinoplasty, secondary; major revision (nasal tip work and osteotomies)		
31599	Unlisted procedure, larynx		
31899	Unlisted procedure, trachea, bronchi		
53410	Urethroplasty, 1-stage reconstruction of male anterior urethra		
53415	Urethroplasty, transpubic or perineal, 1-stage, for reconstruction or repair of prostatic or membranous urethra		
	Urethroplasty, 2-stage reconstruction or repair of prostatic or membranous		
53420	urethra; first stage		
	Urethroplasty, 2-stage reconstruction or repair of prostatic or membranous		
53425	urethra; second stage		
53430	Urethroplasty reconstruction female urethra		
33430	Urethromeatoplasty, with partial excision of distal urethral segment (Richardson		
53460	type procedure)		
54125	Amputation of penis; complete		
54400	Insertion of penile prosthesis; non-inflatable (semi-rigid)		
54401	Insertion of penile prosthesis; inflatable (self-contained)		
54405	Insertion of multi-component, inflatable penile prosthesis, including placement of pump, cylinders, and reservoir		
54406	Removal of all components of a multi-component, inflatable penile prosthesis without replacement of prosthesis		
54408	Repair of component(s) of a multi-component, inflatable penile prosthesis		
	Removal and replacement of all component(s) of a multi-component, inflatable		
54410	penile prosthesis at the same operative session		
54411	Removal and replacement of all components of a multi-component inflatable penile prosthesis through an infected field at the same operative session, including irrigation and debridement of infected tissue		
54415	Removal of non-inflatable (semi-rigid) or inflatable (self-contained) penile prosthesis, without replacement of prosthesis		
54416	Removal and replacement of non-inflatable (semi-rigid) or inflatable (self-contained) penile prosthesis at the same operative session		
54417	Removal and replacement of non-inflatable (semi-rigid) or inflatable (self-contained) penile prosthesis through an infected field at the same operative session, including irrigation and debridement of infected tissue		
54520	Orchiectomy simple with or without testicular prosthesis, scrotal or inguinal approach		
54660	Insertion testicular prosthesis (separate procedure)		
54690	Laparoscopy, surgical; orchiectomy		
55175	Scrotoplasty; simple		
55180	Scrotoplasty; complicated		



CPT® Codes	Description
55970	Intersex surgery; male to female
55980	Intersex surgery; female to male
56625	Vulvectomy simple; complete
56800	Plastic repair of introitus
56805	Clitoroplasty intersex state
56810	Perineoplasty, repair of perineum, nonobstetrical (separate procedure)
57106	Vaginectomy, partial removal of vaginal wall;
	Vaginectomy, partial removal of vaginal wall; with removal of paravaginal
57107	tissue (radical vaginectomy)
57110	Vaginectomy complete removal vaginal wall
	Vaginectomy, complete removal of vaginal wall; with removal of paravaginal
57111	tissue (radical vaginectomy)
57291	Construction artificial vagina; without graft
57292	Construction artificial vagina; with graft
57295	Revision (including removal) of prosthetic vaginal graft; vaginal approach
	Revision (including removal) of prosthetic vaginal graft; open abdominal
57296	approach
57335	Vaginoplasty intersex state
57426	Revision (including removal) of prosthetic vaginal graft, laparoscopic approach
	Total abdominal hysterectomy (corpus and cervix) with or without removal of
58150	tube(s), with or without removal of ovary(s)
58260	Vaginal hysterectomy, for uterus 250 g or less
	Vaginal hysterectomy uterus 250 g or less; with removal of tube(s) and/or ovary
58262	(s)
50262	Vaginal hysterectomy, for uterus 250 g or less; with removal of tube(s), and/or
58263	ovary(s), with repair of enterocele
	Vaginal hysterectomy, for uterus 250 g or less; with colpo-urethrocystopexy
58267	(Marshall-Marchetti-Krantz type, Pereyra type) with or without endoscopic
	control
58270	Vaginal hysterectomy, for uterus 250 g or less; with repair of enterocele
58275	Vaginal hysterectomy, with total or partial vaginectomy
58285	Vaginal hysterectomy, radical (Schauta type operation)
58290	Vaginal hysterectomy, for uterus greater than 250 g
59201	Vaginal hysterectomy uterus greater than 250 g; with removal of tube(s) and/or
58291	ovary(s)
59202	Vaginal hysterectomy, for uterus greater than 250 g; with removal of tube(s)
58292	and/or ovary(s), with repair of enterocele
58294	Vaginal hysterectomy, for uterus greater than 250 g; with repair of enterocele
58541	Laparoscopy, surgical, supracervical hysterectomy, for uterus 250 g or less;
58542	Laparoscopy, surgical, supracervical hysterectomy, for uterus 250 g or less; with
J0J42	removal of tube(s) and/or ovary(s)
58543	Laparoscopy, surgical, supracervical hysterectomy, for uterus greater than 250 g;
58544	Laparoscopy, surgical, supracervical hysterectomy, for uterus greater than 250 g;
J0J 44	with removal of tube(s) and/or ovary(s)

CENTENE[®] Corporation

CLINICAL POLICY Gender-Affirming Surgery

CPT® Codes	Description	
58550	Laparoscopy, surgical, with vaginal hysterectomy, for uterus 250 g or less	
58552	Laparoscopy, surgical, with vaginal hysterectomy, for uterus 250 g or less; with removal of tube(s) and/or ovary (s)	
58553	Laparoscopy, surgical, with vaginal hysterectomy, for uterus greater than 250 g	
58554	Laparoscopy, surgical, with vaginal hysterectomy, for uterus greater than 250 g; with removal of tube(s) and/or ovary(s)	
58570	Laparoscopy, surgical, with total hysterectomy, for uterus 250 g or less	
58571	Laparoscopy, surgical, with total hysterectomy, for uterus 250 g or less; with removal of tube(s) and/or ovary(s)	
58572	Laparoscopy, surgical, with total hysterectomy for uterus greater than 250 g	
58573	Laparoscopy, surgical, with total hysterectomy, for uterus greater than 250 g; with removal of tube(s) and/or ovary(s)	
58661	Laparoscopy surgical; with removal of adnexal structures (partial or total ophorectomy and/or salpingectomy)	
58720	Salpingo-oophorectomy, complete or partial, unilateral or bilateral (separate procedure)	
58940	Oophorectomy, partial or total, unilateral or bilateral	
58999	Unlisted procedure, female genital system (nonobstetrical)	
64856	Suture of major peripheral nerve, arm or leg, except sciatic; including transposition	
64892	Nerve graft (includes obtaining graft), single strand, arm or leg; up to 4 cm length	
64896	Nerve graft (includes obtaining graft), multiple strands (cable), hand or foot; more than 4 cm length	
67900	Repair of brow ptosis (supraciliary, mid-forehead or coronal approach)	

ICD-10-CM Diagnosis Codes that Support Coverage Criteria

ICD 10 CM Code	Description
F64.0 through F64.9	Gender identity disorders
Z87.890	Personal history of sex reassignment

Reviews, Revisions, and Approvals	Revision Date	Approval Date
Policy developed; specialist reviewed	11/14	11/14
Criteria II.D changed to 'Evidence the member/enrollee lived'	11/15	11/15
instead of requirement to complete		
Criteria II.E added note that hormone therapy not required for		
mastectomy in female to male		
Added to II.F: The degree to which the member/enrollee has	11/16	11/16
followed the standards of care to date and the likelihood of		
future compliance.		
Changed mammaplasty to medically necessary for transwomen		



Reviews, Revisions, and Approvals	Revision Date	Approval Date
Updated coding tables	Section Ducc	
Added to II.A.1: Exception: in adolescent female to male patients < 18 years, chest surgery may be considered after one year of testosterone treatment. Revised II E to reiterate that cross-sex hormone in mastectomy for female to male is required for those < 18 years. Codes reviewed and updated	11/17	11/17
Added clitoroplasty, vulvoplasty and labiaplasty to section III.A. References reviewed and updated. Codes reviewed and updated.	09/18	10/18
Replaced term "gender reassignment" with "gender affirmation" throughout the policy and changed title to "Gender Affirming Procedures". Added criteria for endometrial ablation as a medically necessary procedure for transmen. Added as not medically necessary brow lift and voice therapy/lessons. Codes reviewed (14040 corrected and 14001 and 15101 added, along with various description updates). Reviewed by specialist.	10/19	10/19
Removed indication for endometrial ablation as it is included in CP.MP.106.	11/19	
Removed CPT code 19304 - code deleted 1/1/2020	04/20	
Added statement that revision procedures are medically necessary when performed to correct procedure complications. Added revisions for other purposes to the cosmetic, not medically necessary list. Removed background statement that only some transgender, transsexual, and gender nonconforming people experience gender dysphoria. References reviewed and updated.	08/20	08/20
Added characteristics of a mental health provider to II.F and II.G. Revised criteria in II.G to allow second referral letter from a qualified mental health provider, rather than limiting to psychologist or psychiatrist. References reviewed and updated. Description of CPT 11970, 19325 revised in 2021. CPT 19324, 58293 deleted in 2021. Replaced "member" with "member/enrollee."	03/21	04/21
Added 19318 to the list of CPT codes that may be considered part of gender affirming procedures.	11/21	
Annual Review. Changed "Last Review Date" to "Date of Last Revision" in the header. Added note before the criteria section stating that individuals with a disorder of sexual development (i.e. intersex) don't need to meet all the same criteria for duration of gender dysphoria, age requirements and duration of prior treatment such as hormone therapy. Incorporated genderneutral language to the eligibility and criteria section II. A. 1, E.	08/22	08/22



Reviews, Revisions, and Approvals	Revision Date	Approval Date
and III. A and B. In II.B., noted that informed consent includes		
awareness of treatment effects on fertility. Added the word		
"minimum" to degree requirement in criteria II.F. and G. In		
II.E, noted that the requirement of 12 months of hormone		
therapy before mastectomy in adolescents should be considered		
on a case-by-case basis. Added new criteria in section IV		
regarding facial procedures, and modified the not medically		
necessary procedures list in VI accordingly. Grammatical		
changes made to the background with no impact to the policy.		
"Date" changed to "Revision Date" in the revision log header.		
References reviewed and updated. Specialist reviewed.		

References

- 1. American Psychiatric Association. Diagnostic and Statistical Manual of Mental Disorders. 5th ed. Arlington, VA: American Psychiatric Publishing; 2013.
- 2. Fisk NM. Editorial: Gender dysphoria syndrome the conceptualization that liberalizes indications for total gender reorientation and implies a broadly based multi-dimensional rehabilitative regimen. *West J Med* 120:386 to391, May 1974.
- 3. Hayes Medical Technology Directory. Sex reassignment surgery for the treatment of gender dysphoria. May 11, 2015. Annual Review July 27, 2021. Accessed July 18, 2022.
- 4. Institute of Medicine. The health of lesbian, gay, bisexual, and transgender people: Building a foundation for better understanding. 2011.
- 5. Knudson G, De Cuypere G, Bockting W. Recommendations for revision of the DSM diagnoses of gender identity disorders: Consensus statement of The World Professional Association for Transgender Health. *Int J Transgend*, 12(2);115to 118.
- 6. Levine DA, Committee on Adolescence. Office-based care for lesbian, gay, bisexual, transgender, and questioning youth. *Pediatrics* 2013;132;e297. http://pediatrics.aappublications.org/content/132/1/e297
- 8. Safer JD, Tangpricha, V. Transgender women: Evaluation and management. UpToDate website. www.uptodate.com. Published December 01, 2021Accessed July 18, 2022.
- 9. Safer JD, Tangpricha, V. Transgender men: Evaluation and management. UpToDate website. www.uptodate.com. Published December 2, 2020. Accessed July 18, 2022
- 10. The World Professional Association for Transgender Health, Inc. (WPATH). Position statement on medical necessity of treatment, sex reassignment, and insurance coverage in the U.S.A. https://www.wpath.org/newsroom/medical-necessity-statement Published June 2008 (updated December 2016). Accessed July 18, 2022
- 11. The World Professional Association for Transgender Health, Inc. (WPATH). Standards of Care for the Health of Transsexual, Transgender, and Gender Nonconforming People, Version 7. https://www.wpath.org/publications/soc. Published 2012. Accessed July 18, 2022.
- 12. American College of Obstetricians and Gynecologists. Health Care for Transgender and Gender Diverse Individuals. Committee opinion number 823 (replaces committee opinion 512 and 685. www.acog.org. Published March 2021. Accessed April 6. 2021.

CENTENE°

CLINICAL POLICY Gender-Affirming Surgery

- 13. van de Grift TC, Elaut E, Cerwenka SC, et al. Surgical Satisfaction, Quality of Life, and Their Association After Gender-Affirming Surgery: A Follow-up Study. *J Sex Marital Ther*. 2017 May 4:1to 11.
- 14. Papadopulos NA, Lellé JD, Zavlin D, et al. Quality of Life and Patient Satisfaction Following Male-to-Female Sex Reassignment Surgery. *J Sex Med*. 2017 May;14(5):721to 730
- 15. Hembree WC, Cohen-Kettenis PT, Gooren L, et al. Endocrine Treatment of Gender-Dysphoric/Gender-Incongruent Persons: An Endocrine Society Clinical Practice Guideline. *J Clin Endocrinol Metab*, November 2017, 102(11):3869 to 3903
- 16. Local Coverage Article Gender Reassignment Services for Gender Dysphoria (A53793). Centers for Medicare and Medicaid Services website https://www.cms.gov/medicare-coverage-database/overview-and-quick-search.aspx. Published Oct 1, 2015 (revised January 1, 2021). Accessed April 6, 2021.
- 17. Van Damme S, Cosyns M, Deman S, et al. The Effectiveness of Pitch-raising Surgery in Male-to-Female Transsexuals: A Systematic Review. *J Voice*. 2017 Mar;31(2):244.e1-244.e5. doi: 10.1016/j.jvoice.2016.04.002. Epub 2016 Jul 28.
- 18. Mahfouda S, Moore JK, Siafarikas A, et al. Gender-affirming Hormones and Surgery in Transgender Children and Adolescents. *Lancet Diabetes Endo.* 2019 Jun;7(6):484 to 498.
- 19. Butler RM., Horenstein A, Gitlin M, et al. (2019). Social anxiety among transgender and gender nonconforming individuals: The role of gender-affirming medical interventions. *J Abnorm Psychol*, 128(1), 25 to 31.
- 20. Ferrando C, Thomas TN. Gender- Affirming surgery: male to female. UpToDate website. www.uptodate.com.Published May,16,2022. Accessed July 18,2022.
- 21. Ferrando C, Nikolavsky D, Zhao, LC. Gender Affirming surgery: female to male. UpToDate website. www.uptodate.com. Published July 8, 2022. Accessed July 18, 2022.

Important Reminder

This clinical policy has been developed by appropriately experienced and licensed health care professionals based on a review and consideration of currently available generally accepted standards of medical practice; peer-reviewed medical literature; government agency/program approval status; evidence-based guidelines and positions of leading national health professional organizations; views of physicians practicing in relevant clinical areas affected by this clinical policy; and other available clinical information. The Health Plan makes no representations and accepts no liability with respect to the content of any external information used or relied upon in developing this clinical policy. This clinical policy is consistent with standards of medical practice current at the time that this clinical policy was approved. "Health Plan" means a health plan that has adopted this clinical policy and that is operated or administered, in whole or in part, by Centene Management Company, LLC, or any of such health plan's affiliates, as applicable.

The purpose of this clinical policy is to provide a guide to medical necessity, which is a component of the guidelines used to assist in making coverage decisions and administering benefits. It does not constitute a contract or guarantee regarding payment or results. Coverage decisions and the administration of benefits are subject to all terms, conditions, exclusions and limitations of the coverage documents (e.g., evidence of coverage, certificate of coverage, policy, contract of insurance, etc.), as well as to state and federal requirements and applicable Health Plan-level administrative policies and procedures.

CENTENE° Corporation

CLINICAL POLICY Gender-Affirming Surgery

This clinical policy is effective as of the date determined by the Health Plan. The date of posting may not be the effective date of this clinical policy. This clinical policy may be subject to applicable legal and regulatory requirements relating to provider notification. If there is a discrepancy between the effective date of this clinical policy and any applicable legal or regulatory requirement, the requirements of law and regulation shall govern. The Health Plan retains the right to change, amend or withdraw this clinical policy, and additional clinical policies may be developed and adopted as needed, at any time.

This clinical policy does not constitute medical advice, medical treatment or medical care. It is not intended to dictate to providers how to practice medicine. Providers are expected to exercise professional medical judgment in providing the most appropriate care and are solely responsible for the medical advice and treatment of members/enrollees. This clinical policy is not intended to recommend treatment for members/enrollee. Members/enrollees should consult with their treating physician in connection with diagnosis and treatment decisions.

Providers referred to in this clinical policy are independent contractors who exercise independent judgment and over whom the Health Plan has no control or right of control. Providers are not agents or employees of the Health Plan.

This clinical policy is the property of the Health Plan. Unauthorized copying, use, and distribution of this clinical policy or any information contained herein are strictly prohibited. Providers, members/enrollees and their representatives are bound to the terms and conditions expressed herein through the terms of their contracts. Where no such contract exists, providers, members/enrollees and their representatives agree to be bound by such terms and conditions by providing services to members/enrollees and/or submitting claims for payment for such services.

Note: For Medicaid members/enrollees, when state Medicaid coverage provisions conflict with the coverage provisions in this clinical policy, state Medicaid coverage provisions take precedence. Please refer to the state Medicaid manual for any coverage provisions pertaining to this clinical policy.

Note: For Medicare members/enrollees, to ensure consistency with the Medicare National Coverage Determinations (NCD) and Local Coverage Determinations (LCD), all applicable NCDs, LCDs, and Medicare Coverage Articles should be reviewed <u>prior to</u> applying the criteria set forth in this clinical policy. Refer to the CMS website at http://www.cms.gov for additional information.

©2016 Centene Corporation. All rights reserved. All materials are exclusively owned by Centene Corporation and are protected by United States copyright law and international copyright law. No part of this publication may be reproduced, copied, modified, distributed, displayed, stored in a retrieval system, transmitted in any form or by any means, or otherwise published without the prior written permission of Centene Corporation. You may not alter or remove any trademark, copyright or other notice contained herein. Centene® and Centene Corporation® are registered trademarks exclusively owned by Centene Corporation.