

Clinical Policy: Peginterferon Alfa-2a,b (Pegasys, PegIntron)

Reference Number: CP.PHAR.89

Effective Date: 10.11 Last Review Date: 08.22

Line of Business: Commercial, HIM, Medicaid

Revision Log

See <u>Important Reminder</u> at the end of this policy for important regulatory and legal information.

Description

Peginterferon alfa-2a (Pegasys[®]) is a covalent conjugate of recombinant alfa-2a interferon. Peginterferon alfa-2b (PegIntron[®]) is an alpha interferon.

FDA Approved Indication(s)

Pegasys is indicated for the treatment of:

- Chronic hepatitis C (CHC) as part of a combination regimen with other hepatitis C virus (HCV) antiviral drugs in adult patients with compensated liver disease
- CHC as monotherapy in adult patient that have contraindication to or significant intolerance to other HCV antiviral drugs
- CHC in combination with ribavirin in pediatric patients 5 years of age and older with compensated liver disease
- Adult patients with HBeAg positive and HBeAg negative chronic hepatitis B (CHB) infection who have compensated liver disease and evidence of viral replication and liver inflammation
- HBeAg-positive CHB in non-cirrhotic pediatric patients 3 years of age and older with evidence of viral replication and elevations in serum alanine aminotransferase (ALT)

PegIntron is indicated for treatment of CHC in patients with compensated liver disease.

Limitation(s) of use:

- Pegasys alone or in combination with ribavirin without additional HCV antiviral drugs is not recommended for treatment of patients with CHC who previously failed therapy with an interferon-alfa
- Pegasys is not recommended for treatment of patients with CHC who have had solid organ transplantation

Policy/Criteria

Provider must submit documentation (such as office chart notes, lab results or other clinical information) supporting that member has met all approval criteria.

It is the policy of health plans affiliated with Centene Corporation[®] that Pegasys and PegIntron are **medically necessary** when the following criteria are met:

I. Initial Approval Criteria

- A. NCCN-Recommended Off-Label Indications (off-label) (must meet all):
 - 1. Diagnosis of one of the following (a-k):



- a. Myelofibrosis, low risk and symptomatic;
- b. Polycythemia vera;
- c. Essential thrombocythemia;
- d. Systemic mastocytosis;
- e. Hairy cell leukemia;
- f. Erdheim-Chester disease;
- g. Osteopenia or osteoporosis with refractory bone pain and/or decreasing bone mineral density on bisphosphonate therapy;
- h. Primary cutaneous CD30+ T-cell lymphoproliferative disorder as substitution for other interferon preparations;
- i. Adult T-cell leukemia or lymphoma as substitution for other interferon preparations;
- j. Mycosis fungoides or Sézary syndrome as substitution for other interferon preparations;
- k. Chronic myeloid leukemia, during pregnancy;
- 2. Prescribed by or in consultation with an oncologist;
- 3. For hairy cell leukemia, used as a single agent following initial treatment with cladribine or pentostatin;
- 4. For Erdheim-Chester disease, used as a single agent for disease that is either symptomatic or relapsed/refractory;
- 5. Member meets one of the following (a or b):
 - a. For PegIntron: Age \geq 3 years;
 - b. For Pegasys: Age \geq 5 years;
- 6. Request meets one of the following (a or b):*
 - a. Dose does not exceed (i or ii):
 - i. For PegIntron: 1.5 mcg/kg per week;
 - ii. For Pegasys: 3 mcg/kg per week;
 - b. Dose is supported by practice guidelines or peer-reviewed literature for the relevant off-label use (*prescriber must submit supporting evidence*).

*Prescribed regimen must be FDA-approved or recommended by NCCN.

Approval duration: 6 months

B. Chronic Hepatitis C Infection

1. Interferon-based treatment regimens are no longer recommended as of the 2019 American Association for the Study of Liver Diseases/ Infectious Disease Society of America (AASLD-IDSA) HCV guidance due to the advent of safe and effective direct acting antivirals.

Approval duration: Not applicable

C. Chronic Hepatitis B Infection (must meet all):

- 1. Diagnosis of chronic hepatitis B virus infection;
- 2. Prescribed by or in consultation with gastroenterologist, hepatologist, or infectious disease specialist;
- 3. Request is for Pegasys;



- 4. Meets ONE of the following (a, b, or c):
 - a. Two elevated ALT lab values within the past 12 months (≥ 70 IU/L for men, ≥ 50 IU/L for women) and HBV DNA levels ≥ 20,000 IU/mL in HBeAg positive members or > 2,000 IU/mL in HBeAg negative members;
 - b. Diagnosis of cirrhosis, HBV DNA level > 2,000 IU/mL, and age ≥ 18 years;
 - c. Liver biopsy shows moderate/severe necroinflammation (Grade 9-18) or significant fibrosis (Stage 3-4);
- 5. Age \geq 3 years;
- 6. If age \leq 17 years, member does not have cirrhosis;
- 7. Dose does not exceed 180 mcg per week.

Approval duration: 48 weeks

D. Other diagnoses/indications

1. Refer to the off-label use policy for the relevant line of business if diagnosis is NOT specifically listed under section III (Diagnoses/Indications for which coverage is NOT authorized): CP.CPA.09 for commercial, HIM.PA.154 for health insurance marketplace, and CP.PMN.53 for Medicaid.

II. Continued Therapy

A. All Indications in Section I except CHC (must meet all):

- 1. Currently receiving medication via Centene benefit, or documentation supports that member is currently receiving Pegasys or PegIntron for a covered indication and has received this medication for at least 30 days;
- 2. Member is responding positively to therapy;
- 3. If request is for a dose increase, request meets one of the following (a or b)*:
 - a. New dose does not exceed (i or ii):
 - i. PegIntron: 1.5 mcg/kg per week;
 - ii. Pegasys: 180 mcg per week;
 - b. New dose is supported by practice guidelines or peer-reviewed literature for the relevant off-label use (*prescriber must submit supporting evidence*).

*Prescribed regimen must be FDA-approved or recommended by NCCN.

Approval duration: 12 months (up to 5 years total for melanoma; up to a total of 48 weeks for HBV)

B. Chronic Hepatitis C Infection

1. Interferon-based treatment regimens are no longer recommended as of the 2019 AASLD-IDSA HCV guidance due to the advent of safe and effective direct acting antivirals.

Approval duration: Not applicable

C. Other diagnoses/indications (1 or 2):

1. Currently receiving medication via Centene benefit and documentation supports positive response to therapy.

Approval duration: Duration of request or 6 months (whichever is less); or

2. Refer to the off-label use policy for the relevant line of business if diagnosis is NOT specifically listed under section III (Diagnoses/Indications for which coverage is



NOT authorized): CP.CPA.09 for commercial, HIM.PA.154 for health insurance marketplace, and CP.PMN.53 for Medicaid.

III. Diagnoses/Indications for which coverage is NOT authorized:

- **A.** Non-FDA approved indications, which are not addressed in this policy, unless there is sufficient documentation of efficacy and safety according to the off label use policies CP.CPA.09 for commercial, HIM.PA.154 for health insurance marketplace, and CP.PMN.53 for Medicaid or evidence of coverage documents;
- **B.** Treatment of CHC;
- C. Pegasys: Uncontrolled autoimmune hepatitis;
- **D.** Pegasys: Following heart, lung or kidney transplants;
- **E.** Pegasys: Members with previous history of drug or alcohol abuse who have not abstained for at least 3 months before starting therapy;
- **F.** Pegasys: To solely reduce the risk of developing hepatocellular carcinoma (HCC) in members with cirrhosis.

IV. Appendices/General Information

Appendix A: Abbreviation/Acronym Key AASLD/IDSA: American Association for the Study of Liver Diseases/ Infectious Disease Society of America

CHB: chronic hepatitis B

CHC: chronic hepatitis C

FDA: Food and Drug Administration

HBeAg: hepatitis B e-antigen

HCV: hepatitis C virus

Appendix B: Therapeutic Alternatives Not applicable

Appendix C: Contraindications/Boxed Warnings

- Contraindication(s):
 - Pegasys and Pegintron: autoimmune hepatitis; hepatic decompensation (Child-Pugh score > 6 [class B and C]); hypersensitivity.
 - o Pegasys: neonates/infants.
- Boxed warning(s): risk of serious disorders (may cause or aggravate fatal or life-threatening neuropsychiatric, autoimmune, ischemic, and infectious disorders).

Appendix D: General Information

- Per NCCN Drugs and Biologics Compendium, pegylated interferons have a category 2A rating for treatment of Erdheim-Chester disease, hairy cell leukemia, myelofibrosis, polycythemia vera, essential thrombocythemia, and systemic mastocytosis.
- Patients who develop anemia may be treated with epoetin to ensure that 80% of the original ribavirin dose is maintained throughout the course of therapy.
- According to the American Association for the Study of Liver Diseases (AASLD) the upper limit of normal for serum ALT concentrations for men and women are 35 IU/L and 25 IU/L, respectively.



- Grading and staging a liver biopsy for chronic hepatitis patients are as follows:
 - The grade is given a number based on the amount of inflammation (Knodell Scoring System).
 - 0 = no inflammation
 - 1-4 = minimal inflammation
 - 5-8 = mild inflammation
 - 9-12 = moderate inflammation
 - 13-18 =marked inflammation
 - The stage is scored based on the amount of fibrosis or scarring (Metavir Scoring System).
 - 0 = no scarring
 - 1 = minimal scarring
 - 2 = scarring has occurred and is outside the areas of the liver which include blood vessels
 - 3 = bridging fibrosis
 - 4 = cirrhosis or advanced scarring of the liver
- As of 2018, the AASLD/IDSA Hepatitis C treatment guidelines do not recommend treatment of CHC with PEG-interferon as this treatment has been superseded by treatments incorporating direct-acting antiviral agents and should not be used.
- 2018 AASLD technical remarks on peginterferon: contraindicated in persons with autoimmune disease, uncontrolled psychiatric disease, cytopenia, severe cardiac disease, uncontrolled seizures, and decompensated cirrhosis.
- According to the ASSLD 2018 guidelines: Chronic Hepatitis B (CHB): Subdivided into HBeAg positive and negative. HBV-DNA levels are typically > 20,000 IU/mL in HBeAg-positive CHB, and lower values (2,000-20,000 IU/mL) are often seen in HBeAgnegative CHB. CHB therapy is recommended for persons with immune-active CHB and cirrhosis if HBV DNA is > 2,000 IU/mL, regardless of ALT level.

V. Dosage and Administration

Drug Name	Indication	Dosing Regimen	Maximum Dose
Peginterferon	Myelofibrosis,	See NCCN dosing	N/A
alfa-2b	polycythemia vera,	regimen	
(PegIntron)	Essential		
	thrombocytopenia		
Peginterferon	CHB infection	Adults: 180 mcg SQ	180 mcg per week
alfa-2a		per week as	
(Pegasys)		monotherapy	
		Pediatrics: 180	
		$mcg/1.73 m^2 x BSA$	
		per week as	
		monotherapy	
	Myelofibrosis	Dose varies: 2-3	Treatment continues
		mcg/kg SQ/week	until no longer
			clinically beneficial
			or until unacceptable
			toxicity occurs



Drug Name	Indication	Dosing Regimen	Maximum Dose
	Polycythemia vera,	See NCCN dosing	N/A
	essential	regimen	
	thrombocytopenia		

VI. Product Availability

Drug	Availability
Peginterferon alfa-2a	• Vials: 180 mcg/mL
(Pegasys)	• Prefilled syringes: 180 mcg/0.5 mL (4 syringes/pack)
Peginterferon alfa-2b	• Vials (with diluent), Redipen: 50 mcg/0.5 mL, 80 mcg/0.5 mL,
(PegIntron)	120 mcg/0.5 mL, 150 mcg/0.5 mL

VII. References

- PegIntron Prescribing Information. Whitehouse Station, NJ: Merck Sharp and Dohme Corp.; January 2019. Available at https://www.accessdata.fda.gov/drugsatfda_docs/label/2019/103949s5313lbl.pdf. Accessed May 5, 2022.
- 2. Pegasys Prescribing Information. South San Francisco, CA: Genentech USA, Inc, March 2021. Available at: https://www.gene.com/download/pdf/pegasys_prescribing.pdf. Accessed May 5, 2022.
- 3. Peginterferon alfa-2a/b. In: National Comprehensive Cancer Network Drugs and Biologics Compendium. Available at: http://www.nccn.org/professionals/drug_compendium. Accessed May 5, 2022.
- 4. American Association for the Study of Liver Diseases/ Infectious Disease Society of America (AASLD-IDSA). HCV guidance: recommendations for testing, managing, and treating hepatitis C. Last updated September 29, 2021. Available at: https://www.hcvguidelines.org/. Accessed May 5, 2022.
- 5. Silver RT, Kiladjian JJ, Hasselbalch HC. Interferon and the treatment of polycythemia vera, essential thrombocythemia and myelofibrosis. Expert Review of Hematology 2013; 6(1):49-58, DOI: 10.1586/ehm.12.69.
- 6. Keeffe EB, Dieterich DT, Han SB, et al. A Treatment Algorithm for the Management of Chronic Hepatitis B Virus Infection in the United States: An Update. *Clin Gastroenterol and Hepatol*. 2006;4:936-962.
- 7. Terrault NA, Lok ASF, McMahon BJ, et al. Update on Prevention, Diagnosis, and Treatment of Chronic Hepatitis B: AASLD 2018 Hepatitis B Guidance. Hepatology. 2018; 67 (4):1560-99.

Coding Implications

Codes referenced in this clinical policy are for informational purposes only. Inclusion or exclusion of any codes does not guarantee coverage. Providers should reference the most up-to-date sources of professional coding guidance prior to the submission of claims for reimbursement of covered services.

HCPCS Codes	Description
J3590	Unclassified biologics



Reviews, Revisions, and Approvals	Date	P&T Approval
		Date
3Q 2018 annual review: combined policy for Commercial and Medicaid lines of business; newly added HIM line of business; summarized NCCN and FDA-approved uses for improved clarity; added age requirement; allowed COC; Medicaid: added specialist involvement in care; removed coverage for CHC; Commercial: removed off-label use for CML, added off-label use for myeloproliferative neoplasms; references reviewed and updated.	05.22.18	08.18
No clinically significant changes; added Pegasys to policy; retired CP.CPA.205 during Q4 2018 P & T	02.01.19	11.18
3Q 2019 annual review: added NCCN Compendium supported use in systemic mastocytosis; modified ALT requirements for CHB from 60/38 IU/L to 70/50 IU/L for men/women to align with AASLD recommendations for the upper limit of normal value used to guide treatment management decisions; references reviewed and updated.	05.14.19	08.19
3Q 2020 annual review: added systemic mastocytosis with associated hematologic malignancy, aggressive systemic mastocytosis, osteopenia or osteoporosis with refractory bone pain and/or decreasing bone mineral density on bisphosphonate therapy as per NCCN compendium; added specialist involvement for chronic hepatitis B infection; specified myelofibrosis as low risk and symptomatic as per NCCN compendium; updated chronic hepatitis B criteria to include >2,000 IU/mL in HBeAg negative patients and HBV DNA level >2,000 IU/mL; updated Appendix D; references reviewed and updated.	07.27.20	08.20
Added inadequate response or loss of response to hydroxyurea or interferon therapy if peginterferon alfa-2b or peginterferon alfa-2a naïve for polycythemia vera; added inadequate response or loss of response to hydroxyurea, anagrelide, or interferon therapy, if peginterferon alfa-2b or peginterferon alfa-2a naïve for essential thrombocytopenia; added NCCN-recommended (with Category 2A or above) off-label uses: primary cutaneous CD30+ T-cell lymphoproliferative disorder, adult T-cell leukemia or lymphoma; Mycosis fungoides or Sezary syndrome; added HCPCS codes; NCCN references reviewed and updated.	10.20.20	11.20
3Q 2021 annual review: Pegasys autoinjector discontinued and removed from section V; approval duration for melanoma and NCCN-supported off-label uses standardized to 6 months initial duration and 12 months continued duration; added off-label indications of hairy cell leukemia and Erdheim-Chester disease and corrected essential thrombocytopenia to essential thrombocythemia per NCCN; references for HIM line of business off-label use	05.16.21	08.21



Reviews, Revisions, and Approvals	Date	P&T
		Approval Date
revised from HIM.PHAR.21 to HIM.PA.154; references reviewed and updated.		Dute
3Q 2022 annual review: removed Sylatron brand and corresponding melanoma criteria from policy as it has been discontinued with a Medispan obsolete date of 09/28/2021; per NCCN the following changes were made: added chronic myeloid leukemia off-label indication and updated Erdheim-Chester disease, essential thrombocythemia, polycythemia vera, and systemic mastocytosis off-label indications; clarified Pegasys maximum dosing for CHB is 180 mcg/week; references reviewed and updated.	07.20.22	08.22

Important Reminder

This clinical policy has been developed by appropriately experienced and licensed health care professionals based on a review and consideration of currently available generally accepted standards of medical practice; peer-reviewed medical literature; government agency/program approval status; evidence-based guidelines and positions of leading national health professional organizations; views of physicians practicing in relevant clinical areas affected by this clinical policy; and other available clinical information. The Health Plan makes no representations and accepts no liability with respect to the content of any external information used or relied upon in developing this clinical policy. This clinical policy is consistent with standards of medical practice current at the time that this clinical policy was approved. "Health Plan" means a health plan that has adopted this clinical policy and that is operated or administered, in whole or in part, by Centene Management Company, LLC, or any of such health plan's affiliates, as applicable.

The purpose of this clinical policy is to provide a guide to medical necessity, which is a component of the guidelines used to assist in making coverage decisions and administering benefits. It does not constitute a contract or guarantee regarding payment or results. Coverage decisions and the administration of benefits are subject to all terms, conditions, exclusions and limitations of the coverage documents (e.g., evidence of coverage, certificate of coverage, policy, contract of insurance, etc.), as well as to state and federal requirements and applicable Health Plan-level administrative policies and procedures.

This clinical policy is effective as of the date determined by the Health Plan. The date of posting may not be the effective date of this clinical policy. This clinical policy may be subject to applicable legal and regulatory requirements relating to provider notification. If there is a discrepancy between the effective date of this clinical policy and any applicable legal or regulatory requirement, the requirements of law and regulation shall govern. The Health Plan retains the right to change, amend or withdraw this clinical policy, and additional clinical policies may be developed and adopted as needed, at any time.

This clinical policy does not constitute medical advice, medical treatment or medical care. It is not intended to dictate to providers how to practice medicine. Providers are expected to exercise professional medical judgment in providing the most appropriate care, and are solely responsible



for the medical advice and treatment of members. This clinical policy is not intended to recommend treatment for members. Members should consult with their treating physician in connection with diagnosis and treatment decisions.

Providers referred to in this clinical policy are independent contractors who exercise independent judgment and over whom the Health Plan has no control or right of control. Providers are not agents or employees of the Health Plan.

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Note: For Medicaid members, when state Medicaid coverage provisions conflict with the coverage provisions in this clinical policy, state Medicaid coverage provisions take precedence. Please refer to the state Medicaid manual for any coverage provisions pertaining to this clinical policy.

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