

**Clinical Policy: Enzalutamide (Xtandi)**

Reference Number: CP.PHAR.106

Effective Date: 10.12

Last Review Date: 02.21

Line of Business: HIM, Medicaid

[Revision Log](#)

See [Important Reminder](#) at the end of this policy for important regulatory and legal information.

**Description**

Enzalutamide (Xtandi®) is an androgen receptor inhibitor.

**FDA Approved Indication(s)**

Xtandi is indicated for the treatment of patients with:

- Castration-resistant prostate cancer (CRPC)
- Metastatic castration-sensitive prostate cancer (CSPC)

**Policy/Criteria**

*Provider must submit documentation (such as office chart notes, lab results or other clinical information) supporting that member has met all approval criteria.*

It is the policy of health plans affiliated with Centene Corporation® that Xtandi is **medically necessary** when the following criteria are met:

**I. Initial Approval Criteria****A. Prostate Cancer** (must meet all):

1. Diagnosis of one of the following (a or b):
  - a. CRPC, as evidenced by disease progression despite bilateral orchiectomy or other androgen deprivation therapy (ADT) (*see Appendix D*);
  - b. Metastatic CSPC;
2. Prescribed by or in consultation with an oncologist or urologist;
3. Age ≥ 18 years;
4. For Xtandi request, medical justification supports inability to use generic enzalutamide, if available, (e.g., contraindications to excipients);
5. Prescribed concurrently with a gonadotropin-releasing hormone (GnRH) analog or member has had a bilateral orchiectomy;
6. Request meets one of the following (a, b, c, or d):\*
  - a. If prescribed concomitantly with a strong CYP2C8 inhibitor (e.g., gemfibrozil): Dose does not exceed 80 mg (2 capsules or 1 tablet) per day;
  - b. Dose does not exceed 160 mg (4 capsules or 2 tablets) per day;
  - c. If prescribed concomitantly with a strong CYP3A4 inducer (e.g., phenytoin, carbamazepine, rifampin, rifabutin, rifapentine, and phenobarbital): Dose does not exceed 240 mg (6 capsules or 3 tablets) per day;
  - d. Dose is supported by practice guidelines or peer-reviewed literature for the relevant off-label use (*prescriber must submit supporting evidence*).

*\*Prescribed regimen must be FDA-approved or recommended by NCCN*

**Approval duration: 6 months**

**B. Other diagnoses/indications**

1. Refer to the off-label use policy for the relevant line of business if diagnosis is NOT specifically listed under section III (Diagnoses/Indications for which coverage is NOT authorized): HIM.PA.154 for health insurance marketplace and CP.PMN.53 for Medicaid.

**II. Continued Therapy**

**A. Prostate Cancer (must meet all):**

1. Currently receiving medication via Centene benefit, or documentation supports that member is currently receiving Xtandi for prostate cancer and has received this medication for at least 30 days;
2. Member is responding positively to therapy;
3. For Xtandi request, medical justification supports inability to use enzalutamide, if available, (e.g., contraindications to excipients);
4. If request is for a dose increase, request meets one of the following (a, b, c, or d):\*
  - a. If prescribed concomitantly with a strong CYP2C8 inhibitor (e.g., gemfibrozil): New dose does not exceed 80 mg (2 capsules or 1 tablet) per day;
  - b. New dose does not exceed 160 mg (4 capsules or 2 tablets) per day;
  - c. If prescribed concomitantly with a strong CYP3A4 inducer (e.g., phenytoin, carbamazepine, rifampin, rifabutin, rifapentine, and phenobarbital): New dose does not exceed 240 mg (6 capsules or 3 tablets) per day;
  - d. New dose is supported by practice guidelines or peer-reviewed literature for the relevant off-label use (*prescriber must submit supporting evidence*).

*\*Prescribed regimen must be FDA-approved or recommended by NCCN*

**Approval duration: 12 months**

**B. Other diagnoses/indications (must meet 1 or 2):**

1. Currently receiving medication via Centene benefit and documentation supports positive response to therapy.

**Approval duration: Duration of request or 6 months (whichever is less); or**

2. Refer to the off-label use policy for the relevant line of business if diagnosis is NOT specifically listed under section III (Diagnoses/Indications for which coverage is NOT authorized): HIM.PA.154 for health insurance marketplace, and CP.PMN.53 for Medicaid.

**III. Diagnoses/Indications for which coverage is NOT authorized:**

- A. Non-FDA approved indications, which are not addressed in this policy, unless there is sufficient documentation of efficacy and safety according to the off label use policies – HIM.PA.154 for health insurance marketplace, and CP.PMN.53 for Medicaid or evidence of coverage documents.

**IV. Appendices/General Information**

*Appendix A: Abbreviation/Acronym Key*

ADT: androgen deprivation therapy

CRPC: castration-resistant prostate cancer

CSPC: castration-sensitive prostate cancer  
FDA: Food and Drug Administration  
GnRH: gonadotropin-releasing hormone

LHRH: luteinizing hormone-releasing hormone  
NCCN: National Comprehensive Cancer Network

*Appendix B: Therapeutic Alternatives*

Not applicable

*Appendix C: Contraindications/Boxed Warnings*

None reported

*Appendix D: General Information*

- CRPC is prostate cancer that progresses clinically, radiographically, or biochemically despite castrate levels of serum testosterone (< 50 ng/dL). Per the NCCN, ADT should be continued in the setting of CRPC while additional therapies are applied.
  - Examples of ADT include:
    - Bilateral orchiectomy (surgical castration)
    - Luteinizing hormone-releasing hormone (LHRH) given with or without an anti-androgen:
      - LHRH agonists: Zoladex<sup>®</sup> (goserelin), Vantas<sup>®</sup> (histrelin), leuprolide (Lupron Depot<sup>®</sup>, Eligard<sup>®</sup>), and Trelstar<sup>®</sup> (triptorelin)
      - Anti-androgens: bicalutamide (Casodex<sup>®</sup>), flutamide, nilutamide (Nilandron<sup>®</sup>), Xtandi<sup>®</sup> (enzalutamide), Erleada<sup>®</sup> (apalutamide)
    - LHRH antagonist: Firmagon<sup>®</sup> (degarelix)

**V. Dosage and Administration**

Indication	Dosing Regimen	Maximum Dose
CRPC, metastatic CSPC	160 mg (two 80 mg tablets) PO QD. Patients receiving Xtandi should also receive a GnRH analog concurrently or should have had bilateral orchiectomy	160 mg/day; 240 mg/day if taking a strong CYP3A4 inducer

**VI. Product Availability**

Capsule: 40 mg

Tablets: 40 mg, 80 mg

**VII. References**

1. Xtandi Prescribing Information. Northbrook, IL: Astellas Pharma US.; October 2020. Available at: <https://www.xtandi.com/>. Accessed November 10, 2020.
2. National Comprehensive Cancer Network Drugs and Biologics Compendium. Available at [https://www.nccn.org/professionals/drug\\_compendium/content/](https://www.nccn.org/professionals/drug_compendium/content/). Accessed November 10, 2020.
3. National Comprehensive Cancer Network. Prostate Cancer Version 2.2020. Available at: [https://www.nccn.org/professionals/physician\\_gls/pdf/prostate.pdf](https://www.nccn.org/professionals/physician_gls/pdf/prostate.pdf). Accessed November 10, 2020.

Reviews, Revisions, and Approvals	Date	P&T Approval Date
Initial: clarified ADT; added max dose for concomitant use with a strong CYP3A4 inducer for FDA approved use; added NCCN recommended use; re-auth: added efficacy criterion requiring documentation of positive response to therapy. Safety criteria was applied according to the safety guidance discussed at CPAC and endorsed by Centene Medical Affairs.	09.17	11.17
3Q 2018 annual review: added HIM line of business; specialist requirement was added; off-label use in castration-naïve prostate cancer removed per NCCN guidelines; references reviewed and updated.	05.15.18	08.18
Criteria added for new FDA indication: non-metastatic CRPC; removed requirement for metastatic disease as Xtandi is now approved for non-metastatic prostate cancer; added requirement for non-metastatic disease that Xtandi be used with a GnRH analog or member has had a bilateral orchiectomy; added urologist prescriber option; references reviewed and updated.	08.28.18	02.19
2Q 2019 annual review: added maximum dose restriction for concomitant strong CYP2C8 inhibitor use; no significant changes; references reviewed and updated.	03.05.19	05.19
1Q 2020 annual review: criteria added for new FDA indication: metastatic CSPC; modified to require that a GnRH analog should always be prescribed concurrently with Xtandi unless member has had a bilateral orchiectomy (regardless of metastatic or non-metastatic disease) per FDA labeling and NCCN guidelines; references reviewed and updated.	01.14.20	02.20
RT4: Added new dosage form of 40 and 80 mg tablets	08.25.20	
1Q 2021 annual review: oral oncology generic redirection language added; references to HIM.PHAR.21 revised to HIM.PA.154; references reviewed and updated.	11.10.20	02.21

### **Important Reminder**

This clinical policy has been developed by appropriately experienced and licensed health care professionals based on a review and consideration of currently available generally accepted standards of medical practice; peer-reviewed medical literature; government agency/program approval status; evidence-based guidelines and positions of leading national health professional organizations; views of physicians practicing in relevant clinical areas affected by this clinical policy; and other available clinical information. The Health Plan makes no representations and accepts no liability with respect to the content of any external information used or relied upon in developing this clinical policy. This clinical policy is consistent with standards of medical practice current at the time that this clinical policy was approved. “Health Plan” means a health plan that has adopted this clinical policy and that is operated or administered, in whole or in part, by Centene Management Company, LLC, or any of such health plan’s affiliates, as applicable.

The purpose of this clinical policy is to provide a guide to medical necessity, which is a component of the guidelines used to assist in making coverage decisions and administering benefits. It does not constitute a contract or guarantee regarding payment or results. Coverage decisions and the administration of benefits are subject to all terms, conditions, exclusions and limitations of the coverage documents (e.g., evidence of coverage, certificate of coverage, policy, contract of insurance, etc.), as well as to state and federal requirements and applicable Health Plan-level administrative policies and procedures.

This clinical policy is effective as of the date determined by the Health Plan. The date of posting may not be the effective date of this clinical policy. This clinical policy may be subject to applicable legal and regulatory requirements relating to provider notification. If there is a discrepancy between the effective date of this clinical policy and any applicable legal or regulatory requirement, the requirements of law and regulation shall govern. The Health Plan retains the right to change, amend or withdraw this clinical policy, and additional clinical policies may be developed and adopted as needed, at any time.

This clinical policy does not constitute medical advice, medical treatment or medical care. It is not intended to dictate to providers how to practice medicine. Providers are expected to exercise professional medical judgment in providing the most appropriate care, and are solely responsible for the medical advice and treatment of members. This clinical policy is not intended to recommend treatment for members. Members should consult with their treating physician in connection with diagnosis and treatment decisions.

Providers referred to in this clinical policy are independent contractors who exercise independent judgment and over whom the Health Plan has no control or right of control. Providers are not agents or employees of the Health Plan.

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**Note:**

**For Medicaid members**, when state Medicaid coverage provisions conflict with the coverage provisions in this clinical policy, state Medicaid coverage provisions take precedence. Please refer to the state Medicaid manual for any coverage provisions pertaining to this clinical policy.

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