

Clinical Policy: Overactive Bladder Agents

Reference Number: CP.PMN.198

Effective Date: 05.01.16

Last Review Date: 05.20

Line of Business: HIM*, Medicaid

[Revision Log](#)

See [Important Reminder](#) at the end of this policy for important regulatory and legal information.

Description

The following are overactive bladder agents requiring prior authorization: mirabegron (Myrbetriq[®]), fesoterodine (Toviaz[®]), solifenacin (Vesicare[®]), and darifenacin (Enablex[®]).

**For Health Insurance Marketplace (HIM), if request is through pharmacy benefit, Enablex is non-formulary and should not be approved using these criteria; refer to the formulary exception policy, HIM.PA.103.*

FDA Approved Indication(s)

Myrbetriq, Toviaz, Vesicare, and Enablex are indicated for the treatment of overactive bladder with symptoms of urge urinary incontinence, urgency, and frequency.

Policy/Criteria

Provider must submit documentation (such as office chart notes, lab results or other clinical information) supporting that member has met all approval criteria.

It is the policy of health plans affiliated with Centene Corporation[®] that overactive bladder agents are **medically necessary** when the following criteria are met:

I. Initial Approval Criteria

A. Overactive Bladder (must meet all):

1. Diagnosis of overactive bladder;
2. Age \geq 18 years;
3. Failure of 2 formulary generic overactive bladder agents (e.g., tolterodine, oxybutynin, trospium) for 30 days, unless clinically significant adverse effects are experienced or all are contraindicated;
4. Dose does not exceed the FDA-approved maximum recommended dose for the relevant drug.

Approval duration:

Medicaid – 12 months

HIM – 12 months for Myrbetriq, Toviaz, and Vesicare (*refer to HIM.PA.103 for Enablex*)

B. Other diagnoses/indications

1. Refer to the off-label use policy for the relevant line of business if diagnosis is NOT specifically listed under section III (Diagnoses/Indications for which coverage is NOT authorized): CP.PMN.53 for Medicaid and HIM.PHAR.21 for health insurance marketplace.

II. Continued Therapy

A. Overactive Bladder (must meet all):

1. Currently receiving medication via Centene benefit or member has previously met initial approval criteria;
2. Member is responding positively to therapy;
3. If request is for a dose increase, new dose does not exceed the FDA-approved maximum recommended dose for the relevant drug.

Approval duration:

Medicaid – 12 months

HIM – 12 months for Myrbetriq, Toviaz, and Vesicare (*refer to HIM.PA.103 for Enablex*)

B. Other diagnoses/indications (must meet 1 or 2):

1. Currently receiving medication via Centene benefit and documentation supports positive response to therapy.

Approval duration: Duration of request or 12 months (whichever is less); or

2. Refer to the off-label use policy for the relevant line of business if diagnosis is NOT specifically listed under section III (Diagnoses/Indications for which coverage is NOT authorized): CP.PMN.53 for Medicaid and HIM.PHAR.21 for health insurance marketplace.

III. Diagnoses/Indications for which coverage is NOT authorized:

- ### A. Non-FDA approved indications, which are not addressed in this policy, unless there is sufficient documentation of efficacy and safety according to the off-label use policy – CP.PMN.53 for Medicaid and HIM.PHAR.21 or evidence of coverage documents.

IV. Appendices/General Information

Appendix A: Abbreviation/Acronym Key

FDA: Food and Drug Administration

Appendix B: Therapeutic Alternatives

This table provides a listing of preferred alternative therapy recommended in the approval criteria. The drugs listed here may not be a formulary agent and may require prior authorization.

Drug Name	Dosing Regimen	Dose Limit/ Maximum Dose
oxybutynin (Ditropan XL [®])	5 to 10 mg PO QD	30 mg/day
oxybutynin (Ditropan [®])	5 mg PO BID or TID	20 mg/day
tolterodine IR (Detrol [®])	2 mg PO BID	4 mg/day
tropium (Sanctura [®])	20 mg PO BID	60 mg/day
tropium ER (Sanctura [®] XR)	60 mg PO QD	60 mg/day

Therapeutic alternatives are listed as Brand name[®] (generic) when the drug is available by brand name only and generic (Brand name[®]) when the drug is available by both brand and generic.

Appendix C: Contraindications/Boxed Warnings

- Contraindication(s):
 - Hypersensitivity to any component in the requested product
 - Enablex, Toviaz, and Vesicare are also contraindicated in patients with, or at risk for, the following conditions:
 - Urinary retention
 - Gastric retention
 - Uncontrolled narrow-angle glaucoma
- Boxed warning(s): none reported

V. Dosage and Administration

Drug Name	Dosing Regimen	Maximum Dose
Fesoterodine (Toviaz)	4 mg PO QD	8 mg/day
Mirabegron (Myrbetriq)	25 mg PO QD, alone or in combination with solifenacin succinate 5 mg PO QD	50 mg/day
Solifenacin (Vesicare)	5 mg PO QD	10 mg/day
Darifenacin (Enablex)	7.5 mg PO QD	15 mg/day

VI. Product Availability

Drug Name	Availability
Fesoterodine (Toviaz)	Extended-release tablets: 4 mg, 8 mg
Mirabegron (Myrbetriq)	Extended-release tablets: 25 mg, 50 mg
Solifenacin (Vesicare)	Tablets: 5 mg, 10 mg
Darifenacin (Enablex)	Extended-release tablets: 7.5 mg, 15 mg

VII. References

1. Clinical Pharmacology [database online]. Tampa, FL: Gold Standard, Inc.; 2020. Available at: <http://www.clinicalpharmacology-ip.com/>. Accessed January 24, 2020.
2. Myrbetriq Prescribing Information. Northbrook, IL: Astellas Pharma US, Inc.; April 2018. Available at: <https://www.myrbetriq.com/>. Accessed January 24, 2020.
3. Vesicare Prescribing Information. Northbrook, IL: Astellas Pharma US, Inc.; April 2019. Available at: <https://www.vesicare.com/>. Accessed January 24, 2020.
4. Toviaz Prescribing Information. New York, NY: Pfizer Inc.; November 2017. Available at: <http://www.toviaz.com/>. Accessed January 24, 2020.
5. Gormley EA, Lightner DJ, Burgio KL, et al. Diagnosis and treatment of overactive bladder (non-neurogenic) in adults: AUA/SUFU guideline (2019). Available at: [https://www.auanet.org/guidelines/overactive-bladder-\(oab\)-guideline](https://www.auanet.org/guidelines/overactive-bladder-(oab)-guideline). Accessed January 24, 2020.
6. Enablex Prescribing Information. Irvine, CA: Allergan; September 2016. Available at: <http://www.enablex.com/>. Accessed January 24, 2020.

Reviews, Revisions, and Approvals	Date	P&T Approval Date
New Policy. 2Q 2019 annual review: Policy created and adapted from HIM.PA.40; No significant changes from previously approved corporate policy; references reviewed and updated.	02.25.19	05.19
2Q 2020 annual review: no significant changes; references reviewed and update.	01.24.20	05.20

Important Reminder

This clinical policy has been developed by appropriately experienced and licensed health care professionals based on a review and consideration of currently available generally accepted standards of medical practice; peer-reviewed medical literature; government agency/program approval status; evidence-based guidelines and positions of leading national health professional organizations; views of physicians practicing in relevant clinical areas affected by this clinical policy; and other available clinical information. The Health Plan makes no representations and accepts no liability with respect to the content of any external information used or relied upon in developing this clinical policy. This clinical policy is consistent with standards of medical practice current at the time that this clinical policy was approved. “Health Plan” means a health plan that has adopted this clinical policy and that is operated or administered, in whole or in part, by Centene Management Company, LLC, or any of such health plan’s affiliates, as applicable.

The purpose of this clinical policy is to provide a guide to medical necessity, which is a component of the guidelines used to assist in making coverage decisions and administering benefits. It does not constitute a contract or guarantee regarding payment or results. Coverage decisions and the administration of benefits are subject to all terms, conditions, exclusions and limitations of the coverage documents (e.g., evidence of coverage, certificate of coverage, policy, contract of insurance, etc.), as well as to state and federal requirements and applicable Health Plan-level administrative policies and procedures.

This clinical policy is effective as of the date determined by the Health Plan. The date of posting may not be the effective date of this clinical policy. This clinical policy may be subject to applicable legal and regulatory requirements relating to provider notification. If there is a discrepancy between the effective date of this clinical policy and any applicable legal or regulatory requirement, the requirements of law and regulation shall govern. The Health Plan retains the right to change, amend or withdraw this clinical policy, and additional clinical policies may be developed and adopted as needed, at any time.

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Note:

For Medicaid members, when state Medicaid coverage provisions conflict with the coverage provisions in this clinical policy, state Medicaid coverage provisions take precedence. Please refer to the state Medicaid manual for any coverage provisions pertaining to this clinical policy.

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