Clinical Policy: Non-Formulary Test Strips
Reference Number: HIM.PA.34
Effective Date: 02.01.16
Last Review Date: 02.20
Line of Business: HIM

See Important Reminder at the end of this policy for important regulatory and legal information.

Description
Blood glucose test strips are used with blood glucose meters to monitor blood glucose levels. Prior authorization is required for non-formulary blood glucose test strips.

FDA Approved Indication(s)
Blood glucose test strips are indicated for use in patients with diabetes mellitus to monitor blood glucose levels.

Policy/Criteria
Provider must submit documentation (such as office chart notes, lab results or other clinical information) supporting that member has met all approval criteria.

I. Initial Approval Criteria
   A. Request for Non-Formulary Test Strips (must meet all):
      1. Provider submits a letter of medical necessity detailing why current formulary products cannot be used (e.g., dexterity impairment, use of an insulin pump requiring specific test strips).
      Approval duration: 12 months
   B. Other diagnoses/indications: Not applicable

II. Continued Therapy
   A. Request for Non-Formulary Test Strips (must meet all):
      1. Currently receiving prescribed product via Centene benefit or member has previously met initial approval criteria.
      Approval duration: 12 months
   B. Other diagnoses/indications: Not applicable

III. Diagnoses/Indications for which coverage is NOT authorized: Not applicable

IV. Appendices/General Information
   Appendix A: Abbreviation/Acronym Key
   FDA: Food and Drug Administration

   Appendix B: Therapeutic Alternatives
   Not applicable
Appendix C: Contraindications/Boxed Warnings
None reported

V. Dosage and Administration
Usage regimen is individualized based on patient-specific goals.

VI. Product Availability
Test strip packaging varies by product and manufacturer.

VII. References
1. Not applicable

<table>
<thead>
<tr>
<th>Reviews, Revisions, and Approvals</th>
<th>Date</th>
<th>P&amp;T Approval Date</th>
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</thead>
<tbody>
<tr>
<td>No clinical changes to criteria; Converted to new template; Removed “Evidence of continued use of a pump requiring specific test strips” from continuation criteria to allow for other valid medical reasons.</td>
<td>12.16</td>
<td>02.17</td>
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<td>1Q18 annual review: - No significant changes.</td>
<td>11.02.17</td>
<td>02.18</td>
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<tr>
<td>1Q 2019 annual review: no significant changes; modified “diabetic test strips” to “blood glucose test strips”; references reviewed and updated.</td>
<td>10.12.18</td>
<td>02.19</td>
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<td>1Q 2020 annual review: no significant changes; references reviewed and updated.</td>
<td>09.25.19</td>
<td>02.20</td>
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Important Reminder
This clinical policy has been developed by appropriately experienced and licensed health care professionals based on a review and consideration of currently available generally accepted standards of medical practice; peer-reviewed medical literature; government agency/program approval status; evidence-based guidelines and positions of leading national health professional organizations; views of physicians practicing in relevant clinical areas affected by this clinical policy; and other available clinical information. The Health Plan makes no representations and accepts no liability with respect to the content of any external information used or relied upon in developing this clinical policy. This clinical policy is consistent with standards of medical practice current at the time that this clinical policy was approved. “Health Plan” means a health plan that has adopted this clinical policy and that is operated or administered, in whole or in part, by Centene Management Company, LLC, or any of such health plan’s affiliates, as applicable.

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