

Clinical Policy: Non-Formulary Test Strips

Reference Number: HIM.PA.34

Effective Date: 02.01.16

Last Review Date: 02.21

Line of Business: HIM

[Revision Log](#)

See [Important Reminder](#) at the end of this policy for important regulatory and legal information.

Description

Blood glucose test strips are used with blood glucose meters to monitor blood glucose levels. Prior authorization is required for non-formulary blood glucose test strips.

FDA Approved Indication(s)

Blood glucose test strips are indicated for use in patients with diabetes mellitus to monitor blood glucose levels.

Policy/Criteria

Provider must submit documentation (such as office chart notes, lab results or other clinical information) supporting that member has met all approval criteria.

I. Initial Approval Criteria

A. Request for Non-Formulary Test Strips (must meet all):

1. Provider submits a letter of medical necessity detailing why current formulary products cannot be used (e.g., dexterity impairment, use of an insulin pump requiring specific test strips).

Approval duration: 12 months

B. Other diagnoses/indications: Not applicable

II. Continued Therapy

A. Request for Non-Formulary Test Strips (must meet all):

1. Currently receiving prescribed product via Centene benefit or member has previously met initial approval criteria.

Approval duration: 12 months

B. Other diagnoses/indications: Not applicable

III. Diagnoses/Indications for which coverage is NOT authorized: Not applicable

IV. Appendices/General Information

Appendix A: Abbreviation/Acronym Key

FDA: Food and Drug Administration

Appendix B: Therapeutic Alternatives

Not applicable

Appendix C: Contraindications/Boxed Warnings
None reported

V. Dosage and Administration

Usage regimen is individualized based on patient-specific goals.

VI. Product Availability

Test strip packaging varies by product and manufacturer.

VII. References

1. Not applicable.

Reviews, Revisions, and Approvals	Date	P&T Approval Date
No clinical changes to criteria; Converted to new template; Removed “Evidence of continued use of a pump requiring specific test strips” from continuation criteria to allow for other valid medical reasons.	12.16	02.17
1Q18 annual review: - No significant changes.	11.02.17	02.18
1Q 2019 annual review: no significant changes; modified “diabetic test strips” to “blood glucose test strips”; references reviewed and updated.	10.12.18	02.19
1Q 2020 annual review: no significant changes; references reviewed and updated.	09.25.19	02.20
1Q 2021 annual review: no significant changes; references reviewed and updated.	10.26.20	02.21

Important Reminder

This clinical policy has been developed by appropriately experienced and licensed health care professionals based on a review and consideration of currently available generally accepted standards of medical practice; peer-reviewed medical literature; government agency/program approval status; evidence-based guidelines and positions of leading national health professional organizations; views of physicians practicing in relevant clinical areas affected by this clinical policy; and other available clinical information. The Health Plan makes no representations and accepts no liability with respect to the content of any external information used or relied upon in developing this clinical policy. This clinical policy is consistent with standards of medical practice current at the time that this clinical policy was approved. “Health Plan” means a health plan that has adopted this clinical policy and that is operated or administered, in whole or in part, by Centene Management Company, LLC, or any of such health plan’s affiliates, as applicable.

The purpose of this clinical policy is to provide a guide to medical necessity, which is a component of the guidelines used to assist in making coverage decisions and administering

benefits. It does not constitute a contract or guarantee regarding payment or results. Coverage decisions and the administration of benefits are subject to all terms, conditions, exclusions and limitations of the coverage documents (e.g., evidence of coverage, certificate of coverage, policy, contract of insurance, etc.), as well as to state and federal requirements and applicable Health Plan-level administrative policies and procedures.

This clinical policy is effective as of the date determined by the Health Plan. The date of posting may not be the effective date of this clinical policy. This clinical policy may be subject to applicable legal and regulatory requirements relating to provider notification. If there is a discrepancy between the effective date of this clinical policy and any applicable legal or regulatory requirement, the requirements of law and regulation shall govern. The Health Plan retains the right to change, amend or withdraw this clinical policy, and additional clinical policies may be developed and adopted as needed, at any time.

This clinical policy does not constitute medical advice, medical treatment or medical care. It is not intended to dictate to providers how to practice medicine. Providers are expected to exercise professional medical judgment in providing the most appropriate care, and are solely responsible for the medical advice and treatment of members. This clinical policy is not intended to recommend treatment for members. Members should consult with their treating physician in connection with diagnosis and treatment decisions.

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