

## **Clinical Policy: Halobetasol Propionate (Bryhali, Lexette, Ultravate)**

Reference Number: CP.PMN.180

Effective Date: 12.01.18 Last Review Date: 11.21

Line of Business: Commercial, HIM, Medicaid Revision Log

See <u>Important Reminder</u> at the end of this policy for important regulatory and legal information.

### **Description**

Halobetasol propionate (Bryhali<sup>TM</sup>, Lexette<sup>TM</sup>, Ultravate<sup>®</sup>) is a topical corticosteroid.

## FDA Approved Indication(s)

Bryhali is indicated for the topical treatment of plaque psoriasis (PsO) in adults.

Lexette and Ultravate are indicated for the topical treatment of PsO in patients 12 years of age and older.

### Policy/Criteria

Provider must submit documentation (such as office chart notes, lab results or other clinical information) supporting that member has met all approval criteria.

It is the policy of health plans affiliated with Centene Corporation<sup>®</sup> that Bryhali, Lexette, and Ultravate are **medically necessary** when the following criteria are met:

### I. Initial Approval Criteria

## A. Plaque Psoriasis (must meet all):

- 1. Diagnosis of PsO;
- 2. Member meets one of the following (a or b):
  - a. For Bryhali: age  $\geq$  18 years;
  - b. For Lexette and Ultravate: age  $\geq 12$  years;
- 3. Failure of generic halobetasol propionate and generic clobetasol propionate, unless clinically significant adverse effects are experienced or both are contraindicated;
- 4. Dose does not exceed one of the following (a, b, or c):
  - a. Bryhali: one tube (100 g) per 2 weeks;
  - b. Lexette: one canister (50 g) per week;
  - c. Ultravate: one bottle (60 mL) per week.

### **Approval duration: 6 months**

#### B. Other diagnoses/indications

1. Refer to the off-label use policy for the relevant line of business if diagnosis is NOT specifically listed under section III (Diagnoses/Indications for which coverage is NOT authorized): CP.CPA.09 for commercial, HIM.PA.154 for health insurance marketplace, and CP.PMN.53 for Medicaid.



## **II. Continued Therapy**

## A. Plaque Psoriasis (must meet all):

- 1. Currently receiving medication via a health plan affiliated with Centene Corporation or member has previously met initial approval criteria;
- 2. Member is responding positively to therapy;
- 3. Medical justification supports treatment beyond recommended duration in the prescribing information;
- 4. If request is for a dose increase, new dose does not exceed one of the following (a, b or c):
  - a. Bryhali: one tube (100 g) per 2 weeks;
  - b. Lexette: one canister (50 g) per week;
  - c. Ultravate: one bottle (60 mL) per week.

### **Approval duration: 12 months**

## **B.** Other diagnoses/indications (must meet 1 or 2):

1. Currently receiving medication via Centene benefit and documentation supports positive response to therapy.

## Approval duration: Duration of request or 12 months (whichever is less); or

Refer to the off-label use policy for the relevant line of business if diagnosis is NOT specifically listed under section III (Diagnoses/Indications for which coverage is NOT authorized): CP.CPA.09 for commercial, HIM.PA.154 for health insurance marketplace, and CP.PMN.53 for Medicaid.

### III. Diagnoses/Indications for which coverage is NOT authorized:

**A.** Non-FDA approved indications, which are not addressed in this policy, unless there is sufficient documentation of efficacy and safety according to the off label use policies – CP.CPA.09 for commercial and CP.CPA.09 for commercial, HIM.PA.154 for health insurance marketplace, and CP.PMN.53 for Medicaid.

### IV. Appendices/General Information

Appendix A: Abbreviation/Acronym Key FDA: Food and Drug Administration

PsO: plaque psoriasis

#### Appendix B: Therapeutic Alternatives

This table provides a listing of preferred alternative therapy recommended in the approval criteria. The drugs listed here may not be a formulary agent for all relevant lines of business and may require prior authorization.

Drug Name	Dosing Regimen	Dose Limit/ Maximum Dose
halobetasol propionate 0.05% cream/ointment (Ultravate)	Apply a thin layer to the affectedskin QD to BID. Treatment should be limited to two weeks.	50 g/week
clobetasol propionate 0.05%	Apply a thin layer to the affected skin BID.	50 g/week



Drug Name	Dosing Regimen	Dose Limit/ Maximum Dose
cream/foam/gel/l	Treatment for mild to moderate	
otion/ointment/shampoo/spray	plaque psoriasis should be limited to	
(Clobex <sup>®</sup> , Olux-E <sup>®</sup> , Olux <sup>®</sup> )	2 weeks; moderate to severe	
	treatment up to 4 weeks.	

Therapeutic alternatives are listed as Brand name® (generic) when the drug is available by brand name only and generic (Brand name®) when the drug is available by both brand and generic.

Appendix C: Contraindications/Boxed Warnings
None reported

V. Dosage and Administration

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Drug Name	Dosing Regimen	<b>Maximum Dose</b>		
Halobetasol propionate lotion	Topically apply a thin layer to	50 g/week		
0.01% (Bryhali)	the affected skin QD for up to			
	eight weeks			
Halobetasol propionate lotion	Topically apply a thin layer to	50 g/week		
0.05% (Ultravate), Halobetasol	the affected skin BID for up to			
propionate foam 0.05% (Lexette)	two weeks			

VI. Product Availability

Drug Name	Availability
Halobetasol propionate	Lotion (60 g, 100 g): 0.01%
lotion 0.01% (Bryhali)	
Halobetasol propionate foam	Foam (50 g, 100 g): 0.05%
0.05% (Lexette)	
Halobetasol propionate	Lotion (60 mL): 0.05%
lotion 0.05% (Ultravate)	

#### VII. References

- Bryhali Lotion Prescribing Information. Bridgewater, NJ: Dow Pharmaceutical Sciences; November 2018. Available at: <a href="https://www.accessdata.fda.gov/drugsatfda\_docs/label/2018/209355s000lbl.pdf">https://www.accessdata.fda.gov/drugsatfda\_docs/label/2018/209355s000lbl.pdf</a>. Accessed August 11, 2021.
- 2. Lexette Foam Prescribing Information. Greenville, NC: Mayne Pharma; May 2021. Available at: <a href="https://www.accessdata.fda.gov/drugsatfda\_docs/label/2021/210566s003lbl.pdf">https://www.accessdata.fda.gov/drugsatfda\_docs/label/2021/210566s003lbl.pdf</a>. Accessed October 13, 2021.
- 3. Ultravate Lotion Prescribing Information. Cranbury, NJ: Sun Pharmaceutical Industries, Inc; November 2017. Available at: <a href="https://www.accessdata.fda.gov/drugsatfda\_docs/label/2020/208183s002lbl.pdf">https://www.accessdata.fda.gov/drugsatfda\_docs/label/2020/208183s002lbl.pdf</a>. Accessed August 11, 2021.
- 4. Elmets CA, Korman NJ, Prater EF, et al. Joint AAD-NPF Guidelines of care for the management and treatment of psoriasis with topical therapy and alternative medicine modalities for psoriasis severity measures. J Am Acad Dermatol 2021;84:432-70.



5. Clinical Pharmacology [database online]. Tampa, FL: Gold Standard, Inc.; 2021. Available at: http://www.clinicalpharmacology-ip.com/. Accessed August 11, 2021.

Reviews, Revisions, and Approvals	Date	P&T Approval
		Date
Policy created: adapted from previously approved policy	08.14.18	11.18
CP.CPA.293 (retired); age requirement added; modified approval		
duration to 6 and 12 months; no significant changes; references		
reviewed and updated.		
4Q 2019 annual review: no significant changes; references	08.13.19	11.19
reviewed and updated.		
Added Bryhali (with dosing limited to 100 g per month) and	10.07.19	
Lexette (with dosing limited to 50 g per week) per SDC and prior		
clinical guidance.		
4Q 2020 annual review: no significant changes; references	08.06.20	11.20
reviewed and updated.		
4Q 2021 annual review: added age limits, revised quantity limit of	08.11.21	11.21
Bryhali from 100 g per month to per 2 weeks per PI; added HIM		
line of business; RT4: revised age limit for Lexette from 18 years		
to 12 years and older per updated PI; references reviewed and		
updated.		

#### **Important Reminder**

This clinical policy has been developed by appropriately experienced and licensed health care professionals based on a review and consideration of currently available generally accepted standards of medical practice; peer-reviewed medical literature; government agency/program approval status; evidence-based guidelines and positions of leading national health professional organizations; views of physicians practicing in relevant clinical areas affected by this clinical policy; and other available clinical information. The Health Plan makes no representations and accepts no liability with respect to the content of any external information used or relied upon in developing this clinical policy. This clinical policy is consistent with standards of medical practice current at the time that this clinical policy was approved. "Health Plan" means a health plan that has adopted this clinical policy and that is operated or administered, in whole or in part, by Centene Management Company, LLC, or any of such health plan's affiliates, as applicable.

The purpose of this clinical policy is to provide a guide to medical necessity, which is a component of the guidelines used to assist in making coverage decisions and administering benefits. It does not constitute a contract or guarantee regarding payment or results. Coverage decisions and the administration of benefits are subject to all terms, conditions, exclusions and limitations of the coverage documents (e.g., evidence of coverage, certificate of coverage, policy, contract of insurance, etc.), as well as to state and federal requirements and applicable Health Plan-level administrative policies and procedures.

This clinical policy is effective as of the date determined by the Health Plan. The date of posting may not be the effective date of this clinical policy. This clinical policy may be subject to



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This clinical policy does not constitute medical advice, medical treatment or medical care. It is not intended to dictate to providers how to practice medicine. Providers are expected to exercise professional medical judgment in providing the most appropriate care, and are solely responsible for the medical advice and treatment of members. This clinical policy is not intended to recommend treatment for members. Members should consult with their treating physician in connection with diagnosis and treatment decisions.

Providers referred to in this clinical policy are independent contractors who exercise independent judgment and over whom the Health Plan has no control or right of control. Providers are not agents or employees of the Health Plan.

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#### Note:

**For Medicaid members**, when state Medicaid coverage provisions conflict with the coverage provisions in this clinical policy, state Medicaid coverage provisions take precedence. Please refer to the state Medicaid manual for any coverage provisions pertaining to this clinical policy.

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